
AUTHOR OF 'MOVING A NATION TO CARE: POST-TRAUMATIC STRESS DISORDER AND AMERICA'S RETURNING TROOPS' BEGINS WEST COAST/SW BOOK TOUR ON JUNE 5

With stops in Berkeley, Tempe and Oceanside, author Ilona Meagher takes her grassroots 'Moving a Nation to Care' project back on the road.

"Ilona Meagher is a powerful advocate for American combat veterans of all generations. With mental health issues facing hundreds of thousands of returning Iraq and Afghanistan veterans, *Moving a Nation to Care* brings desperately needed attention to the devastating hidden costs of war. Anyone who wants to 'support the troops' should read this important book." **Paul Rieckhoff**, author of *Chasing Ghosts* and executive director of Iraq and Afghanistan Veterans of America (IAVA)

Continuing her national book tour in the San Francisco area on June 5, 2007, author Ilona Meagher shares details on and resources for returning troops, military families and the communities that support them.

But the [Moving a Nation to Care](#) book tour is hoping to offer more than the typical book signing. "My hope is that this will be a shared discussion and learning experience on both ends," Meagher says. "Rather than my standing at a podium and projecting out to those in attendance, I prefer to think of my stops as lively community gatherings."

The author is inviting both seekers and sages to her events, hoping for an energetic exchange of ideas. Those in the community working directly with veterans and their families (private and VA counselors, nonprofit organizations, activists) are invited to share their resources, tell what successes they are having, and let area members in attendance know what more they need to keep doing their vital work.

"I hope the flow of information moves in all directions," Meagher says.

These valuable resources will be shared with those not able to attend on the **Moving a Nation to Care** website, a project that will take off this spring and summer at www.movinganationtocare.com. "It's an empty canvass at the moment, but will become a richer resource as we pool our data, share what we know and what we've learned with one another."

"Tackling post-traumatic stress disorder and ensuring a veteran's successful reintegration following combat demand an active, engaged community," Meagher says. "Let's get moving on this together."

May 2007 West Cost/SW Signings

Berkeley (San Francisco area), CA
June 5, 2007 – 7:30 p.m.
[Moe's Books](#)
2476 Telegraph Avenue

Tempe (Phoenix area), AZ
June 6, 2007 – 7 p.m.
[Changing Hands Bookstore](#)
6428 S McClintock Drive

Oceanside (San Diego area), CA
June 9, 2007 – 12-3 p.m.
[Barnes & Noble – El Camino North](#)
2615 Vista Way

Media Resources

[Media Kit](#) containing author bio, **Moving a Nation to Care** press release, clippings and reviews.

>> [Book excerpt](#)
>> [Tour/book news](#)

Interview Contacts

Publisher
Ilg Publishing
Robert Lasner
Ph/Fx: 718-797-0676
<http://www.igpub.com>
igpublishing@earthlink.net

Author
Ilona Meagher
Ph: 815-885-4650
[http://ptsdcombat.blogspot.com/
ilona@movinganationtocare.com](http://ptsdcombat.blogspot.com/ilona@movinganationtocare.com)