

Alkemists Pharmaceuticals Plant List

<i>Latin Name</i>	<i>Common</i>	<i>Latin Name</i>	<i>Common</i>
Acacia catechu (L.F.) Willd. [Fabaceae]	Acacia	Akebia trifoliata (Thumb.) Koidz. [Lardizabalaceae]	Akebia, San Ye Mu Tong
Acacia cultriformis Cunn. ex Don cv. Cascade [Fabaceae]	yucca	Albizia lebeck (L.) Benth. [Fabaceae]	Lebbek tree
Acacia nilotica / Acacia arabica (L.) Wild ex Delile [Fabaceae]	Indian gum arabic tree	Alchemilla vulgaris [Rosaceae]	Lady's Mantle
Acacia senegal (L.) Willd. [Fabaceae]	Gum arabic tree	* Aletris farinosa L. [Liliaceae]	Aletris, Star Grass
Acacia seyal Delile [Fabaceae]	Talh	Alisama spp.	Alisma
* Achillea millefolium L. [Asteraceae]	Yarrow	Alisma plantago-aquatica L. ssp. Orientale (Sam.) sam. [Alismataceae]	Asian Water Plantain
Aconitum carmichaeli Debeaux [Ranunculaceae]	Chinese Aconite	* Allium sativum L. [Liliaceae]	Garlic
* Acorus calamus L. [Acoraceae]	Calamus	Aloe ferox Mill. [Liliaceae]	Cape Aloe
Actaea cimicifuga/Cimicifuga foetida	Chinese cimicifuga	Aloe vera/ Aloe barbadensis (L.) Burm. F. [Liliaceae]	Aloe Vera
Actaea dahurica (Turcz. Ex Fisch. & C.A. Mey.) Franch. [Ranunculaceae]	Chinese cimicifuga	Aloysia triphyllase / Lippia citriodora Palau [Verbenaceae]	Lemon Verbena
Actaea heracleifolia / Sheng Ma (Kom) J. Compton [Ranunculaceae]	Chinese cimicifuga	Alpinia officinarum [Zingiberaceae]	Galangal
Actaea pachypoda Ell. [Ranunculaceae]	White Baneberry	Alternanthera lehmanii [Amaranthaceae]	Picurullana quina
* Actaea podocarpa L. [Ranunculaceae]	Yellow Cohosh	* Althaea officinalis L. [Malvaceae]	Marshmallow
* Actaea racemosa L. [Ranunculaceae]	Black Cohosh	Amanita muscaria	Amanita muscaria
Actaea rubra (Ait.) Willd. [Ranunculaceae]	Red Baneberry	* Ammi visnaga (L.) Lam. [Apiaceae]	Khella
Adenophora stricta / Adenophora glehniae / nan sha shen Miq. [Campanulaceae]	Andenophora	Amorphophallus konjac	Konjac
Aegle marmelos (L.) Correa [Rutaceae]	Bael tree	Anacardium occidentale L. [Anacardiaceae]	Cashew
* Aesculus hippocastanum L. [Hippocastanaceae]	Horse chestnut	Anadenanthera Macrocarpa	Angico Curupai
Agaricus brasiliensis	Brazilian Blazei	Anadenanthera colubrina	Vilca
Agaricus campestris	Agaricus campestris	Anadenanthera peregrina	Anadenanthera peregrina
* Agastache foeniculum (Pursh) Kuntze [Lamiaceae]	Anise-hyssop	Ananas comosus (L.) Merr. [Bromeliaceae]	Pineapple
Agastache rugosa	Huo Xiang	* Andrographis paniculata (Burm. F.) Nees [Acanthaceae]	Andrographis
Agathosma betulina / Barosma betulina (P.J. Bergius) Pillans [Rutaceae]	Buchu	Anemarrhena asphodeloides Bunge [Liliaceae]	Anemarrhena
Agave americana L. [Agavaceae]	American aloe	* Anemopsis californica (nutt.) Hook & Arn. [Saururaceae]	Yerba mansa
* Ageratina altissima (v roanensis [Small, Clewell & Woot.])	White Snakeroot	* Anethum graveolens L. [Apiaceae]	Dill
* Agrimonia eupatoria L. [Rosaceae]	Agrimony	Angelica acutiloba (Sieb. & Zucc.) Kitag. [Umbelliferae]	Dong dang gui
Ajuga turkestanica	Ajuga turkestanica	* Angelica archangelica L. [Apiaceae]	Angelica
		* Angelica dahurica (Fisch. Ex Hoffm.) [Apiaceae]	Fragrant angelica
		* Angelica sinensis (Oliv.) Diels [Apiaceae]	Dong Quai
		Annona muricata	Graviola

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Aphanizomenon flosaquae	Blue Green Algae	* Asparagus officinalis L. [Liliaceae]	Asparagus
* Apium graveolens (Mill.) Gaud. [Apiaceae]	Celery wild	Asparagus racemosus Willd. [Liliaceae]	Asparagus
Aralia elata	Aralia	Asphaltum	Shilajit
* Aralia nudicaulis L. [Araliaceae]	Wild sarsaparilla	Aspidosperma quebracho-blanco	Quebracho Blanco
~ Aralia racemosa L. [Araliaceae]	Spikenard	Astragalus gummifer Labill. [Fabaceae]	Tragacanth milkvetch
Arctium lappa L. [Asteraceae]	Burdock great	* Astragalus membranaceus (Fisch. Ex Link) Bunge [Fabaceae]	Astragalus Root
* Arctium minus Bernh. [Asteraceae]	Lesser burdock	Atractylodes lancea (Thunb.) DC. [Asteraceae]	Atractylodes Cang-zhu
Arctostaphylos pungens Kunth [Ericaceae]	Mexican manzanita	Atractylodes macrocephala Koidz. [Asteraceae]	Atractylodes Bai- Zhu
Arctostaphylos uva-ursi / Bearberry (L.) Spreng. [Ericaceae]	Uva-ursi	* Atropa belladonna L. [Solanaceae]	Belladonna
* Areca catechu L. [Arecaceae]	Betel nut palm	Avena fatua L. [Poaceae]	Oat Straw, wild oat
Argentina anserina / Potentilla anserina (L.) Rydb. [Rosaceae]	Five Finger Grass	* Avena sativa L. [Poaceae]	Oat Straw
Aristolochia manshuriensis Kom. [Aristolochiaceae]	Manchurian Birthwort	Azadirachta indica A. Juss. [Meliaceae]	Neem
* Armoracia rusticana P. Gaertn. Et al. [Brassicaceae]	Horseradish	Backhousia citriodora F. Muell. (Queensland) [Myrtaceae]	Backhousia citriodora
Arnebia euchroma (Royle) I.M. Johnst. [Boraginaceae]	Arnebia, Zi Cao	Bacopa monnieri (L.) Pennell [Scrophulariaceae]	Bacopa
Arnica cordifolia Hook. [Asteraceae]	Arnica	Balsamodendron myrrha	Myrrh
* Arnica montana L. [Asteraceae]	Arnica	~ Bambusa textilis M. [Poaceae]	Bamboo
