

HOW TO
ATTRACT,
SATISFY,
AND KEEP
YOUR MAN



*Sex Secrets of an
American Geisha*

BY KIM CONANT

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Sex Secrets of an American
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For my Good Man, Richard

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Geisha*

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By Kim Conant

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Important Note

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A Few Words Before We Get Started

Sex Secrets of an American Geisha is about discovering and experiencing your beauty, femininity, and sexuality while on a journey to love and marriage with a Good Man. The journey starts *today*, as you read right now. This book offers you the practical, realistic, sometimes outrageous, hot, and sexy secrets of the Far East. I pass these secrets on to you in my role of bringing Asian Geisha relationship wisdom to the women of America. I'll be your American Geisha "Older Sister" as you, my dear "Younger Sister," learn to develop a Geisha Consciousness toward what I call your "Good Man." In using these American Geisha secrets to marry your Good Man within twelve to eighteen months, you will yourself become an American Geisha.



INTRODUCTION

*Your Journey to
Becoming an
American Geisha
Begins*

My mind said, “I am hot and sexy. And wet.” But I worried about expressing this to men because I was not expected to speak or even to think this way since I am an Asian woman. I am supposed to be shy, demure, not sexually assertive. The stereotype of the Asian woman didn’t encourage me to talk about my sexual excitement and desires; I have been taught since birth to say what other people expect and want to hear.

Growing up as an Asian woman I found no encouragement to explore my femininity or sexuality. Not only were my parents conservative, but with seven older brothers and sisters living in a cramped home in Seoul, Korea, I had no privacy and thus no sex life beyond a few unfulfilling moments of sexual self-exploration stolen while in the shower or hiding under the sheet. Even though my family eventually emigrated to Los Angeles, I was expected to live at home until I married.

I have not always been a feminine, hot, sexy Asian woman. I had to learn to be feminine, hot, and sexy. The movie *9½ Weeks* awakened my sexuality. It was February 1986. I was twenty-three years old and practically a virgin; I had never had an orgasm with intercourse. In a dark, sold-out theater in Hollywood, I got wet watching the movie. I dreamed of having a sexual relationship with a man, even if only for nine or ten weeks. I wrote in my journal, “The most motivation to live is to have an orgasm for one full minute. All that I do is preparing and struggling to get the ultimate pleasure, an orgasm.” I used several scenes from the movie for inspiration during my infrequent and secretive (because I still lived with my family) masturbation sessions.

Despite the movie, I didn’t know for many years what a sexual animal I was. I was always a bit of a rebel, so while still unmarried I ultimately moved out of my family home in the Koreatown section of Los Angeles. But I did not make that move until I was thirty-four (!), when I got a full-time teaching job. I was much too late in learning about my physical body and what pleased it. Once I had the privacy of my own apartment, however, I found that my animal sexual instincts were quite strong. Later, I had to learn to express my sexual self to my boyfriend (who became my husband). Then, in order to write this book, I had to find a way to fully ex-

press myself to you, showing you the real me with no holding back, no political correctness, no self-censorship. Some of my language choices and descriptions of sexual situations in this book are as frank and raw as I think necessary to convey my thoughts to you. I hope you'll find that they are natural choices in the context of the subjects being discussed.

In my twenties and early thirties, I had a bit of a feminist attitude: I'm a nice, good person, I thought, and it doesn't matter what I *look* like; I'll find a man on my terms. But the truth was that I was desperate to be able to *think* I was in a relationship with a man, any man. Being without a man was unthinkable for me, leaving me no meaningful life. Again and again I chased after men. I was not shy or quiet. I approached men, initiated contact, and pursued them. I carried too many extra pounds on my four-foot-nine-inch frame. I paid little attention to my makeup, hair, or clothes. I had always thought that my best quality was my niceness, and that once I had forced myself on a man he would discount my obesity, my lack of fashion sense, my acne, and my tomboyish ways. If the American Geisha is a perfect example of "being" receptive, I was the perfect example of "doing" things wrongly. I often bought meals, gifts, and even flowers for men; I pushed myself on each of them. A man would fall in love with my niceness, marry me, and we'd start a family, I fantasized.

