

## Anti-aging Seminar with Dr. James Meschino

This is an event you don't want to miss:

Touchstone on Lake Muskoka is wonderfully situated in a beautiful, relaxing and rejuvenating locale and we have imbued this health-promoting feeling into Touchstone itself with the provision of ample recreation opportunities, nature paths and especially embodied in our planned on-site Spa.

In keeping with our motto of healthy, balanced living, we are excited to invite you to attend an afternoon hosted by world-renowned, evidenced-based, Anti-Aging expert, Dr. James Meschino. Dr. Meschino is considered the preeminent expert on health and wellness issues and will be presenting, discussing and answering questions on his ground breaking Anti-Aging and Life-Extending strategies.

We would love to have you spend an afternoon up at supernatural Touchstone on Lake Muskoka and experience one of the most dynamic speakers you may ever have the opportunity to hear...it may well change your life!

> Saturday August 12, 2006: Seminar commences at 2 p.m., doors open at 1:30 p.m. Touchstone Presentation Centre, Lake Muskoka

> RSVP: Angie Hammond by August 9th at 1-866-492-1288 or email angie@touschstonelakemuskoka.com

Note: Due to Dr. Meschino's popularity, seats are limited so act quickly!



## Dr. James Meschino D.C., M.S Click here for more information

## Touchstone. An elegant retreat, a flexible investment, a generous legacy.



## TouchstoneOnLakeMuskoka.com