* Aronia melanocarpa	Aronia	Banisteriopsis caapi	Ayahuasca
Artemisia abrotanum L. [Asteraceae]	Southernwood	* Baptisia alba (L.) R. Brown [Fabaceae]	White Indigo
Artemisia absinthium L. [Asteraceae]	Wormwood	* Baptisia tinctoria (L.) R. Br. [Fabaceae]	Wild Indigo Root
* Artemisia annua L. [Asteraceae]	Sweet wormwood/ Qing hao	Bee Pollen	Bee Pollen Powder
Artemisia anomala	Artemisia anomala/ liu ji nu	Benzodiazepine	Estazolam
Artemisia argyi	Chinese mugwort/ ai ye	Berberine chloride	Berberine chloride
Artemisia capillaris	Artemisia capillaris/ Yin chen	Berberis aristata DC. [Berberidaceae]	Indian Barberry
* Artemisia vulgaris L. [Asteraceae]	Mugwort	* Berberis thunbergii [Berberidaceae]	Japanese barberry
~ Arthrospira maxima Setchell & Gardner [Oscillatoriaceae]	Spirulina Maxima	Berberis vulgaris L. [Berberidaceae]	Barberry European
Arthrospira platensis / Spirulina platensis (Nordst.) Gomont [Oscillatoriaceae]	Spirulina	Beta vulgaris L. [Chenopodiaceae]	Red Beet
* Asarum canadense L. [Aristolochiaceae]	American Wild Ginger	* Betula lenta(sweet) pendula(euro) L. [Betulaceae]	Birch
* Asclepias tuberosa L. [Asclepiadaceae]	Pleurisy root, butterfly weed	Betula pubescens / Betula alba L. [Betulaceae]	Birch
Ascophyllum nodosum Le Jol. [Fucaceae]	Kelp powder	Biophytum sensitivum / Biota orientalis (L.) DC. [Oxalidaceae]	Life Plant
Ascorbic Acid	Vitamin C	Boerhavia diffusa L. [Nyctaginaceae]	Boerhavia, Spreading Hogweed
Asparagus cochinchinensis (Lour.) Merr. [Liliaceae]	Asparagus Chinese	* Borago officinalis L. [Boraginaceae]	Borage

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Boswellia sacra / Boswellia carteri Flueck. [Burseraceae]	Frankincense, Boswellia	Centaurea cyanus L. [Asteraceae]	Corn flw, Cyani flowers
Boswellia serrata Roxb. [Burseraceae]	Indian Frankincense	Centaurium erythraea Rafn [Gentianaceae]	European Centaury
bovine cartilage	Bovine cartilage	Centella asiatica (L.) Urb. [Apiaceae]	Gotu Kola
* Brassica oleracea capitata L. [Brassicaceae]	Cabbage	Cephalosporium sinensis (Berk.) Sacc. [Clavicipitaceae]	Cordyceps
~ Brassica oleracea L. var. acephala DC. [Brassicaceae]	Kale	* Chamaelirium luteum (L.) A. Gray [Liliaceae]	False Unicorn Root
Brassica oleracea L. var. gemmifera [Brassicaceae]	Brussel Sprouts	Chamaemelum nobile (L.) All. [Asteraceae]	Roman chamomile
Brassica oleracea L. var. italica Plenck [Brassicaceae]	Broccoli	Chamaesyce hirta / euphorbia pilufera / Euphorbia hirta (L.) Millsp. [Euphorbiaceae]	Euphorbia
Brassica oleracea var. botrytis L. [Brassicaceae]	Cauliflower	Changium smyrnioides Wolff [Apiaceae]	Changium, Ming Dang Shen
Brassica pekinesis [Brassicaceae]	Chinese Cabbage	Chelidonium majus L. [Papaveraceae]	Celandine
Brugmansia spp. [Solanaceae]	Angel's Trumpet	* Chenopodium album L. [Chenopodiaceae]	Lamb's quarter
Brunfelsia grandiflora D. Don [Solanaceae]	Chiric Sanago	Chenopodium ambrosioides	Epazote
Bufo marinus L.	Cane toad	Chenopodium quinoa	Quinoa
Bupleurum chinense / falcatum DC [Apiaceae]	Bupleurum, Chinese thoroughwax	Chimaphila umbellata (L) W.P.C. Barton [Pyrolaceae]	Pipsissewa
Caffeine	Caffeine	* Chionanthus virginica L. [Oleaceae]	Fringe tree bark
Calea zacatechichi [Compositae]	Leaf of God	Chlorella pyrenoidosa	Chlorella
* Calendula officinalis L. [Asteraceae]	Calendula	Chlorella vulgaris Beij. [Chlorophyceae]	Chlorella
Calliandra calothyrsus Meissner [Mimosoideae]	Angels's Hair	Chondroitin sulfate	Chondroitin sulfate
Calliandra surinamensis Benth.	Surinamese stickpea	Chondrus crispus Stackh. [Gigartinales]	Irish moss
Camellia sinensis (L.) Kuntze [Theaceae]	Green Tea	Chromium	Chromium
* Capsella Bursa-pastoris (L.) Medik. [Brassicaceae]	Shepherd's Purse	* Chrysanthemum leucanthemum Lam. [Asteraceae]	Ox-Eye Daisy
Capsicum annum L. [Solanaceae]	Cayenne	Chrysanthemum sinense [Asteraceae]	Chrysanthemum
Caralluma fimbriata	Caralluma fimbriata	Cichorium endiva	Chicory (Endive)
Carica papaya L. [Caricaceae]	Papaya	* Cichorium intybus L. [Asteraceae]	Chicory
Carthamus tinctorius L. [Asteraceae]	Safflower	Cinchona succiruba Vahl [Rubiaceae]	Quinine, Red cinchona
Carum carvi L. [Apiaceae]	Caraway	Cinnamomum aromaticum / Cinnamomum cassia Nees [Lauraceae]	Cassia, Chinese Cinnamon
* Catha edulis (Vahl) Forssk. Ex Endl. [Celastraceae]	Khat	Cinnamomum burmannii [Lauraceae]	Cinnamon malaysian, Padang cassia
* Catharanthus roseus (L.) G. Don [Apocynaceae]	Madagascar periwinkle	* Cinnamomum verum J. Presl [Lauraceae]	Ceylon cinnamon
* Caulophyllum thalictroides (L.) Michx. [Berberidaceae]	Blue Cohosh	Cistanche deserticola Ma [Orobanchaceae]	Desert Broomrape
* Ceanothus americanus L. [Rhamnaceae]	Red Root, New Jersey Tea	Citrus Bioflavanoids	Citrus Bioflavanoids
Cedrus atlantica, Manetti [Pinaceae]	Atlas cedarwood		

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Citrus limon (L.) Osbeck [Rutaceae]	Lemon	Corydalis yanhusuo W.T. Wang [Papaveraceae]	Corydalis yanhusuo, Chinese Fumewort