Of course, I was totally wrong and this fantasy of mine never came true because roughly twenty men ran from me, avoided me, showed no interest in me. I was willing to put up with anything just to avoid being alone. But none of those men ever cared to get close enough to discover my niceness.

Why I Wrote This Book

At age thirty-five I had a bad breakup with my boyfriend of five years. I finally decided to do something about my situation: unmarried, with no prospects of marriage. So I did. I bought just about any and every dating book I could find. I felt that I didn't have time for much trial and error. I needed some spectacular ideas that would work for my personality, my character, and my Asian cultural ways, ideas that would be comfortable for me to use in pursuit of the right man for me. Out of my experience, the books I read, and the research I did, I created my own approach—what I

now call my Geisha Consciousness—to find the best man for me, including eventually losing forty pounds. It would take me the next twenty-one months to meet, date, and marry the man I call my “Good Man,” the right man for me. I was slowed along the way by many mistakes. My own Geisha Consciousness developed very gradually.

I wrote this book because I wanted to save other women from the mistakes I made and the lost time I suffered. (I don’t want women to have to endure the loneliness, unhappiness, and ugly-duckling stage I went through.) After I married, my girlfriends asked my advice on how to find and attract men and how to identify a “Good Man” among those they met and dated. My girlfriends’ need for suggestions led me to think about other women: Couldn’t *all* women adapt my Asian Geisha secrets while searching for their Good Men? If I had taken advantage of Asian Geisha ways and had become what I now think of as the first American Geisha, couldn’t I help *all* American women to develop a Geisha Consciousness, to develop their beauty and femininity? Couldn’t I help any American woman become an American Geisha, a new, powerful, and feminine type of woman in search of the right man for her?

The Beginnings of an Idea

Arthur Golden’s 1997 book, *Memoirs of a Geisha*, and the 2005 movie it inspired, teased non-Asian women, making them curious about the beauty secrets and powerfully attractive qualities of geisha, of Japanese women, and perhaps of Asian women in general.

Many Japanese-inspired fashion and beauty products were introduced immediately before the movie reached the theaters. Coach offered a Japanese silk-and-mink kimono hobo bag. Cole Haan featured stiletto boots covered in antique Japanese silk. Banana Republic launched a limited-edition holiday collection inspired by the movie’s wardrobe, including a silk floral kimono sash-tie top, a quilted geisha bag, an Asian-style tassel necklace, and a satin kimono dress. Facial and body creams featured cherry-blossom-themed packaging and the same image of the movie’s star, Zhang Ziyi, that graced billboards, newspaper ads, and even the cover of a special edition of the book.

In late 2005 American women heard a lot about the Japanese geisha. Yet what relevance could the geisha have for American women beyond a book to read, a movie to watch, and some expensive boots to wear? My investigation into the history of the geisha in both Japan and Korea, combined with my research with over four hundred Asian and American single women and men, convinced me that the Asian Geisha (my term for the blending of the Japanese *geisha* and the Korean *kisaeng*) offers many lessons for American women who want to be married, soon, to their Good Men. The golden age of the Japanese geisha and her attitude toward men dates from 1841, when she was accorded by law the status of “entertainer” or “artist.” I have adapted Asian Geisha practices somewhat to fit twenty-first-century Western/American culture while continuing to emphasize the geisha’s performance or entertainment skills. In particular, I have upheld the concept of the Asian Geisha, as embodying the archetypes of beauty and femininity.

Why You Should Read and Use This Book

I believe you are a feminine, hot, and sexy lady, *right now*. But perhaps, like me, you have not been in touch with or expressed this side of yourself very well. You can, though. We all can be American Geisha. All of us have the potential to be beautiful, feminine lovers and wives who will attract, satisfy, and keep our men in love with us forever. The goal of this book is not just to help you become more feminine and sexy in order to get married, but to go beyond that and help you both keep your husband happy and be a happy wife, forever.

In Japan the experienced geisha pairs with a geisha in training through a ritual that bonds them as Older Sister and Younger Sister. As the first American Geisha I want to bond to you as your Older Sister, dear reader and Younger Sister, and help you learn the ways of the Asian Geisha so that you, too, may become an American Geisha.

