Television

ABC's The View, September 6, 2004 ESPN2's Cold Pizza, March 2, 2004 Fox Network News, Fox News Live, March 2, August 16, 2004

Publications

Contra Costa Times, January 07, 2004 Authors Toast...

Lexington Herald-Leader, January 2, 2004 Books Raise A Glass

All About Beer, January, 2004

What's Brewing?

The Skinny On Beer

Philadelphia Daily News, December 26, 2003 If You Care About Imbibing...

The Nation, December 16, 2003 Strange Reports

The Atlantic Journal-Constitution, December 11, 2003 <u>Have A Mug Or</u>

Maybe Two

Blue Boutique, December 3, 2003 Taste Great, Less Fattening

FuctNews, December 3, 2003 The Beer Drinker's Diet That Works

The News Messenger, October 2, 2003 Drink beer, lose weight ... where do I

<u>sign?</u>

Modern Brewery Age, September 29, 2003 The Drink Beer, Get Thin Diet

The Herald News, August 5, 2003 Plainfield author sheds light on

<u>carbohydrates in beer</u>

Rate Beer, June 5, 2003 Drink Beer and Lose Weight?

Real Beer <u>Want To Shed That Beer Belly?</u>

Radio Interviews

The Fox, 99.3, The Jeff Oneil Show, Vancouver, B.C., Canada

February 26, 2004, 7:35 A.M. PST

The Rock, 95.1, Rock Mornings With Chris & April, Chatham, Ontario,

<u>Canada,</u>

January 29, 2004, 8:15 A.M. EST

KURR 99.5 Clear Channel (Simulcast) Salt Lake City, UT-Colorado Springs,

CO-Reno, NV

January 21, 2004 7:30 A.M. MST

SD TALK RADIO, The Gourmet Club San Diego, CA

January 14, 2004 (LISTEN TO THE SHOW)

CHQR 770 AM Calgary, Alberta, Canada

December 5, 2003

WMXJ Magic 102.7, Miami, Florida,

December 8, 2003

WTTS 92.3, Indianapolis, Indiana,

December 8, 2003

WIBC 1070, Indianapolis, Indiana,

December 9, 2003

WFGE 103.7, Russellville, Kentucky,

December 16, 2003

95.1 The Rock, Ontario, Canada,

December, 17, 2003

KRED Radio 92.3 FM, Eureka, California,

December 17, 2003

KZOQ Radio Z100, Missoula, MT,

December 19, 2003