Citrus maxima (Burm. f.) Merr [Rutaceae]	Pomelo	Crataegus laevigata / Crataegus oxyacantha (Poir) DC. [Rosaceae]	Hawthorn
Citrus medica	Citron	Crataegus monogyna Jacq. [Rosaceae]	Hawthorn
Citrus Paradisi Macfad. [Rutaceae]	Grapefruit	Crataegus pinnatifida Bunge [Rosaceae]	Chinese Hawthorn
Citrus reticulata Blanco [Rutaceae]	Tangerine	Crateva nurvala Buch.-Ham. [Capparaceae]	Varuna
Citrus sinensis (L.) Osbeck [Rutaceae]	Orange	Crocus sativus L. [Iridaceae]	Saffron
Citrus x aurantium L. [Rutaceae]	Bitter Orange	Croton lechleri Mull.Arg. [Euphorbiaceae]	Dragon's blood
Clematis spp. [Ranunculaceae]	Clematis	Cucurbita pepo L. [Cucurbitaceae]	Pumpkin
* Clematis terniflora	Sweet Autumn Virgin's-bower	Curcuma longa L. [Zingiberaceae]	Turmeric
* Clematis viorna	Northern Leather Flower	Cyamopsis tetragonolobus	Guar
* Clematis virginiana	Virgin's-bower	Cymbopogon citratus (Dc ex. Nees) Stapf [Poaceae]	Lemon Grass
* Cnicus benedictus L. [Asteraceae]	Blessed Thistle	Cymbopogon nardus (L.) Rendle [Poaceae]	Citronella
Cnidium monnieri (L.) Cusson ex Juss. [Apiaceae]	Cnidium	Cynara scolymus L. [Asteraceae]	Artichoke
Co Enzyme Q10	CoQ10	Cyperus rotundus L. [Cyperaceae]	Nutgrass, Cyperus
Codonopsis Pilosula (Franch.) Nannf. [Campanulaceae]	Dang Shen	Cypripedium acaule Aiton [Orchidaceae]	Pink Lady's Slipper
Coffea arabica L. [Rubiaceae]	Arabian Coffee	* Datura stramonium L. [Solanaceae]	Jimson weed
* Coix lacryma-jobi [Poaceae L.]	Job's Tears	* Daucus Carota L. [Apiaceae]	Carrot
Cola acuminata (Pall) Schott & Endl. [Sterculiaceae]	Cola	Delosperma britteniae [Faucaria]	Delosperma britteniae
Cola Nitida (Vent.) A. Chev. [Sterculiaceae]	Cola	Dendranthema indicum (L.) Des Moul. [Asteraceae]	Wild chrysanthemum
* Collinsonia canadensis L. [Laminaceae]	Stoneroot	Dendranthema x grandiflorum (Ramat.) Kitam. [Asteraceae]	Chrysanthemum
Commiphora molmol (Engl.) Engl. [Burseraceae]	Myrrh, molmol	Desmanthus illinoensis (Michx.) MacM. ex B.L. Robins. & Fern.	Prairie bundleflower
Commiphora mukul (Hook. Ex Stocks) Engl. [Burseraceae]	Guggul	Desmanthus leptolobus Torr. & Gray [Fabaceae]	Slenderlobe bundleflower
Commiphora myrrha (Nees) Engl. [Burseraceae]	Myrrh common	* Desmodium paniculatum	Panicled Tick-trefoil
* Convallaria majalis L. [Liliaceae]	Lily of the Valley	Desmodium sp.	Desmodium
Convolvulus plurcanlis [Convolvulaceae]	Dwarf Morning Glory	DHEA	DHEA
Copernicia prunifera/cerifera (Mill.) H.E. Moore [Arecaceae]	Carnauba wax palm	Digitalis purpurea	Foxglove
Coptis chinensis / Huang Lian Franch. [Ranunculaceae]	Coptis	* Digitaria sanguinalis (L.) Scop. [Poaceae]	Hairy crabgrass
~ Corchorus olitorius	Nalta jute	Dioscorea bulbifera L. [Dioscoreaceae]	Air potato
Cordia salicifolia	Cha de bugre	Dioscorea composita Hemsl. [Dioscoreaceae]	Barbasco
Cordyceps sinensis/ Paecilomyces hepiali [Clavicipitaceae]	Cordyceps	* Dioscorea oppositifolia L. [Dioscoreaceae]	Chinese Yam
* Coriandrum sativum L. [Apiaceae]	Coriander		

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* Dioscorea villosa L. [Dioscoreaceae]	Wild Yam	Eriocereus joubertii	Eriocereus joubertii
Diospyros Kaki Calyx	Persimmon Calyx (Sepal)	Eriodictyon californicum (Hook. & Arn.) Torr. [Hydrophyllaceae]	Yerba Santa
Diploteris Cabrerana (Cuatrecasas) B.Gates [Malpighiaceae]	Huambisa	Erythroxylum catuaba A.J. da Silva ex Hamet [Erthyroxylaceae]	Catuaba
Dulacia inopiflora	The other muira puama	* Eschscholzia californica Cham. [Papaveraceae]	California Poppy
* Echinacea angustifolia DC. [Asteraceae]	Echinacea angustifolia	Eucalyptus citriodora Hook. [Myrtaceae]	Eucalyptus citriodora
Echinacea atrorubens [Asteraceae]	Topeka purple coneflower	Eucalyptus globulus Labill. [Myrtaceae]	Eucalyptus
* Echinacea pallida (Nutt.) Nutt. [Asteraceae]	Echinacea pallida	Eucalyptus Polybractea	Eucalyptus Polybractea
* Echinacea purpurea (L.) Moench [Asteraceae]	Echinacea purpurea	Eucalyptus radiata	Eucalyptus radiata
Eclipta prostrata / Eclipta alba L. [Asteraceae]	Eclipta	Eucommia ulmoides Oliv. [Eucommiaceae]	Eucommia
Elaeis guineensis	Palm Oil	* Eupatorium fistulosum	Hollow-stem Joe-pye-weed
Elettaria cardamomun L. Maton [Zingiberaceae]	Cardamom	* Eupatorium perfoliatum L. [Asteraceae]	Boneset
Eleutherococcus gracilistylus / Acanthopanax gracilistyla A senticosus (W.W. Sm.) S.Y. Hu [Araliaceae]	Acanthopanax	* Eupatorium purpureum L. [Asteraceae]	Queen of the Meadow, Joe pye
* Eleutherococcus senticosus (Rupr. & Maxim.) Maxim. [Araliaceae]	Eleutherococcus senticosus	* Eupatorium rotundifolium	Common Roundleaf Thoroughwort
* Elymus repens L Syn. Agropyron repens (L.) Gould [Poaceae]	Couch grass / Dog grass	* Eupatorium sessilifolium	Sessile-leaf Eupatorium
Embelia ribes Burm f. [Myrsinaceae]	Vidanga	* Eupatorium steelei	Appalachian Joe-pye-weed
Engelhardtia roxburghiana/wallichiana/ chrysolepis	Engelhardia	Euphorbia mamillaris variegata	Euphorbia