I will explore the feminine and sexy secrets of the East from what I call a Geisha Consciousness, an awareness of how important a woman’s beauty, femininity, and sexuality are to a happy relationship with her man. I will give you honest and clear advice that I have learned from my research and study and also from my husband, who has helped me to be a more femi-

nine woman. As you read and practice the secrets of this book, you will become, more and more, an American Geisha, an incredibly feminine, sexy woman who will attract, satisfy, and keep her Good Man.

I used many of these lessons myself to pursue love and marriage. I will highlight my successes and also tell you how I went wrong, hoping to keep you from repeating my mistakes on your road to love and marriage.

For single women who want to be married soon, this book represents an important goal, showing the way to the destination you aim for when you start looking for a man: love, marriage, and sexual surrender to your partner. I will share Asian Geisha secrets that can help you reach marriage to your Good Man within the next twelve to eighteen months. (Why take twenty-one months, like I did?)

For married women, this book is your checklist and reminder of how to add a spark of caring and passion to your marriage. Your husband has wined you and dined you and spoiled you because he didn't want to lose you, and because you helped him to decide that he wanted to marry you. Now it's time to spoil him by giving him your most beautiful and feminine American Geisha self. He has committed to fathering your children and to providing income and emotional support to the family the two of you have created. As your Good Man's loving wife, you will now reward him for life with your total commitment to his happiness, sexual and otherwise.

Politically Correct? Not!

I need to say just a little about political correctness. I sometimes speak in this book in a politically *incorrect* way. I have to be honest, frank, even outrageous with you. I can't try to cover my little ass, saying politically correct things so that no one gets upset. I won't be politically correct, but I promise I'll be *practically* correct, advising you to do what works, what is practical, what makes you more beautiful, sexy, and feminine in order to attract and keep your own masculine Good Man. If I do deviate at times from what society suggests is proper, please do not be offended. Rather, try to suspend judgment of whether my words are "correct" or "incorrect," and examine them in terms of whether they are empowering and helpful in pursuing love and marriage with a Good Man.

I hope, too, that all of my Younger Sisters can momentarily relax your feminist guard a bit and listen to your Older Sister's advice and suggestions with an open mind. I hope that in the end, dear Younger Sister, you will see me as *both* a feminist and a feminine woman; I see no reason for having to choose one or the other. Do you? Can't we be feminine feminists? I can. I believe you can, too, dear Younger Sister.

In this book I will deal approvingly with some Asian Geisha stereotypes if I find them helpful. I'll tell you to be thin not fat, pretty not plain, accepting not confrontational. I'll tell you that in relationships men are simple, visual, sexual beings who will do most anything to make you happy when you make them sexually happy.

Even as I happily accept some useful stereotypes of Asian Geisha and other women, if other stereotypes are not useful, I'll encourage you to ignore or change them in your thinking or actions, as I did. Still, some strict feminists will question my outrageous ideas and feminine and sexy tips for attracting men. An American Geisha is not a strict feminist, except in the world of work and career. In the world of love and romance, I suggest that you shift your perspective to that of a *feminine-ist*, a woman who values, loves, and wants to operate out of her femininity. In a sense, in your work world you must insist upon being treated like "one of the boys," treated equally with the men. However, in your personal world, you do *not* want to be one of the boys. You want to be very *different* from the boys, very feminine in contrast to their masculinity. Be a *feminist* while making a living, and be a *feminine-ist* while making (or seeking) love. As a feminist, compete fairly with men at work; then, come home and attract men to you as a feminine-ist. As much as some feminists may have problems with me, I have no problems with feminists. All women need the feminist backbone that can allow them to be feminine without being weak or passive, to be nice without being taken advantage of. The American Geisha develops within herself a comfortable balance between feminist and feminine-ist qualities.

"Too Submissive"?

In circulating chapters of my manuscript for feedback, I sometimes was told that my advice made a woman too "submissive" to a man or to men

generally. I can *understand* that point of view, but I *disagree* with it. My advice simply accepts the truth about (most) men:

- ✧ Men are visual and love beauty in a woman.
- ✧ Men are sexual and love sexiness in a woman.
- ✧ Men are masculine and love femininity in a woman.

