# **Executive Blueprints**



PERSONAL SUCCESS GRAPH

How do you measure personal success?

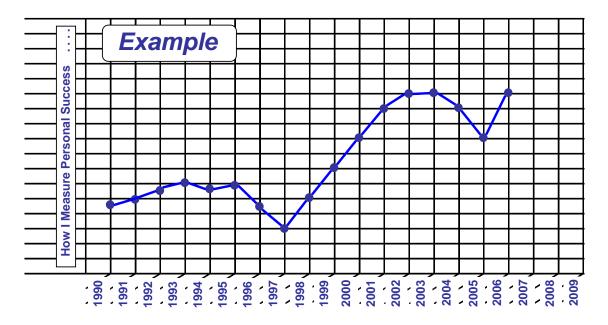
What is important to you?

What can you see from your personal success trend?

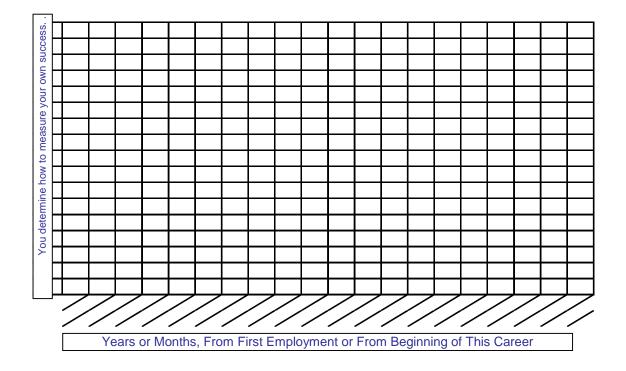
# **INSTRUCTIONS:**

On the following page is a grid for you to plot your personal success.

You choose the beginning point of your graph and the frequency of the measurement. You can plot your personal success by year, from your first job to your present position. If you do not have several years of employment history, you could choose to chart your current position by month.



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## Step One:

Enter your method of time tracking on the lines along the bottom of the graph (years or months that you will trend).

### Step Two:

Think carefully about your personal success for that period of time (year). Some years may have significant highs points and low points. Select the point that best represents your summary of that year. The place a small circle / dot to plot your assessment of that period of time (year).

Take your time.

## Step Three:

Connect the dots to create a graph.

### Step Four:

Review the historical trend of your personal success.

(Do not continue to the next page until you have completed your personal graph)

# Understanding Your Personal Success Graph:

What have you noticed about your personal success trend?

# **Negative Trends:**

If you had low points, how long did that trend last? How did you respond to the low points? What happened after the lowest points?

# **Positive Trends:**

If you had positive trends, how long did the positive trends last? How did the positive trends compare to the negative trends (if any)? How did you respond to the positive trends?

# Plateaus:

Did you notice any plateaus or periods of "no change"? How long do those last? What happens after a period of "no change"? What caused the change?

## Success:

How did you measure your personal success? What were the most important contributing factors? (Money, position, title, location, family or life balance, balanced time, respect, achievement, or was it something else?) This is merely a reflection of the aspects of success that are most important to you. What did you have the most of when you were on a positive trend, and what did you lose when you had a negative trend (if any)?

# Planning for Future Success:

When you recognize the aspects of your previous successes, right them down. When you know what makes you successful, then draw small circles for your future trend and connect the dots for your future trend.

You know how to measure your personal success and you have goals. Write them down. Now it is time to focus on those things that make you successful, and how you can continue to make your success repeatable in the future.

If you knew that you could not fail in your quest for success, what would you do?



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