Ephedra nevadensis S. Watson [Ephedraceae]	Mormon Tea	* Euphrasia nemorosa [Scrophulariaceae]	Eye Bright Common, Common American
Ephedra sinica Stapf. [Ephedraceae] (Ma Huang)	Ephedra	* Euphrasia stricta / Euphrasia officinalis J.P. Wolff ex J.F. Lehm. [Scrophulariaceae]	Eyebright
Epilobium angustifolium	Small Flower willow Herb	Eurycoma longifolia	Long Jack
Epilobium parviflorum Schreb. [Omagraceae]	Epilobium	Euterpe oleracea	Acai
Epimedium brevicornum Maxim. [Berberidaceae]	Epimedium	Euterpe precatoria Mart. [Arecaceae]	Palmito
Epimedium grandiflorum C. Morren [Berberidaceae]	Barrenwort	Extraneous Material	Extraneous Material
Epimedium sagittatum (Siebold & Zucc.) Maxim. [Berberidaceae]	Epimedium	Fadogia agrestis	Fadogia agrestis
* Equisetum arvense L. [Equisetaceae]	Horsetail/Shave Grass	fatty acids	fatty acids
* Equisetum hyemale L. [Equisetaceae]	Scouring rush, rough horsetail	Ficus carica L. [Moraceae]	fig Edible
* Erigeron strigosus Muhl Muhl. Ex Willd. [Asteraceae]	Fleabane, erigeron	Ficus Racemosa L. [Moraceae]	Fig cluster
		Filipendula ulmaria (L.) Maxim. [Rosaceae]	Meadowsweet, Queen of the Meadow
		* Foeniculum vulgare Mill. [Apiaceae]	Fennel
		Folic Acid	Folic Acid
		Folium Isatidis / Isatis seu Strobianthes [Brassicaceae]	Da Qing Ye
		* Forsythia suspensa (Thunb.) Vahl [Oleaceae]	Forsythia

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<i>Fragaria vesca</i> L. [Rosaceae]	Strawberry	<i>Gnaphalium uliginosum</i> L. [Asteraceae]	Marsh Cudweed
<i>Frangula</i> (<i>Rhamnus</i>) <i>purshiana</i> DC. [Rhamnaceae]	Cascara Sagrada	* <i>Gnaphalium/Pseudognaphalium obtusifolium</i> (L.) Hilliard & Burt [Asteraceae]	Rabbit tobacco
* <i>Fraxinus americana</i> L. [Oleaceae]	White Ash	<i>Grifola frondosa</i> (Dicks.: Fr.) S.F. Gray [Polyporaceae]	Maitake
<i>Fraxinus excelsior</i>	European ash	<i>Grifola umbellatus</i> (Pers Fr.) Pilat [Polyporaceae]	Grifola/ Polyporus umbellatus
<i>Fraxinus</i> spp. [Oleaceae]	Ash Tree	<i>Grindelia camporum / Grindelia robusta</i> Asteraceae [Nutt.]	Grindelia
<i>Fritillaria thunbergii</i> Miq. [Liliaceae]	Zhejiang fritillary, zhe bei mu	<i>Guaiacum officinale</i> L. [Zygophyllaceae]	Guaiacum
<i>Fucus vesiculosus</i> L. [Fucaceae]	Bladderwrack	<i>Gymnema Sylvestre</i> (Retz.) R. Br. Ex Schult [Asclepiadaceae]	Gymnema
<i>Fumaria officinalis</i> L. [Fumariaceae]	Fumitory	<i>Gymnopilus luteofolius</i>	<i>Gymnopilus luteofolius</i>
<i>Galega officinalis</i> L. [Fabaceae]	Goats Rue	<i>Gynostemma pentaphyllum</i> (Thumb.) Makino [Cucurbitaceae]	Gynostemma, Jiao gu lan
* <i>Galium aparine</i> L. [Rubiaceae]	Cleavers	<i>Haliotis iris</i>	Abalone
<i>Galium odoratum / Asperula odorata</i> (L.) Scop. [Rubiaceae]	Woodruff	* <i>Hamamelis virginiana</i> L. [Hamamelidaceae]	Witch Hazel
<i>Ganoderma lucidum</i> (Curtis: Fr.) P. Karst. [Ganodermataceae]	Reishi	<i>Harpagophytum procumbens</i> (Burch.) DC. Ex Meisn. [Pedaliaceae]	Devil's Claw
<i>Garcinia cambogia</i> (Gaertn.) Desr. [Clusiaceae]	Garcinia	* <i>Hedera helix</i> L. [Araliaceae]	English ivy
<i>Garcinia mangostana</i> L. [Clusiaceae]	Mangosteen	<i>Hedysarum polybotris</i> Hand.-Mazz. [Fabaceae]	<i>Hedysarum polybotris</i>
<i>Garcinia Quaesita</i> [Clusiaceae]	Brindle Berry	* <i>Helianthus annuus</i> L. [Asteraceae]	Sun Flower sd
<i>Gardenia Augusta /jasminoides</i> Merr. [Rubiaceae]	Gardenia / Cape Jasmine	<i>Helichrysum arenarium</i> Moench. [Asteraceae]	Yellow chaste weed
<i>Gastrodia elata</i> Blume [Orchidaceae]	Gastrodia	<i>Helonias dioica</i> [Liliaceae]	Unicorn root
<i>Gaultheria fragrantissima</i> [Ericaceae]	Wintergreen, Indian	<i>Hemidesmus indicus</i> (L.) W.T. Aiton [Asclepiadaceae]	Sarsaparilla
* <i>Gaultheria procumbens</i> L. [Ericaceae]	Wintergreen	<i>Heridium erinaceus</i>	Lion's Mane
<i>Gentiana lutea</i> L. [Gentianaceae]	Gentian Root	<i>Hesperidin</i>	Hesperidin
<i>Gentiana macrophylla</i> Pall. [Gentianaceae]	Gentian	<i>Heterotheca inuloides</i> Cass. [Asteraceae]	False Arnica
<i>Gentianella alborosea</i>	Hercampuri	<i>Hibiscus rosa-sinensis</i> L. [Malvaceae]	Hibiscus
* <i>Geranium maculatum</i> L. [Geraniaceae]	Cranesbill Root	<i>Hibiscus sabdariffa</i> L. [Malvaceae]	Hibiscus flwr
* <i>Ginkgo biloba</i> L. [Ginkgoaceae]	Ginkgo	Honey	Honey
* <i>Glechoma hereracea</i> L. [Lamiaceae]	Ground Ivy	* <i>Hoodia currorii</i>	Hoodia
Glucosamine	Glucosamine Sulfate	* <i>Hoodia gordonii</i> (Masson) Sweet ex Decne	Hoodia
Glucosamine HCL	Glucosamine HCL	<i>Hoodia juttae</i>	<i>Hoodia juttae</i>
<i>Glycine max</i> Merr. [Fabaceae]	Soy	<i>Hoodia macrantha</i>	<i>Hoodia macrantha</i>
* <i>Glycyrrhiza glabra</i> L. [Fabaceae]	Licorice	* <i>Hoodia parviflora</i>	Hoodia
~ <i>Glycyrrhiza korshinskyi</i> Grig. [Fabaceae]	Oriental licorice	<i>Hoodia piliferum</i>	Hoodia
* <i>Glycyrrhiza uralensis</i> Fisch. Ex DC. [Fabaceae]	Chinese Licorice, Gan Cao		