By making yourself beautiful, sexy, and feminine for potential Good Men, you are only “being submissive” or “surrendering” to the realities of men and women and to what can help you attract those Good Men to you. I don’t want to be too defensive here. In fact, rather than making you submissive, I believe my advice *empowers* you. Beauty and a sexy femininity tend to give a woman confidence, more power, and greater control in finding love and marriage with a Good Man. Isn’t this obvious to you? Don’t you sense how beauty and a sexy femininity are your allies, your friends in seeking the happiness of love and marriage to a Good Man?

Go on a Fun and Exciting—Even Outrageous—Journey

Part One of the book gets you started on your journey to love and marriage. It deals with developing your Geisha Consciousness (Chapter 1), exploring your sexual, sensual body (Chapter 2), and increasing the beauty and femininity of your Geisha Attractiveness (Chapter 3). In Part Two I discuss sex secrets, such as always crediting him for your orgasm (Chapter 4), finding your G-spot and female ejaculating (Chapter 5), and worshipping his manhood (Chapter 6). With Part Three I help you to plan your quest for love and marriage by defining your Good Man (Chapter 7), developing your marriage plan (Chapter 8), and getting to your most beautiful weight (Chapter 9). Finally, in Part Four you’ll find lots of ideas for dating and for after you are married, including how to get to the engagement-ring stage (Chapter 10), when to say, “I could only do *that* for my husband” (Chapter 11), recognizing that love is more than just good sex (Chapter 12), and keeping your love and marriage your highest priority (Chapter 13).

The whole process of finding and marrying a man and then keeping your marriage alive and happy should be a fun experience. (Why do peo-

ple think that it is so difficult to find a man, not just any man, but Mr. Right, your Prince Charming, a near-perfect-for-you man, a husband, your Good Man?) Do you want to have an enjoyable and exciting time or a difficult time finding your man? It depends on your attitude, your Geisha Consciousness. I suggest we go on a fun and exciting—even outrageous—journey to attract appropriate men and then to choose and to keep your one Good Man for life. The journey begins right here, as you read this page. Get ready to be outrageous, my Younger Sister! Relax. Loosen your bra straps and get ready for some feminine, hot, sexy Asian secrets for finding, marrying, and keeping your Good Man. Get ready to become an American Geisha.

PART ONE

*First Steps in
Becoming an
American Geisha*



CHAPTER I

*Develop Your Geisha
Consciousness*

In her pursuit of sexuality, love, and marriage, can any woman become an American Geisha by using the powers, secrets, and lessons of the Japanese *geisha* and Korean *kisaeng*? What is it about the secrets of a feminine, sexy American Geisha that is so incredible that you should learn them in order to attract and to marry the right man for you, what I call your “Good Man”? How can you become an American Geisha? Why would men be attracted to an American Geisha and want to take her to bed or to the altar? You’ll find the answers to those questions in this book. I do have some important secrets and lessons for you from the world of the Asian Geisha and from my own experiences, especially if you want to be married, and soon.

What Is Geisha Consciousness?

In the professional development of the Asian Geisha, the younger geisha in training or apprentice geisha (known as a *maiko*) is taken under the wing of a more experienced *onesan* in a solemn ceremony that confers on them the familial relationship of Older Sister and Younger Sister. The Younger Sister *maiko* even changes her name to incorporate part of the name of her Older Sister *onesan*. While I do not suggest you take a part of my name as your own, I do want us to have an Older Sister–Younger Sister relationship as you read this book and practice the actions that will help you to be married soon, specifically within twelve to eighteen months, to your choice of a Good Man for you. Let your Older Sister American Geisha share her experience and research to help her Younger Sister become a happy, successful American Geisha.

The first feminine, sexy American Geisha secret I want to share with you is that we women need to have a particular attitude toward our men, similar to the attitude of the Asian Geisha toward her men.

