



Quantum Coaching Takes Executive & Life Coaching to the Next Level: Upcoming Workshops in Los Angeles Focus on Leadership and Empowerment

Quantum Coaching founder Melvy Murguia, CPC, and Executive Director Bobbi Nesheim, Ph.D., are facilitating a workshop in Los Angeles, California on Saturday August 11, 2007. "Power Up Your Beliefs to Success" will take place at the Radisson LA Westside, 6161 W. Centinela Ave., Culver City, CA from 9 am to 1 pm. Murguia and Nesheim created the four-hour interactive session to help business professionals and individuals clarify what they really believe and to use this knowledge to achieve greater success in their careers and in their lives. Participants will learn to challenge their present assumptions and overcome limitations that may be preventing them from achieving the results they want most.

(PRWeb) July 17, 2007 -- [Quantum Coaching](#) founder Melvy Murguia, CPC, and Executive Director Bobbi Nesheim, Ph.D., are facilitating a workshop in Los Angeles, California on Saturday August 11, 2007. "Power Up Your Beliefs to Success" will take place at the Radisson LA Westside, 6161 W. Centinela Ave., Culver City, CA from 9 am to 1 pm.

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Quantum Coaching programs and presentations help organizations, businesses and individuals explore their professional and personal potential, define their talents, and identify their goals. The Quantum approach is based on the discoveries of the human potential movement and brings its lessons into all areas of life.

In recent years, coaching has been adopted by business and industry to align a company's vision, mission and action to greater productivity and profitability. Murguia and Nesheim make it clear that success in a career is connected to success in other areas of life.

"We challenge participants to look inward and discover they can awaken an inner passion for what they do at work or at play," says Murguia. "We support them in exploring new areas of self-actualization and fulfillment."

"We offer methods for aligning stated goals with passions, reducing and managing stress, and improving relationships in the workplace, as well as other areas of life," adds Nesheim.

Shifts in the job market have created new challenges. Downsizing, reorganization, mergers, acquisitions and a host of other organizational issues, create opportunities to embrace change. Learning how to manage the change process to your advantage is what "Power Up Your Beliefs to Success" is all about.

Quantum workshop participants develop short and long-term business and life strategies. Quantum offers ongoing coaching support for career and personal planning. Leadership and relationship skills, personal development, and career advancement strategies are available for those who wish to continue working with

Quantum coaches.

Here are comments from recent seminar attendees:

According to R.M., "The workshop was a wonderful wake up call. I am no longer waiting for something outside of me to advance my career. I am now making it happen - step by step. Living with accountability has brought in a deep sense of empowerment."

"The coaching was excellent! The greatest shift I have been able to make is to trust myself. This has translated into an increase of taking risks, stretching boundaries and giving myself permission to do what works for me! My life has changed by quantum leaps," said B.D.

"During Quantum Coaching's engagement here, we were able to precisely diagnose issues requiring attention, learn the skills necessary to prevent those issues from resurfacing and make a permanent positive impact on this organization and on the lives of the team," said H.I.

Quantum is offering a workshop in October on "Leadership from the Inside Out." Based on the premise that authentic leadership is the ability to inspire from the heart, guide from the mind, and to serve through actions, it offers participants an indispensable tool for personal and career growth. Visit <http://www.quantamcoaching/comingevents.html> for more information.

About Quantum Coaching Seminars

Quantum coaches are experts in human development. Its Seminars and Workshops for both executives and employees encourage self-awareness, team building through communication, performance improvement through accountability, and authentic leadership through professional development.

Quantum Coaching programs and services are highly interactive. They are designed to empower and inspire participants to achieve value in all areas of their professional and personal lives. Quantum Coaches speak to the clients' inner passions and purposes, helping to align their potential actions with their visions and goals. Its seminars and workshops can be customized to reflect a business, organization, or company's specific needs.

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