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Hoodia ruschii	Hoodia	Justicia adhatoda L. [Acanthaceae]	Malabar nut tree
Hordeum vulgare L. [Poaceae]	Barley	Justicia Pectoralis	Masha-hari
* Houttuynia cordata	Chameleon plant	L Valine	Valine
Humulus lupulus L. [Cannabaceae]	Hops	* Lactuca virosa L. [Asteraceae]	Wild Lettuce, lactucarium
Huperzia serrata (Thunb. Ex Murray) Trevis [Lycopodiaceae]	Toothed Club Moss	Lagerstroemia speciosa	Banaba
* Hydrangea arborescens L. [Hydrangeaceae]	Hydrangea root	~ Laminaria digitata (Huds.) J.V. Lamour. [Laminariaceae]	Kelp
~ Hydrangea umbellata Rehder	Chinese Hydrangea	Laminaria Japonica Algae Thallus	Kelp Thallus
* Hydrastis canadensis L. [Ranunculaceae]	Golden seal	Larix occidentalis Nutt. [Pinaceae]	Larch western
* Hypericum perforatum L. [Clusiaceae]	St John's Wort	Larrea tridentata / Larrea divaricata (Sesse & Moc. Ex DC.) Coville [Zygophyllaceae]	Chaparral
* Hyssopus officinalis L. [Lamiaceae]	Hyssop	* Lavandula angustifolia/ Lavandula officinalis Chaix. Mill. [Lamiaceae]	Lavender English/French
Ilex paraguariensis A. St.-Hil. [Aquifoliaceae]	Yerba Mate	Lawsonia inermis L. [Lythraceae]	Henna pwdr
* Illicium anisatum L. Sieb. & Zucc. [Illiciaceae]	Bastard Star Anise	Lentinula edodes (Berk.) Singer [Tricholomataceae]	Shiitake
Illicium floridanum	Alba	* Leonurus cardiaca L. [Lamiaceae]	Motherwort
Illicium henryi	Illicium henryi	Leonurus japonicus	Chinese Motherwort
Illicium lanceolatum	Illicium lanceolatum	Lepidium meyenii Walp. [Brassicaceae]	Maca powder
Illicium mexicanum	Aztec fire	Leuzea carthamoides/Rhaponticum carthamoides [Asteraceae]	Leuzea or Maral root
Illicium parviflora	Illicium parviflorum	* Levisticum officinale Koch. [Umbelliferae]	Lovage
Illicium verum Hook. F. [Illiciaceae]	Star anise	Ligusticum porteri J.M. Coult. & Rose [Apiaceae]	Osha
Impatiens balsamina L. [Balsaminaceae]	Garden balsam	* Ligusticum sinense Oliv. [Apiaceae]	Sichuan lovage
Indigo pulverata levis	Qing Dai Fen	Ligustrum lucidum W.T. Aiton [Oleaceae]	Ligustrum / Nu Zhen Zi
Indigofera tinctoria L. [Fabaceae]	Indigo	Ligustrum spp. [Oleaceae]	Ligustrum spp.
Inonotus obliquus	Chaga	Lindera aggregata (Sims) Kosterm. [Lauraceae]	Lindera
* Inula helenium L. [Asteraceae]	Elecampane Root	Linum usitatissimum L. [Linaceae]	Flax
Inula racemosa Hook. F. [Asteraceae]	Indian Elecampane, Pushkarmula	L-Isoleucine	L-Isoleucine
Ipomoea batatas (L.) Lam. [Convolvulaceae]	Sweet Potato	* Lobelia cardinalis L. [Campanulaceae]	Cardinal flower
* Iris chrysophylla T.J. Howell [Iridaceae]	Yellowleaf Iris	* Lobelia inflata L. [Campanulaceae]	Lobelia
Iris germanica	Orris	Lobostemon trigonus (Thunb.) H.Buek [Boraginaceae]	Echium trigonum
* Iris versicolor L. [Iridaceae]	Blue Flag	* Lonicera dioica Linnaeus var. dioica [Caprifoliaceae]	Limber Honeysuckle
Isatis indigotica Fortune [Brassicaceae]	Isatis	* Lonicera Japonica / Jin Yin Hua Thunb. [Caprifoliaceae]	Japanese Honeysuckle
Isatis tinctoria L. [Brassicaceae]	Dyer's wood, isatis	Lonicera spp. [Caprifoliaceae]	Honeysuckle
* Juglans cinerea L. [Juglandaceae]	Butternut Tree Bark		
* Juglans nigra L. [Juglandaceae]	Black Walnut		
Juniperus communis L. [Cupressaceae]	Juniper		

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Lophatherum gracile Brogn. [Poaceae]	Lophatherum	Mimosa hostilis (Mart.) Benth.	Jurema preta
Lutein	Lutein	Mimosa tenuifolia L.	Mimosa tenuifolia
Lycium barbarum	Barbary wolfberry	Mimosa Verrucosa Benth. [Mimosaceae]	Jurema Branca
Lycium chinense Mill. [Solanaceae]	Lycium, wolfberry	* Mitchellia repens L. [Rubiaceae]	Squaw Vine, partridge berry
* Lycopersicon esculentum Mill. [Solanaceae]	Tomato	Mitragyna speciosa	Kratom, Mitragyna speciosa
Lycopus americanus Muhl. Ex W.P.C. Barton [Lamiaceae]	American bugleweed	Momordica charantia L. [Cucurbitaceae]	Bitter melon
Lycopus lucidus T. var. hirtus Regel. [Labiatae]	Ze Lan	Momordica grosvenorii/Siraitia grosvenorii	Luo Han Guo
* Lycopus virginicus L. [Lamiaceae]	Bugleweed	* Monarda didyma	Oswego tea
Lygopodium	Jurema Herva	~ Monarda fistulosa L. [Lamiaceae]	Wild Bergamont Beebalm
Magnesium	Magnesium	Monascus purpureus Went. [Monascaceae]	Red Yeast
Magnolia hypoleuca Siebold & Zucc. [Magnoliaceae]	Japanese magnolia	Morella cerifera / Myrica cerifera (L.) Sm. [Myricaceae]	Bayberry, Wax myrtle
Magnolia officinalis Rehder & E.H. Wilson [Magnoliaceae]	Magnolia	Morinda citrifolia L. [Rubiaceae]	Indian Mulberry, noni
* Mahonia aquifolium / Berberis aquifolium (Pursh) Nutt. [Berberidaceae]	Oregon Grape	Morinda officinalis F.C. How [Rubiaceae]	Morinda
Malpighia glabra L. [Malpighiaceae]	Acerola	~ Moringa oleifera Lam. [Moringaceae]	Horseradish tree
* Malus pumila/ Malus domestica Mill. [Rosaceae]	Apple	Mortierella hepiala [Clavicipitaceae]	Cordyceps
* Malva sylvestris L. [Malvaceae]	High mallow	* Morus alba L. [Moraceae]	White Mullberry / Sang Ye
Manganese	Manganese	* Mucuna pruriens (L.) DC. [Fabaceae]	Velvet bean, cowitch