We have to spend a moment talking about perhaps the greatest of all American Geisha sex secrets: The feminine, sexy woman, Asian or non-Asian, has the mentality of a geisha. Although the modern conception of the geisha goes back to mid-nineteenth-century Japan, the geisha is to this day an important part of Japanese culture. The relatively few women who are willing to spend the many years of training required to be a geisha be-

come quite learned in the ways of ladylike, classy behavior and entertainment in the living room. They are also well schooled in the feminine ways of pleasing their men in the bedroom (as opposed to simply mastering a variety of sex positions). I reveal to you here both the feminine and sexy secrets of the bedchamber, the mysteries of physical love that will bond your Good Man to you, and those of outside the bedchamber, which will first attract him to you. But even more fundamental to understanding the geisha than knowing her talents in bed or out is an understanding of her way of looking at the male-female relationship, what I call her Geisha Consciousness. The Asian Geisha has mastered the art of using all aspects of her femininity to attract, satisfy, and keep her men happy with her so that they will take advantage of her services again in the future. She is, as it were, building a satisfied clientele and a successful long-term business.

Men Are Inspired by Your Femininity, Your “Yin”

The key to using your Geisha Consciousness is to realize the power and strength that lie within your femininity as expressed in a geishalike manner. As I've mentioned, your man is a simple, predictable human being in relationships. He is not nearly so complicated as are we women. (Even Sigmund Freud couldn't figure out what women want, but it's easy to figure out what men want, isn't it? Well, isn't it?)

The Asian Geisha knows that her man is a simple creature who cannot be *legislated* into treating her well, but rather must be *inspired* by her personality, kindness, beauty, and sexy femininity to treat her well, both sexually and in all other aspects of relationship, love, and marriage.

Your Geisha Consciousness realizes that your man is a lover of the yin and yang differences that, in ancient China, Taoists believed attracted men and women to one another. That is, your man wants to experience and enjoy your great femininity (your yin) in order to boost both his own ego and your sense of his great masculinity (his yang). This attraction between opposites, so well understood by the Asian Geisha, is the key to your attracting, satisfying, and keeping your man for a lifetime. As an American Geisha, you will embody to him the differences and contrasts between your feminine and his masculine, and you will encourage and support him

in the expression of his embodiment of the masculine. The geisha (Asian or American) knows that there is much truth in the old saying “Opposites attract.” Your differences from a man are what attract him to you. Your female characteristics exert a strong pull on his male characteristics as he experiences a gravitational attraction to you and all you represent of the feminine.

The Asian Geisha knows that she should do all she can to make her man feel more masculine, more of a man. She knows that she wants to be as feminine to him as she can be. The American Geisha, too, loves the contrast—the yin and yang—of the differences between men and women, and knows that a man is highly attracted to a feminine woman who encourages his own strong sense of masculinity. Doesn’t *any* woman want to be more feminine and have her man feel more masculine? Isn’t there just a little moistness forming in your vagina as you think about the passion generated when your great femininity comes together sexually and emotionally with the confident masculinity you’ve inspired in your man?

The Asian Geisha is seen in Japan and in Korea as being the embodiment of femininity, an old-fashioned femininity, very much a prefeminism femininity. This is what I believe men seek out in the Asian Geisha: the appreciation she demonstrates for the power of her own femininity in relationship with men, what I call her Geisha Femininity. The Asian Geisha has been compared to a doll by both those who approve and those who disapprove of the geisha tradition. The white face of the *maiko*, or apprentice geisha, gives her a porcelain, doll-like quality, simple and even childlike in appearance. This is not a sophisticated femininity but a rather exaggerated femininity, especially when combined with the *maiko*’s very colorful and feminine kimono and shoes. It is this obvious femininity that the male clients want when they ask that a *maiko* join them at an event or party. They do not seek a more subtle femininity (such as that of the unpainted, full geisha in her simpler kimono) so much as they do the more obvious, youthful femininity of the *maiko*, who generally outnumber the Older Sister geisha in attendance at these functions.

As an American Geisha and a feminine-ist, you want to display to appropriate men your obvious femininity, setting yourself apart from other women who appear to be less feminine than you. Your Good Man is more

likely to be attracted to a beautiful and clearly feminine woman than to another woman who seems less so. The secret for both the Asian Geisha and the American Geisha is to display her femininity in a *classy* manner. If either the *maiko* or the American Geisha is seen as unclassy, she loses the respect (and attention) of the very men she wishes to attract.

