

Reader Views

Book reviews, for readers, by readers.

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What if...?

By Gunnar Jensen

Books on Demand Gmbh (2006)

Reviewed by Irene Watson for Reader Views (04/06)

What if...? This is the big question that we all ask at some point in our lives. Gunnar Jensen, in this small but powerful book, has the reader ask themselves questions such as:

What if everybody is at a certain level of an eternal process of spiritual growth?

What if all our perception of the world we live in is relative and can be changed by our own efforts?

What if there is life after physical death?

What if what we have learned about nature's law is not real?

Some of the topics Jensen covers are spirituality, time, universe, perception, attitude, dreams, forgiveness, habits, and goals. Jensen doesn't provide answers for any of the questions, but he does provide narrative to take the reader further in their own being and search out the answers for themselves.

Because of its size, this book can be read in one sitting, however, because of the depth and the time needed for contemplation and finding the answers within, it is not a book to be taken lightly. Jensen provides a vehicle for the reader to take themselves to places of higher consciousness as well as the deep part of their soul that has the answers to the questions at hand. For example, only the reader can truly answer the question for themselves: What if getting what you want is a matter of really realizing what you want, visualizing the outcome, performing actions to bring you closer to your goals and then waiting patiently for its appearance?

"What if...?" Is a highly recommended read for anyone that wants to take themselves a step further in their life and become grounded in their own beliefs. Reading this book certainly made me contemplate my thoughts and come to terms with why I believe in specific answers to the questions Jensen brings up.