* Marrubium vulgare L. [Lamiaceae]	Horehound	Musa pardisiaca L. [Musaceae]	Bananna, plantain
* Matricaria recutita L. [Asteraceae]	Chamomile	Myrcia uniflorus	Pedra hume caá
Maytenus macrocarpa	Chuchuhuasi	Myrciaria dubia (kunth) McVaugh [Myrtaceae]	Camu-Camu
* Medicago sativa L. [Fabaceae]	Alfalfa	Myristica fragrans Houtt. [Myristicaceae]	Nutmeg
* Melaleuca alternifolia (Maiden & Betche) Cheel [Myrtaceae]	Tea Tree / Melaleuca	Nardostachys jatamansi (D. Don) DC. [Valerianaceae]	Jatamansi
* Melilotus alba	White Sweetclover	Nelumbo nucifera Gaertn. [Nymphaeaceae]	Sacred lotus
* Melilotus officinalis (L.) Pall. [Fabaceae]	Yellow sweetclover	* Nepeta cataria L. [Lamiaceae]	Catnip
* Melissa officinalis L. [Lamiaceae]	Lemon Balm	Nepeta tenuifolia / Schizonepeta multifida Benth. [Lamiaceae]	Jing Jie
menaquinone-7 (1mcg/mb of Mk-7)	K2 Vitamin (Vita K)	* Nicotiana tabacum L. [Solanaceae]	Tobacco
Mentha canadensis / Mentha haplocalyx Briq. [Lamiaceae]	Chinense mint	Nopal from SS	Nopal
* Mentha piperita L. [Lamiaceae]	Peppermint	Ocimum basilicum L. [Lamiaceae]	Sweet Basil
* Mentha pulegium L. [Lamiaceae]	European Pennyroyal	* Ocimum tenuiflorum / Ocimum sanctum L. [Lamiaceae]	Basil holy/Tulsi
* Mentha spicata [Lamiaceae]	Spearmint	* Oenothera biennis L [Onagraceae]	Evening Primrose
Menyanthes trifoliata L. [Menyanthaceae]	Bog Bean	Oenothera rosea L'Her wx Aiton [Onagraceae]	Rose Evening Primrose
Methylsulfonylmethane	Methylsulfonylmethane		
Methylparaben	Methylparaben		

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<i>Olea europaea</i> L. [Oleaceae]	Olive	* <i>Petasites japonicus</i> (Sieb. & Zucc.) Maxim. [Asteraceae]	Japanese sweet coltsfoot
<i>Ononis spinosa</i> / <i>Ononis campestris</i> L. [Fabaceae]	Restharrow	* <i>Petiveria alliacea</i> [Phytolaccaceae]	Anamu
<i>Ophiopogon japonicus</i> (L.f.) Ker Gawl. [Liliaceae]	Ophiopogon	* <i>Petroselinum crispum</i> / <i>Petroselinum sativum</i> (Mill.) Nyman ex A.W. Hill [Apiaceae]	Parsley
<i>Oplopanax horridus</i> (Sm.) Miq. [Araliaceae]	Devil's club	<i>Peumus boldus</i> Molina [Monimiaceae]	Boldo
<i>Opuntia dillenii</i> (Ker Gawl.) Haw.	Opuntia	<i>Pfaffia glomerata</i>	Suma
<i>Opuntia ficus-indica</i> Mill. [Cactaceae]	Prickly pear	<i>Pfaffia paniculata</i> (Mart.) Kuntze [Amaranthaceae]	Suma
<i>Opuntia streptacantha</i>	Nopalis	<i>Phalaris aquatica</i> L. [Poaceae]	Bulbous canarygrass
* <i>Origanum vulgare</i> L. spp. <i>Hirtum</i> (Link) <i>letsvaart</i> [Lamiaceae]	Oregano	* <i>Phalaris arundinacea</i> L. [Poaceae]	Reed canarygrass
<i>Orthosiphon aristatus</i>	Java Tea	<i>Phalaris brachystachys</i> [Poaceae]	Shortspike canarygrass
~ <i>Oryza sativa</i> L. [Poaceae]	Rice	<i>Phaseolus vulgaris</i> L. [Fabaceae]	Kidney Bean Common Bean
<i>Pachycereus grandis</i> Rose	Cactus grandis	<i>Phellodendron amurense</i> Rupr. [Rutaceae]	Phellodendron
* <i>Paeonia lactiflora</i> Pall. [Paeoniaceae]	Chinese Peony	<i>Phellodendron chinense</i> Schneid. [Rutaceae]	Phellodendron
<i>Palmaria palmata</i> (L.) Kuntze [Palmariaceae]	Dulse	<i>Phragmites australis</i> (Cav.) Trin. Ex Steud. [Poaceae]	Phragmites
* <i>Panax Ginseng</i> C.A. Mey [Araliaceae]	Ginseng, Korean	<i>Phyllanthus emblica</i> L. [Euphorbiaceae]	Amla, amalaki
<i>Panax pseudoginseng</i> Wall. Var. <i>notoginseng</i> (Burkill) G. Hoo & C.J. Tseng [Araliaceae]	Noto-pseudo ginseng	<i>Phyllanthus niruri</i> L. [Euphorbiaceae]	Phyllanthus
* <i>Panax quinquefolius</i> L. [Araliaceae]	American ginseng	<i>Phyllostachys nigra</i> (Lodd.) Munro [Poaceae]	Henon Bamboo
<i>Parietaria judaica</i> L. [Urticaceae]	Pellitory-of-the-wall	* <i>Phytolacca americana</i> / <i>Phytolacca decandra</i> L. [Phytolaccaceae]	Poke root
* <i>Parthenium integrifolium</i> L. [Asteraceae]	Prairie dock / Missouri Snakeroot	<i>Picrasma excelsa</i> (Sw.) Planch. [Simaroubaceae]	Jamaican Quassia, bitterwood
<i>Passiflora alata</i> Dryander [Passifloraceae]	Passionflower	<i>Picrorhiza kurroa</i> Royle ex Benth. [Scrophulariaceae]	Picrorhiza
* <i>Passiflora incarnata</i> L. [Passifloraceae]	Passion Flower	<i>Pimpinella anisum</i> L. [Apiaceae]	Anise
<i>Paullinia cupana</i> Kunth [Sapindaceae]	Guarana	<i>Pinellia ternata</i> (Thunb.) [Araceae]	Crowdipper
<i>Pausinystalia johimbe</i> (K. Schum.) Pierre ex Beille [Rubiaceae]	Yohimbe	<i>Pinus maritima</i> / <i>pinus pinaster</i> Poir. [Pinaceae]	Pine maritime
<i>Pelargonium graveolens</i> L'Her. Ex Aiton [Geraniaceae]	Sweet-scented geranium	~ <i>Pinus massoniana</i> Lamb. [Pinaceae]	Masson pine
<i>Pelargonium x asper</i>	Geranium	* <i>Pinus strobus</i> L. [Pinaceae]	White Pine
<i>Peonia officinalis</i>	European Peony Root	* <i>Pinus sylvestris</i> L. [Pinaceae]	Scotch (Common) Pine
* <i>Perilla frutescens</i> (L) Britt. [Lamiaceae]	Perilla	<i>Piper cubeba</i> L.f. [Piperaceae]	Cubeb
<i>Periploca sepium</i> Bunge [Asclepiadaceae]	<i>Periploca sepium</i>	<i>Piper Longum</i> L. [Piperaceae]	long Pepper
