

**FOR IMMEDIATE RELEASE:**

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**Author's debut book teaches readers how to "Stop Living Paycheck to Paycheck"**

*In his first book David R. Skerry gives readers a step by step guide in home budgeting in "Stop Living Paycheck to Paycheck" (978-1-4116-9118-6, Paperback, 68 pp, 8.5 x 11, \$14.99).*

**October 13, 2006 – Manchester, NH.** David R. Skerry was always good with numbers. His daily money matters were an issue for him and he had a desire to save more money and more time. This desire led him to develop a budget system that will help save time and money. "I was so happy with this system and how it helped me to save money and time I felt I needed to share my success with the world," says the author.

*Stop Living Paycheck to Paycheck* is a step by step guide to creating and managing a successful home budget. The book starts off by suggesting a variety of common budget categories. Then it gives the readers a break down of the budget process by guiding them throughout each individual step. In the book the author also provides the readers with budget sheets for an entire year.

The author has written a guideline that will help anyone who has ever struggled with financial issues in the home and has ever lived "paycheck to paycheck." "This book is written by an everyday person who *had* everyday money problems," says the author.

For more information about *Stop Living Paycheck to Paycheck*, or to schedule an interview, contact David R. Skerry by phone at (603) 647-5583, or by email at [d.skerry@comcast.net](mailto:d.skerry@comcast.net).