“Feminine Woman” Fever

The attraction to Asian women can be so strong that some Western men develop an Asian fetish, known as “yellow fever,” which causes an increase in male body temperature and heart rate triggered by some combination of the woman’s great femininity and mysterious Asian looks. I believe it is not so much the Asian appearance of such a woman but rather her overwhelming femininity that attracts men to her. When Western or American women use the Asian Geisha’s ways to express their own femininity, they will attract men by triggering “black fever,” “brown fever,” or “white fever” in them. I believe it is fundamentally a “*feminine* woman fever” that our potential Good Men suffer: the strong, compelling desire to find a truly feminine woman—no matter her ethnicity—to complement their own sense of masculinity. Here’s what a few men told me in my research:

“A feminine woman is someone who is herself, first and foremost. She’s intelligent; can use her eyes to smile, connect, and carry on a conversation; and has poise.” — Mike

“I think femininity is related to simply the way we as men perceive the woman we are looking at. She has to be slim, sensual, sexy, and exotic. Femininity is also in the way women carry themselves.” — Carlos

“A women who is nice-looking and has a very nice body, who knows how to use it and how to dress and act can achieve her wildest dreams and pleasures.” — Greg

“First, of course, her look, dress, makeup. Second, her way of talking and looking at people. And her smile.” — Keith

“The thing that makes her sexy is how she holds and presents herself. If she moves and acts in a subtle and flirtatious way, then a man is likely to

be very stimulated by her. If she wears clothing that just slightly reveals some of her body and gives a hint of what she hides underneath, then I would consider that to be very sexy.” — George

These men, it seems to me, are responding to how feminine a woman *looks*: her nice body, her makeup, her smile, her way of talking, how she moves and presents herself, her poise. Of course, beauty and femininity come in all sizes, as does sexiness. Your Geisha Consciousness recognizes the full range of attractiveness in taller or smaller women, younger or older women, thinner or curvier women, stay-at-home moms or corporate-oriented career women. Geisha Consciousness is available to *all* women. We can all be more beautiful, feminine, and sexy, no matter what unique combination of body type, psychology, and lifestyle choices we embody. The woman (you!) who goes out into the dating world must represent her true self, who she really is, or else nothing will work out very well in the long run. Your Geisha Consciousness knows that you must be your authentic self, who you really are at your core, as you apply your Older Sister’s advice in terms of your appearance, your beauty, your fashion style, your sexuality, and your behavior toward men. In fact, your cool, assured, and comfortable relationship with your real self is, *in itself*, very feminine and sexy to the Good Men that you’ll meet.

Femininity Defined

I need to spend a little time here, early in our journey, to clarify an American Geisha’s definition of femininity. In reading this book so far, you have encountered some version of the word “feminine” seventy-four times already. So let’s see exactly what that wonderful word means.

For the American Geisha, “feminine” most represents those qualities in women that are in contrast to the very *different* qualities that we refer to in men as “masculine.” The human body is, first and foremost, the *physical* manifestation of either yin (female) or yang (male) energies. Men’s bodies are angular, built for speed and strength. They are designed to be aggressive, to hunt and pursue, to protect and provide. The hormone testosterone that courses so strongly through a man’s blood vessels provides him with a chemistry that differs greatly from a woman’s (though we

women, too, have very small amounts of testosterone in our systems). Men are yang.

Women's bodies are softer, contoured to comfort and nurture. We are yin. The hormone estrogen dominates our blood chemistry (although men have a very small amount of estrogen in their bodies). In her 2006 book, *The Female Brain*, neuropsychiatrist Louann Brizendine, M.D., takes these differences beyond the bloodstream. In an interview she said, "I know it's not politically correct to say this.... But I believe that women actually perceive the world differently than men. If women attend to those differences, they can make better decisions about how to manage their lives."¹ The American Geisha knows intuitively that the brains of men and women sense the world—including relationships—differently. Isn't this *psychological* difference obvious to you, dear Younger Sister?