<i>Petasites frigidus</i> (L.) Fries [Asteraceae]	Arctic butterbur	<i>Piper methysticum</i> G.Forst. [Piperaceae]	Kava Kava
<i>Petasites hybridus</i> (L.) P.Gaertn. et al [Asteraceae]	Butterbur	<i>Piper nigrum</i> L. [Piperaceae]	Black Pepper
		~ <i>Piper sanctum</i> (Miq.) Schltdl. [Piperaceae]	<i>Piper sanctum</i>

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Piscidia erythrina L. Sarg. [Fabaceae]	Jamaican Dogwood	Poria cocos (Wolfiporia cocos) (F.A. Wolf) Ryvarden & Gilb. [Polyporaceae]	Poria
Pisum sativum L. [Fabaceae]	Pea	Potentilla erecta (L.) Rausch [Rosaceae]	Tormentilla Root
Plantago asiatica L. [Plantaginaceae]	Asian Plantain	* Potentilla recta L. [Rosaceae]	Sulphur Cinquenfoil
* Plantago lanceolata L. [Plantaginaceae]	English plantain	* Primula veris L. [Primulaceae]	Cowslip
* Plantago major L. [Plantaginaceae]	Plantain	Propolis	Bee Propolis
Plantago ovata Forssk. [Plantaginaceae]	Psyllium, Indian plantain	* Prunella vulgaris L. [Lamiaceae]	Heal All
Plantago psyllium L. / Plantago arenaria Waldst. & Kit. [Plantaginaceae]	Psyllium, Plantago arenaria	Prunus domestica L. [Rosaceae]	Plum, prune
* Plantago rugelii [Plantaginaceae]	Pale Plantain	* Prunus africana (Hook. F.) Kallman [Rosaceae]	Pygeum
* Platycodon grandiflorum (Jacq.) A. DC. [Campanulaceae]	Platycodon, Jie Geng	Prunus armeniaca L. [Rosaceae]	Apricot, ku xing ren
* Plectranthus barbatus / Coleus forskohlii Andrews [Lamiaceae]	Coleus forskohlii	Prunus dulcis (Mill.) D.A. Webb [Rosaceae]	Almond
Pleurotus ostreatus	Osyter	Prunus japonica Thunb. [Rosaceae]	Japanese bush cherry
* Podophyllum peltatum L. L. [Berberidaceae]	Mayapple	Prunus mume Siebold & Zucc. [Rosaceae]	Japanese apricot
Pogostemon cablin	Patchouli/ Guang huo xiang	Prunus persica (L.) Bastsch [Rosaceae]	Peach, Tao Ren
Polygala senega L. [Polygalaceae]	Senega snakeroot	* Prunus serotina Ehrh. [Rosaceae]	Black Wild Cherry
Polygala sibirica L. [Polygalaceae]	Polygala	Pseudostellaria heterophylla (Miq.) Pax [Caryophyllaceae]	Pseudostellaria, Tai Zi Shen
Polygala tenuifolia Willd. [Polygalaceae]	Polygala	Psidium guajava L. [Myrtaceae]	Guava
* Polygonatum biflorum (Walter) Elliot [Liliaceae]	Solomon's seal	Psilocybe arobrunnea	Psilocybe arobrunnea
Polygonatum sibiricum F. Delaroché [Liliaceae]	Siberian Solomon's Seal	* Psoralea corylifolia L. [Leguminosae]	Bu Gu Zhi
* Polygonum aviculare L. [Polygonaceae]	Knotweed	Psychotria alba [Rubiaceae]	Psychotria alba
Polygonum bistorta L. [Polygonaceae]	Bistort	Psychotria ligustrifolia (Northrop) Millsp. [Rubiaceae]	Bahama wild coffee
* Polygonum cuspidatum Siebold & Zucc. [Polygonaceae]	Japanese Knotweed	Psychotria nervosa Sw. [Rubiaceae]	Seminole balsamo
Polygonum multiflorum Thunb. [Polygonaceae]	Fo-Ti	Psychotria punctata Vatke [Rubiaceae]	Dotted wild coffee
~ Polypodium leucatomos/ Poiret in Lamarck [Polypodiaceae]	Polypodium leucatomos	Psychotria viridis [Rubiaceae]	Chacrana
Polypodium vulgare L. [Polypodiaceae]	Polypody	Ptychopetalum olacoides Benth. [Olacaceae]	Muirá Puama
Polyporus mylittae Cooke & Massey [Polyporaceae]	Polyporus mylittae	* Pueraria montana Merr. Var. Lobata (Willd.) Maesen & S.M. Almeida [Fabaceae]	Kudzu
* Poncirus trifoliata	Hardy orange	Pueraria tuberosa (Roxb. Ex Wild.) DC. [Fabaceae]	Indian Kudzu
Populus balsamifera	Balsam poplar	Pulmonaria officinalis L. [Boraginaceae]	Lungwort
* Populus tremuloides Michx. [Salicaceae]	White Poplar brk	Pulsatilla vulgaris Mill. [Ranunculaceae]	Pulsatilla
		Punica granatum L. [Punicaceae]	Pomegranate
		Pyrus pyrifolia	Asian Pear

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Quassia amara L. [Simaroubaceae]	Quassia, Surinam quassia	* Rumex crispus L. [Polygonaceae]	Yellowdock
Quercetin	Quercetin	* Ruscus aculeatus L. [Liliaceae]	Butchers broom
* Quercus alba L. [Fagaceae]	White Oak	Ruta graveolens L. [Rutaceae]	Rue
Quercus robur	English Oak	Salix alba L. [Salicaceae]	White Willow
Quillaja saponaria Molina [Rosaceae]	Quillaja	Salvadora persica L. [Salvadoraceae]	Peelu
Raphanus sativus L. [Brassicaceae]	Radish	Salvia apiana Jeps. [Lamiaceae]	White Sage
Rauwolfia serpentina (L.) Benth. Ex Kurz [Apocynaceae]	Rauwolfia	Salvia Chinensis [Lamiaceae]	Sage
Ravensara aromatica	Ravensara aromatica	Salvia divinorum [Lamiaceae]	Salvia, yerba de la pastora
* Rehmannia glutinosa Libosch. Ex Fisch. & Mey. [Scrophularia]	Rehmannia	* Salvia miltiorrhiza Bunge [Lamiaceae]	Salvia Chinese, Dan Shen
Rhamnus cathartica L. [Rhamnaceae]	Buckthorn	* Salvia officinalis L. [Lamiaceae]	Sage
Rhamnus frangula L. (Frangula alnus Miller)	Buckthorn	Sambucus nigra L. [Caprifoliaceae]	European Elder
Rheum emodii /Rheum australe D. Don [Polygonaceae]	Indian rhubarb	* Sambucus nigra L. ssp. Canadensis (L.) R. Bolli [Caprifoliaceae]	American Elder
* Rheum palmatum / officinale [Polygonaceae] or Rhei	Rhubarb	* Sanguinaria canadensis L. [Papaveraceae]	Bloodroot
