

Reader Views

Book reviews, for readers, by readers.

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Going Deeper: How to make Sense of Your Life When Your Life Makes No Sense

By Jean-Claude Koven

Prism House Press (2004)

Reviewed by Irene Watson for Reader Views (3/06)

The first thing that attracted me to “Going Deeper” is the cover. It is the most serene and beautiful cover I’ve seen for a long time. If we say that we judge the book by its cover, this is one that can be judged. The inside truths are as dynamic as the outside.

Jean-Claude Koven weaves a vibrant fictional plot with two characters, Larry, a Los Angeles lawyer, and Zeus, a dog that is a “genetic marvel – part everything.” They take a 3 day trip into the Joshua Tree National Park, meeting wise teachers along the way. The teachers came in various forms such as Junie the talking Juniper Tree and Kichi, the androgynous Body Elemental. Each teacher portrays an aspect of wisdom that truth seekers seek.

Interspersed with humor, “Going Deeper” gives the reader a three dimensional look into the wisdom of the ages, including Akashic records, Phoenix rising, Law of Purpose, and Free Will, to create a path for spiritual awakening. “More than sixty million entities willingly accepted the assignment . . . to assist transition into the next paradigm.” The entities are referred to as the Wanderers, or more traditionally known as the Light Workers. Koven’s book transcribes one Wanderers’ journey to enlightenment, a destination that the character’s soul chose when being born on earth.

“Going Deeper” is a slow first read for a Wanderer because every page has a deep message for facing the reality of higher dimensional living, a path that was chosen by contract. On the second read, the Wanderer will encounter their own spiritual truths that take them to a higher state of consciousness. This is a deep book and only recommended for those that seriously want to change their lives.