

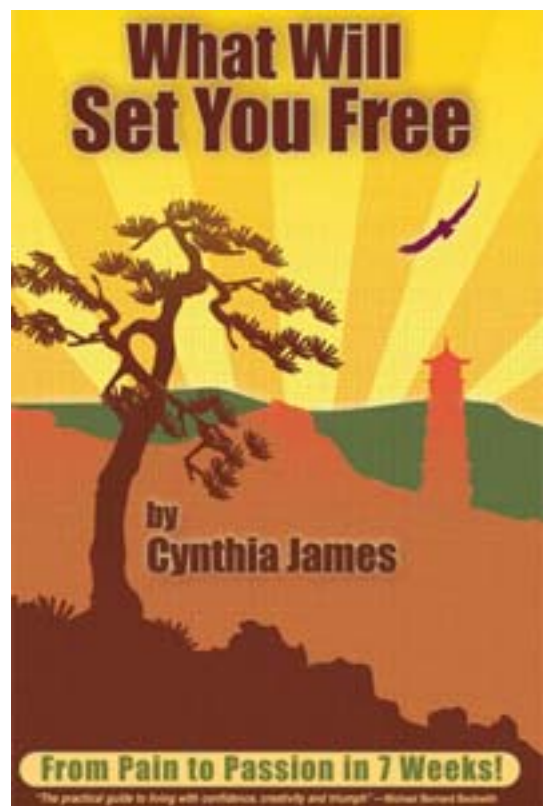
What Will Set You Free is the first book and CD toolkit utilizing meditation, affirmations, journaling and Cynthia's guidance to transform your life.

The toolkit provides a roadmap to assist individuals in lasting healing so they may live a joyous, healthy and peaceful life.

- *combines reading, art, music, writing and prayer to anchor changes at a spiritual level*
- *not only inspires you to make the changes in your life but shows the way to change*
- *provides encouragement and guidance on how to live a purpose-filled life*

What Will Set You Free is your Roadmap on how to be set free from destructive life patterns

What Will Set You Free makes the transformational workshops of Rev. Cynthia James available to everyone. Having already transformed thousands of lives, Cynthia guides you through a seven week program to move from pain to passion.



FREEDOM IS A CHOICE™

“The Practical Guide to living with confidence, creativity and triumph” – Michael Bernard Beckwith Founder and Spiritual Director of Agape International Spiritual Center

“Brilliant! This is inspired writing.” – Barry Heerman author of Noble Purpose

For more information visit www.whatwillsetyoufree.com