



## Are you in the know?



## Who is Esther?

Esther Luongo Psarakis is the founder of Taste of Crete, a gourmet food company born out of her personal passion for the people, culture, history and food of Crete. Born and raised in America, she married into the Greek culture, and her yearly treks to the family farm inspired her to start Taste of Crete.

Learn all about extra virgin olive oil and the benefits of incorporating more of it into your diet.

Esther will be showcasing her award winning Taste of Crete PDO Extra Virgin Olive Oil, array of Greek Honeys and her Evangelia's Traditional Greek Cookies. She will also conduct an olive oil tasting and demonstrate some easy ways to increase the use of olive oil in your cooking. You will also have the opportunity to try out her products and cookbooks on the healthy diet of Crete and cooking with olive oil.

**Meet Esther Luongo Psarakis**  
**Saturday, May 13th • 1pm - 4pm**  
**Woodbridge only**

**fortunoff**  
THE SOURCE Those in the know, know.

