



EXPLANATION OF ATTACHED FILES

THE EMOTIONAL CHECKLIST

The Emotional Checklist is the first step of the 7 step process. Burris Life Coaching is based on the reality that all behavior is emotionally driven. This establishes a baseline and a means of measuring your progress. The Emotional Checklist is also used to study the powerful effects of Burris Life Coaching in groups and individuals.

THE EMOTIONAL CHECKLIST AGES 7-17

Burris Life Coaching has recently put this checklist together because of the high interest from teachers and school counselors. Our children have access to and are taking in more information all the time with no means to effectively process it. Weather you are a parent or teacher the minimum you should know about the children in your life is how they are doing emotionally. You will never be able to stop abusive adults from harming children but you can empower the child to take control of their subconscious and eliminate the negative impact that the abuse may have on them as an adult. Burris Life Coaching is currently developing a complete school book for this age range. We hope to have it Amazon.com by first part of 2007.

BURRIS LIFE COACHING WORKBOOK

This is the Workbook used to literally put your subconscious on paper and begin the process of taking control of your subconscious programming. The missing equation here of course is the CBLC Guidelines which are issued to every Certified Burris Life Coach. The Workbook is important because when setting goals how do you know where you have started where you are going or where you have ended up unless you document it?