The Asian Geisha recognizes the power of her receptivity and her nurturing tranquility. She develops these qualities into mysteriousness and elusiveness, which inspire in her male clients a sense of chase. In doing this, she taps into the fundamental vein of masculinity: a testosterone-charged aggression. She makes men hunt her. The Asian Geisha is very aware of her yin versus the male yang.

So, too, should you, dear Younger Sister, embrace your yin. By making yourself explicitly aware of your *natural* femininity, you will appeal to men's *natural* masculinity, and you will facilitate and encourage the bringing together of these two powerful physical and psychological energies into a wonderful relationship with your Good Man.

A Quick but Important Caution

You can only present yourself in this totally feminine way when you are dealing with what I call a "Good Man." In Chapter 7, I define the basic characteristics that make a man a "Good Man" as opposed to an inappropriate (though not necessarily "bad") man for you either to date or to marry. In your Geisha Consciousness you are too soft, open, trusting, and vulnerable to be in relationship with anyone who is not a Good Man, because a nongood man could take advantage of you, hurt you, and waste your precious time. When you are dealing with a Good Man, however,

your femininity operates in safety as it supports his protective masculine expression.

Until you determine that a man is, in fact, a Good Man, keep your feminist guard on alert; only interact with him more fully from your feminine-ist self after he has proven himself to you to be a Good Man. (If you are particularly curious about the definition of a Good Man, perhaps because you feel you've too often gotten involved with men who are not right for you, you may want to skip ahead and read Chapter 7, "Define Your 'Good Man,'" before learning more in this chapter about developing your Geisha Consciousness.)

Finding a Good Man will be so good for you, as it has been for me. You will get to express your deepest feminine qualities to your Good Man, who, responding to your powerful femaleness, will bring his inspired masculinity to your love relationship and marriage.

Embrace Your Geisha Consciousness

As your Older Sister I will lead you into many areas of your femininity. In Chapter 3, I suggest many ways to increase the expression of your beauty and femininity. I want you to embrace the Asian Geisha attitude, to internalize the geisha mindset, to focus with total enthusiasm and sincerity on bringing to your love life a Geisha Consciousness. All of my suggestions or secrets will support you in being the essence of femaleness to him so you can support him in being the essence of maleness to you. Whew! I'm getting hot just thinking about the chemistry of such feminine and masculine essences coming together in a love relationship between two good people, you as a Good Woman and your Good Man. I want you to get hot and excited, too. Let your imagination run wild; see yourself forever in love with and married to a wonderful, masculine man who brings out your deepest feminine qualities. Imagine the intensity and joy not just of the sex, but also of living life together with this fantastic man who thinks of you as the most feminine, fantastic woman he's ever known.

No Manipulation: Tell Your Good Man What You Are Doing

Let your Good Man know that you are learning about and developing your Geisha Consciousness especially for him, so that you can make him happier and happier, both in bed and out. Let him know that his goodness to you and his expression of his caring masculinity inspire you to learn the mysterious ways of the Asian Geisha, so that you can bring him even more of the feminine secrets of love.

Always give him full credit for inspiring you to your greater Geisha Consciousness. Let him know that it is not just your natural way to be so hot and sexy and feminine, but also the influence of finally finding a truly Good Man that has brought out all of your latent femininity and sexuality. Only with him are you so free, so trusting, so feminine, so sexual, so uninhibited.

Tell him, and then show him, that the deeper and more committed your relationship becomes, the more you will feel a growing commitment to his happiness, both sexual and otherwise. If you are already in a committed relationship (but not yet engaged or married), it is especially important to let this Good Man know that many more and greater pleasures lie ahead as your relationship deepens into greater commitment. If you are already married, let your Good Man husband know that your love for him, and his for you, inspire you to do all you can to make him as happy as possible.

Geisha Consciousness involves no secret manipulation of men, so once you think he may be the Good Man you wish to consider for a long-term relationship and marriage, buy him a fresh copy of this book and encourage him to read it and discuss it with you so that he may see the wonderful, loving, sexual future that your relationship has the potential to offer to the both of you.

