

Table of Contents

Table of Contents.....	i
Table of Figures.....	iii
Acknowledgments	iv
Foreword by Colin P Kopes-Kerr, MD, JD, MPH	1
I. Introduction.	9
II. The Medical Box.....	13
III. The Case of a Man with Chest Pains.....	21
IV. The Case of Threatening the Doctor.	27
V. The Case of a Sinking Ship.....	31
VI. The Case of Death in the Emergency Room.....	35
VII. The Case of C-section for Breech.....	39
VIII. The Case of Truth—a Conference on Defensive Medicine....	43
IX. The Case of a Quiet Rebel.....	59
X. The Cases of a Compliant and Not So Compliant Surrender.....	63
XI. Ulysses Syndrome and the Case of the Endless Search for Reassurance.....	67
XII. The Case of Insurance Casualty and a Sense of Entitlement.....	73
XIII. The Medical Model	77
XIV. The Medical Industry and Medicalization.....	85
ATP III Update 2004: Financial Disclosure.....	89
XV. It is OK to Hurt Many a Little in Order to Prevent One From Getting Hurt a Lot.....	93
XVI. Illusions of Medical Omnipotence.....	107
A Simple Example: Pharmacologic Omnipotence and the Search for the Perfect Drug.....	107
A More Complex Example: Very Modest Effectiveness of Most Cancer Treatments.....	108
Other Examples	122
Conclusion: What Should a Patient with Cancer Do?.....	125
XVII. Patient Expectations and the Standard of Care.....	127

XVIII. The Case of Unreasonable Expectations, Family Guilt and Blame.	133
XIX. The Case of Letting Go.	137
XX. Freedom in Living and in Dying.	151
XXI. Putting It All Together—How To Get What You Want And Know What You Need.	159
XXII. Afterword	167
References	169
Index	179

Table of Figures

Fig. 7-1: Pre-printed physician's orders for Congestive Heart Failure.....	47
Fig. 7-2: Invitation to a CME Program.....	48
Fig. 7-3: Invitation to a CME Program.....	49
Fig. 7-4: A letter from a drug representative, addressed to me.	53
Fig. 7-5: An “expert” lecture sponsored by a pharmaceutical company.....	54
Fig. 7-6: A lecture by another expert sponsored by the company that manufactures product.	55
Fig. 7-7:An invitation for a CME dinner	56
Table 16-1 Number of Deaths from the Most Common Cancers	114
Table 16-2: Five-Year Relative Cancer Survival for Lung Cancer by Year of Diagnosis, Race, and Gender	116
Table 16-3: Risk of Death From Breast Cancer	118
Table 16-4: Comparison of Total Survival with Cancer-Specific Survival in Stage III-IV Breast Cancer.....	119
Table 16-5: Five-Year Relative Cancer Survival Change from 1974-1976 to 1983-1990.....	121
Fig. 19-1: Percent of Medicare Deaths Occurring in Hospitals (1995-96).....	145
Fig. 19-2: Percent of Medicare Enrollees Who Spent 7 or More Days in Intensive Care During Their Last 6 Months of Life (1995-96)	146
Table 19-1: Top Ten Causes Of Death In The US.....	149