

Introduction to
Supreme Master Ching Hai

“I find her an extraordinary person. The kind of time and love that she gives for all of her humanitarian efforts and her artistic efforts is really remarkable.”

FRED KARLIN

*Oscar & Emmy award-winning
composer*

Supreme Master Ching Hai, as she has affectionately become known to those whose lives she has touched, embodies the message of love. A renowned humanitarian, artist and spiritual visionary, Supreme Master Ching Hai’s love and assistance extend beyond all cultural and racial boundaries to millions of people around the world.

Born in central Au Lac, Master Ching Hai moved to Europe to study and worked there as a volunteer nurse and interpreter for the Red Cross. She soon realized that pain exists in all corners of the globe, and her desire to find the remedy to this suffering became the foremost goal in her life. At the time she was happily married to a German doctor, and although it was an extremely difficult decision for both of them, her husband agreed to a separation. Then She embarked on a journey in search of enlightenment and finally, in the deepest reaches of the Himalayas in India, she found a true Master who held the key to the Quan Yin Method, a meditation method involving contemplation on the inner light and sound. After a period of practice, she became fully enlightened.

Thereafter, Supreme Master Ching Hai tirelessly traveled the world extending help to those in need. Her benevolent work has transcended all boundaries to reach the incarcerated, the elderly, the mentally disabled, the sick, the poor, the homeless, veterans, and victims of natural disasters. Her compassion has touched the hearts of millions the world over, and has inspired others to form the International Association in her altruistic example.

For the past two decades, Supreme Master Ching Hai has been invited to give lectures around the world on the Quan Yin Method. Her message of peace and love touches the lives of millions throughout the six continents.

In addition to being a philanthropist, Master Ching Hai also enjoys beautifying the world we live in. Through meditation, she has realized many spontaneous talents, which she expresses through artistic creations such as paintings, music, poetry, and jewelry and fashion designs. Supreme Master Ching Hai uses her talents to help the less fortunate from the funds of her artistic creations.

More recently, Supreme Master Ching Hai’s moving music and poetry compelled Oscar and Emmy award-winning composers Bill Conti (*Rocky, For Your Eyes Only*), Fred Karlin (*For All We Know, Come Saturday Morning*), and Maria Newman (daughter of Oscar-winning composer Alfred Newman), among others, to set her poetry to music in the benefit concert ***One World...of peace through music***. This heartfelt music is dedicated to inspire a dimension of spirituality in the popular music world.

In recognition of her selfless assistance and contribution, government officials and private organizations around the world on numerous occasions presented Master Ching Hai many awards including: The World Peace Award, The World Spiritual Leadership Award, Award for Promotion of Human Rights, the World Citizen Humanitarian Award, and the Award for Outstanding Public Service to Mankind.