Asthma Patient Evaluation

Date Time	Chief Complaint or Reason For Visit

ROS	WNL	See HPI
Constitutional	❑	❑
Eyes	❑	❑
ENT/mouth	❑	❑
Resp	❑	❑
CV	❑	❑
GI	❑	❑
GU	❑	❑
Musc	❑	❑
Skin/breasts	❑	❑
Neuro	❑	❑
Endo	❑	❑
Heme/lymph	❑	❑
Allergy/Immun	❑	❑
Psych	❑	❑

History	No changes	See HPI
Allergies	❑	❑
PMSH	❑	❑
Social	❑	❑
Family	❑	❑

Asthma Action Plan

Personal Best

Green (80% PEF)

Yellow (51-79% PEF)

Red (<50% PEF)

Asthma Therapy

	Current	New
Short-acting beta agonist *"Rescue Agent"*	❑	❑
Inhaled steroid	❑	❑
Long-acting beta agonist	❑	❑
Theophylline	❑	❑
Omalizumab	❑	❑
Oral steroids	❑	❑
Antibiotics	❑	❑
Leukotriene inhibitor	❑	❑
Oral antihistamine	❑	❑
Intranasal steroids	❑	❑
Intranasal antihistamine	❑	❑
Smoking cessation aids	❑	❑

HPI

❑ Antibiotic use ❑ Oral steroid use
❑ ER visit for asthma ❑ Hospital admission for asthma

Symptom SEVERITY & Frequency

❑ **MILD INTERMITTENT**
1+ days per week
OR 1+ nights per month

❑ **MILD PERSISTENT**
2+ days per week
OR 2+ nights per month

❑ **MODERATE PERSISTENT**
Daily **OR** 2+ nights per week

❑ **SEVERE PERSISTENT**
Continual **OR** Frequent

Physical Exam

General	❑ Alert	**Vital signs** **Temp** **Pulse** **BP** **RR** **Sats**
ENT	❑ Nasal mucosa ❑ Dentition ❑ Oropharynx Mallampati I II III IV	
Neck	❑ Normal to palpation ❑ Thyroid ❑ No JVD	
Resp	❑ Clear to auscultation ❑ Clear to percussion ❑ No respiratory distress ❑ Palpation ❑ No chest wall defects	
CV	❑ Clear S1 S2 ❑ No murmur ❑ No gallop ❑ No rub ❑ Periph pulses ❑ No peripheral edema	
GI	❑ No palpable masses ❑ No hepatosplenomegaly ❑ No hepatojugular reflux	
Lymph	❑ No lymphadenopathy	
Musc	❑ Tone ❑ Gait	
Extrem	❑ No clubbing ❑ No cyanosis	
Skin	❑ No rashes, ecchymoses, nodules, ulcers	
Neuro	❑ Orientation (person, time, place, situation) ❑ Affect	

Impression and Plan

Tests to be ordered

❑ Bronchoscopy
❑ Pulmonary Function Testing
❑ Sleep study
❑ CXR
❑ Chest CT ❑ without contrast
❑ Echocardiogram with
❑ Bubble study ❑ PA pressures
❑ Cardiopulmonary Stress Test
❑ Pulmonary Rehabilitation
❑ Pneumococcal vaccine
❑ Influenza vaccine
❑ PPD Testing
❑ Allergy skin testing
❑ Labs

Instruction & Education

❑ Asthma action plan
❑ Smoking cessation
❑ Peak flow meter use
❑ Inhaler use
❑ Importance of vaccinations
❑ Medication side effects

Follow Up

Signature

Data Reviewed ❑ ER Notes ❑ Old Chart ❑ EMS Note ❑ ECG ❑ Nursing Notes & Vitals log ❑ Labs ❑ X Rays ❑ MRI ❑ US ❑ CT

Care Coordinated With ❑ ER MD ❑ HCPOA ❑ Primary Care MD ❑ Case Management ❑ Social Worker ❑ Pharmacy

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SAMPLE