Commitment and Sex

You have probably heard the expression “Why should he buy the cow when he’s getting the milk for free?” What your Geisha Consciousness knows and will subtly communicate to a man you are having a sexual rela-

tionship with, assuming he is a Good Man for you to marry, is that while the two of you are involved in quasi-committed dating, he is experiencing and receiving from you only the watery, low-fat, but somewhat tasty milk that the American Geisha makes available when her heart is not fully committed. With his greater commitment to you (and yours to him), which begins with your engagement (with a ring and a set wedding date), he receives from you an increased focus on his happiness, sexual and otherwise. To carry the cow analogy forward, you will now provide his eager lips with the luscious taste of the cream from the top of the milk. Happily for him, your Geisha Consciousness holds still greater pleasures in store for him when you two are fully committed and settled into marriage. Then he will find that the cream he thought incredible has been surpassed by deliciously sweet, rich butter.

In a word, your American Geisha expression of femininity and sexuality increases as you savor your Good Man's deepening commitment to you. As he rewards you with greater commitment, you are inspired to bring to him more and more of the feminine love secrets that make up your Geisha Consciousness. Without marriage, he doesn't get the butter and cream of your femininity, the best and most joyously enthusiastic sex and intimacy that you can possibly offer him. It is not that you manipulate him with more and better sex as you both become more committed, but rather that he inspires you with his love and commitment to share with him even more of your incredible femininity. Let him know this.

The Biggest Difference Between an American Geisha and an Asian Geisha

You offer more of your heart and soul and sexuality to your Good Man as you grow more deeply attached to and in love with him, and as he loves and commits to you more deeply. This is a distinct difference, the largest of differences, between the Asian Geisha and you, the American Geisha. For the Asian Geisha, her interactions with men (which most often do not involve sex) are her profession; also, of course, she interacts with many men, with the goal of treating them all well. The Asian Geisha does not marry (and if she does, she often must retire as a geisha) and does not be-

lieve in romantic love between only two people, as this is not conducive to building her geisha-services business.

You, of course, wish ultimately to identify just one Good Man, fall mutually in love, and marry. As an American Geisha, you wish to take the Asian Geisha's professional secrets and apply them to your *personal* life. The Asian Geisha entices and satisfies many men, but none may marry her (though they may become madly passionate to do so). On the other hand, you, the American Geisha, ultimately wish to entice and to satisfy and, yes, to marry only *one* man, your Good Man. You are sisters, the Asian Geisha and the American Geisha, although your ultimate goals (that is, a good business and a good marriage, respectively) are very different. I feel that I am a sister to you both, to the Asian Geisha and to the American Geisha. For you, I want to be your Older Sister, helping you to find the success I have found, while my knowledge and study of Asian Geisha make me feel like the Younger Sister to those practitioners of these ancient secret arts. Let your Older Sister help you attract, satisfy, and keep the Good Man that you want to marry. Let your Older Sister help you to become an American Geisha.

Reminders While Reading This Book

I suggest you *do* and *remember* the following things while reading this book:

- ✧ Decide that you want to be more beautiful and feminine, and commit yourself to that goal.
- ✧ Accept me as your Older Sister trainer.
- ✧ See yourself as my Younger Sister American Geisha in training.
- ✧ Start to make plans to be married within twelve to eighteen months (unless you feel you need longer than that, in which case you should choose a time frame you are comfortable with).
- ✧ Be inspired by the concept of Geisha Femininity.
- ✧ Develop your Geisha Consciousness over time.
- ✧ Be more conscious of your expression of sexuality and femininity.
- ✧ Believe in the yin/yang of opposites attracting.

- ✧ Be careful and sure that you are involved with a Good Man.
- ✧ Increase your sexy femininity with a sense of class.
- ✧ Know that a Good Woman doesn't manipulate men.
- ✧ Save the cream and the butter (and even the milk!) for a committed Good Man.
- ✧ Be happy and enthusiastic about the process of finding your way to a greater sexuality, love, and marriage.

Your Geisha Consciousness has begun to develop. You are moving toward becoming an American Geisha.

CHAPTER NOTES

- I. *Newsweek* magazine, July 31, 2006, 46–47.