

# EM-X® RICE BRAN BEVERAGE

Since EM-X® contains only substances that support the growth of beneficial microorganisms and beneficial by products produced by EM•1® during fermentation, it provides a perfect environment for beneficial intestinal microorganisms to flourish.\*

EM-X® contains: Water, extracts of rice (*Oryza sativa L. ssp. japonica*) whole grain, rice (*Oryza sativa L. ssp. japonica*) bran, papaya fruit, and kelp (*Laminaria sp.*).

16.9 ounces (500ml). Imported from Japan. Recommended use is 2 teaspoons per day with a glass of water, juice, tea, or coffee.

## Antioxidants and their role in the body

With every bodily function a chemical reaction occurs. Not all reactions are complete. The left over particles that were cast off during this reaction are still able to bond with cells and other materials in our bodies. The cast off particles are called free radicals. Free radicals can cause serious health problems. Antioxidants scavenge the free radicals, pulling them from the bloodstream, preventing them from doing harm.



## Enzymes

Enzymes are protein molecules made by RNA and other enzymes with the ability to facilitate and speed up chemical reactions throughout the body.

## Trace Minerals

Minerals are essential to bodily functions. Trace amounts of a diverse minerals offers a wide variety to the body. As EM-X® is the result of a fermentation, these trace minerals are bio-available, meaning the body can readily receive them and use them right away.

## Immune System Support

The human immune system is vital for sustained health. As such it is important that we eat foods that support our health and well-being. Foods that contain immune system activating substances (such as polysaccharides) include mushrooms, seaweeds, fermented foods, green tea, and vegetable oils.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Minerals in EM-X®							
Li	2.5	V	5	Se	25	Te	25
B	1000	Cr	5	Sr	10	Ba	5
Na	2000	Mn	200	Zr	10	La	7.5
Mg	2000	Fe	50	Nb	3	Ce	30
Al	10	Co	5	Mo	5	Ta	30
Si	10	Ni	5	Ag	7.5	W	250
P	7000	Cu	100	Cd	1	Pt	10
K	5000	Zn	5	In	40	Au	7.5
Ca	2000	Ga	30	Sh	15	Pb	10
Ti	1	Ge	30	Sb	10	Bi	20