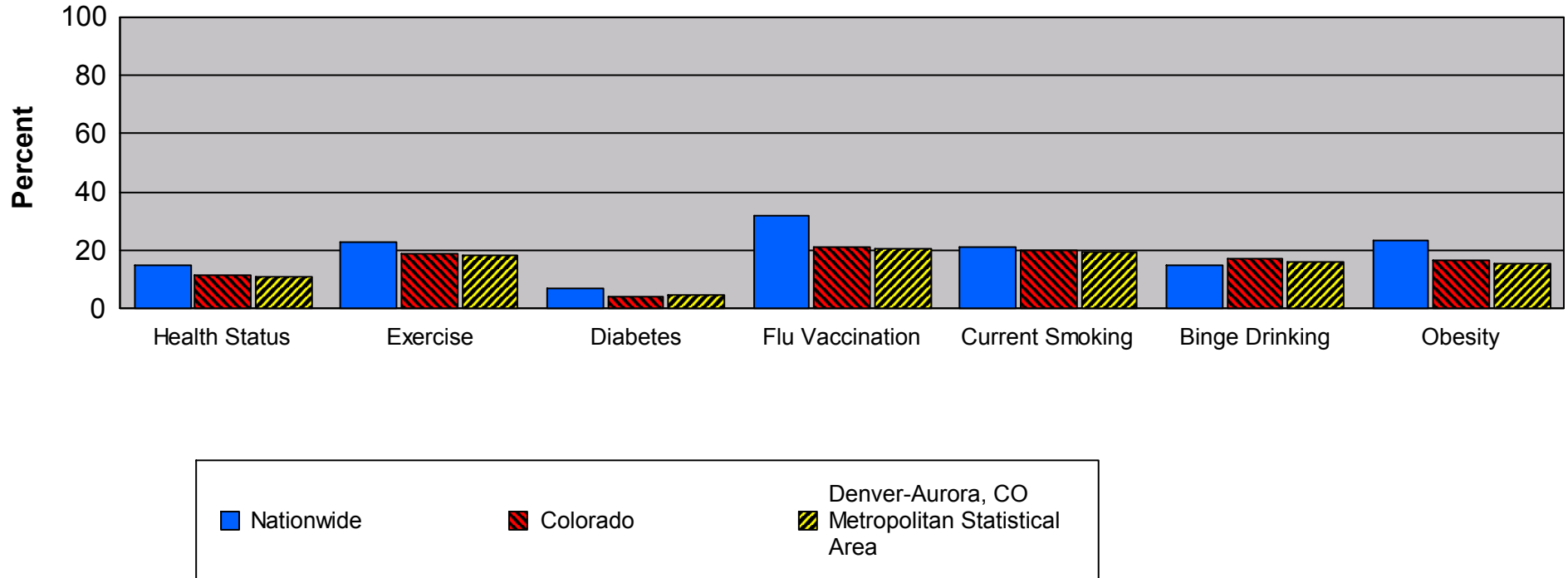


SMART BRFSS

(Selected Metropolitan/Micropolitan Area* Risk Trends from the Behavioral Risk Factor Surveillance System)

Denver-Aurora, CO Metropolitan Statistical Area

Percentage of Adults Reporting Selected Health Risks - Denver-Aurora, CO Metropolitan Statistical Area, BRFSS 2004.



Survey Definitions

Health Status - Percentage of adults reporting general health as fair or poor

Exercise - Percentage of adults reporting doing no leisure time exercise or physical activity in the past 30 days

Diabetes - Percentage of adults told by doctor they have diabetes

Flu Vaccination - Percentage of adults aged 65 or older reporting not having had a flu shot within the past 12 months

Current Smoking - Percentage of adults reporting having smoked at least 100 cigarettes in their lifetime and currently smoke

Binge Drinking - Percentage of adults reporting having five or more drinks on an occasion, one or more times in the past month

Obesity - Percentage of adults reporting Body Mass Index greater than or equal to 30.0

* Metropolitan statistical area - Group of counties that contain at least one urbanized area of 50,000 or more inhabitants. Micropolitan statistical area - Group of counties that contain at least one urban cluster of at least 10,000 but less than 50,000 inhabitants. Metropolitan Division - Smaller group of counties within a metropolitan statistical area which contains 2.5 million or more inhabitants. (Source: U.S. Office of Management and Budget)

SMART BRFSS

(Selected Metropolitan/Micropolitan Area Risk Trends from the Behavioral Risk Factor Surveillance System)

Denver-Aurora, CO Metropolitan Statistical Area

Percentage of Adults Reporting Selected Health Risks - Denver-Aurora, CO Metropolitan Statistical Area and Selected Counties, BRFSS 2004.

	Nationwide Median % *	Colorado % (±95% CI)†	Denver - Aurora, CO Metropolitan Statistical Area % (±95% CI)	Adams County, CO % (±95% CI)	Arapahoe County, CO % (±95% CI)	Denver County, CO % (±95% CI)	Jefferson County, CO % (±95% CI)
Health Status	15.1	11.6 (±1.1)	11.0 (±1.6)	15.8 (±4.8)	8.0 (±2.6)	14.2 (±3.2)	11.8 (±3.8)
Exercise	22.8	18.7 (±1.4)	18.5 (±2.0)	26.8 (±6.3)	15.6 (±3.6)	23.5 (±4.6)	13.2 (±3.8)
Diabetes	7.0	4.3 (±0.7)	4.6 (±1.0)	4.5 (±2.8)	5.0 (±2.0)	4.5 (±2.0)	4.6 (±2.6)
Flu Vaccination	32.1	21.1 (±3.1)	20.6 (±4.8)	NA	17.5 (±9.3)	23.7 (±8.1)	NA
Current Smoking	20.8	20.0 (±1.6)	19.1 (±2.2)	23.7 (±6.7)	19.5 (±4.6)	23.6 (±4.6)	17.5 (±4.9)
Binge Drinking	14.9	17.2 (±1.5)	16.1 (±2.2)	14.5 (±5.7)	16.0 (±4.8)	19.5 (±4.2)	15.7 (±4.8)
Obesity	23.1	16.7 (±1.3)	15.3 (±2.0)	21.6 (±6.3)	16.5 (±4.4)	13.5 (±3.2)	14.6 (±4.2)

* Median percentage of 50 states, District of Columbia, Puerto Rico, Guam, and the U.S. Virgin Islands

NA = Prevalence estimate not available if the unweighted sample size for the denominator was < 50 or the CI half width > 10.

† CI Confidence Interval.

For more information, please contact the Colorado BRFSS State coordinator Jason Gannon at 303-692-2192 or go to www.cdc.gov/brfss