

### ***Ten Commitments for Men***

Tom Massey

Robert D. Reed Publishers (2006)

Reviewed by William E. Cooper (11/06)

Tom Massey, who is a long time corporate leadership trainer, has produced a truly excellent book on how to navigate through life with commitments to high standards, integrity, enthusiasm, and good health. His ten points offer a roadmap based on wisdom and experience, his and others. The book is well written and organized, at the same time being an enjoyable read.

As a retired Chief of Police and the author of my own book, *Leading beyond Tradition*, it was my responsibility to provide the employees and citizens with such a map for their safety and work experience, as well as the quality of life for the community. I have taught leadership extensively in the public and private sectors and recognize there is, at best, inconsistency in what leadership actually is and how to make it work in today's world. Leadership is about people and Mr. Massey clearly recognizes those principles that constitute success.

The ten commitments Mr. Massey lists and describes are really what it takes to not only lead, but live your life to its fullest with honor and dignity. The criticality of each commitment cannot be overemphasized, and by combining all ten the practitioner lives the behaviors and models them to everyone. It has been demonstrated that people who associate with negative people themselves become negative and cynical. One's attitude is a choice, solely that of the individual, and the commitments in Mr. Massey's book are the guide to follow. While they are nothing new, they are what is necessary. Every successful person over the ages has believed in and practiced these commitments.

It has been said that once a person stops learning, they languish in the past, while one who commits to continuous learning and improvement stays current and able to live well and contribute at a higher level. The anecdotes provided in Mr. Massey's book are relevant and aligned with delivering his message. This is a book that should be read by everyone. It should be part of every home library, public library, and educational institution. These are the principles that made us great, made us what we are. We need to know them, understand them, and live by them.

Thank you Mr. Massey, for remembering them and bringing them home once again.