Rhodiola rosea L. [Crassulaceae]	Rhodiola	Sanguisorba officinalis L. [Rosaceae]	Sanguisorba (Great Burnet)
Rhododendron chrysanthum	Rhododendron	Sanicula europaea L. [Apiaceae]	Sanicle european
Rhus aromatica Aiton [Anacardiaceae]	Sumac sweet	Santalum album L. [Santalaceae]	Quaking aspen/White sandalwood
* Rhus glabra L. [Anacardiaceae]	Sumac Smooth	Santalum rubrum / Pterocarpus soyauxii [Fabaceae]	Red Sandalwood
Ribes nigrum L. [Grossulariaceae]	Black Currant	Saphoshnikovia divaricata / Ledebouriella divaricata / Fang Feng (Turcz.) Hiroe [Lythraceae]	Siler
Ribes rubrum	Red Currant	* Saponaria officinalis L., [Caryophyllaceae]	Soapwort
Riboflavin	B Vitamins	Sargassum fusiforme Harv. [Sargassaceae]	Sargassum
Robinia pseudoacacia L. [Fabaceae]	Black locust	~ Sargassum pallidum (Turner) C. Agardh [Sargassaceae]	Sargassum
Rorippa nasturtium-aquaticum (L.) Hayek [Brassicaceae]	Watercress	* Sassafras albidum / Sassafras officinale (Nutt.) Nees [Lauraceae]	Sassafras
Rosa canina L. [Rosaceae]	Rose hips, Dog rose	Saussurea costus (Falc.) Lipsch [Asteraceae]	Aucklandia, costus
~ Rosa mesquite	Rose Hips	Saussurea spp ? [Asteraceae]	Tai Sang
Rosa Rubiginosa L. [Rosaceae]	Rose Hips, Sweetbriar rose	Sceletium tortuosum [Mesembryanthemaceae]	Kanna, Canna, Kaugoed
* Rosmarinus officinalis L. [Lamiaceae]	Rosemary	Schinopsis lorentzii [Anacardiaceae]	Quebracho
Royal jelly	Royal jelly	Schisandra chinensis (Turcz.) Baill. [Schisandraceae]	Schisandra, bei wu wei zi
Rubia cordifolia L. [Rubiaceae]	Indian Madder	* Scrophularia marilandica L. [Scrophulariaceae]	Figwort
Rubus fruticosus L. [Rosaceae]	Blackberry	Scrophularia ningpoensis Xuan Shen Hemsl. [Scrophulariaceae]	Scrophularia
Rubus idaeus L. Ssp. Ideaus L. [Rosaceae]	Raspberry		
Rumex acetosa L. [Polygonaceae]	Sorrel		
* Rumex acetosella L. [Polygonaceae]	Sheep Sorrel		

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Scrophularia nodosa [Mesembryanthemaceae]	Figwort	~ Solidago virgaurea L. [Asteraceae]	European Goldenrod
* Scutellaria baicalensis Georgi [Lamiaceae]	Scullcap Chinese	Sophora flavescens Aiton [Fabaceae]	Sophora shrubby, Ku Shen
Scutellaria barbata D. Don [Lamiaceae]	Barbed scullcap	Spatholobus suberectus Dunn [Fabaceae]	spatholobus
* Scutellaria galericulata [Lamiaceae]	Scullcap marsh	Sphenocentrum jollyanum	Sphenocentrum
* Scutellaria lateriflora L. [Lamiaceae]	Scullcap	Spinacia oleracea L. [Chenopodiaceae]	Spinach
Selenicereus grandiflorus (L.) Britton & Rose [Cactaceae]	Night-blooming cereus	* Stachys officinalis / Betonica officinalis (L.) Trevis [Lamiaceae]	Wood Betony
Selenium	Selenium	* Stellaria media (L.) Vill [Caryophyllaceae]	Chickweed hrb
Senna alexandrina Mill. [Fabaceae]	Senna	Stephania Brachyandra	Stephania Brachyandra
Senna tora/Cassia tora (L.) Roxb. [Leguminosae]	Stinking cassia	Stephania tetrandra / fang ji (or) hang fang ji S. Moore [Menispermaceae]	Stephania, hang fang ji
* Sereinoa repens (W. Bartram) Small [Arecaceae]	Saw Palmetto	Stevia rebaudiana (Bertoni) Bertoni [Asteraceae]	Stevia
Serratulae	Sheng Ma Substitute	Stillingia sylvatica Garden ex L. [Euphorbiaceae]	Stillingia
Sesamum orientale/ Sesamum indicum L. [Pedaliaceae]	Sesame	sucralose	sucralose
Sida cordifolia L. [Malvaceae]	Bala, heart-leaf sida	~ Sutherlandia frutescens (L.) R.Br. [Fabaceae]	Sutherlandia
Siegesbeckia orientalis	St. Paul's Wart, Siegesbeckia	* Symphytum officinale L. [Boraginaceae]	Comfrey
* Silybum marianum (L.) Gaertn. [Asteraceae]	Milk thistle seed	* Symplocarpus foetidus (L.) Salisb. Ex Nutt. [Araceae]	Skunk Cabbage
Sinapis alba L. [Brassicaceae]	Yellow Mustard	Syzygium aromaticum (L.) Merr. & L.M. Perry [Myrtaceae]	Clove
Siraitia grosvenorii [Cucurbitaceae]	Momordica grosvenorii	Syzygium cumini L. [Myrtaceae]	Jambolan
* Smilacina racemosa (L.) Desf. [Liliaceae]	False Solomon's Seal	Tabebuia impetiginosa /avellanadae (Mart. Ex DC.) Standl. [Bignoniaceae]	Pau D'Arco
Smilax aristolochiifolia Mill. [Smilacaceae]	Sarsaparilla	~ Tagetes erecta L. [Asteraceae]	Aztec marigold
Smilax china L.[Smilacaceae]	Chinese smilax	* Tanacetum parthenium (L.) Sch. Bip. [Asteraceae]	Feverfew
Smilax glabra Roxb. [Smilacaceae]	Chinese smilax	* Tanacetum vulgare / Chrysanthemum vulgare L. [Asteraceae]	Tansy
Smilax regelii Killip & C.V. Morton / Smilax ornata Hook. [Smilacaceae]	Sarsaparilla	Taraxacum mongolicum [Asteraceae]	Mongolian Dandelion
Snt Johns Wort Flwr Honey	St Johns Wort Flwr Honey	* Taraxacum officinalis rt Weber ex F.H. Wigg. [Asteraceae]	Dandelion
* Solanum dulcarmara L. [Solanaceae]	Bittersweet	* Taraxacum officinalis Weber ex F.H. Wigg. [Asteraceae]	Dandelion Leaf
Solanum tuberosum [Solanaceae]	White potato/ Irish potato	Terminalia arjuna (Roxb. Ex DC.) Wight & Arn. [Combretaceae]	Arjuna
~ Solidago canadensis L. var. canadensis [Asteraceae]	Canadian goldenrod	Terminalia bellerica (Baerthn.) Roxb. [Combretaceae]	Belleric myrobalan
~ Solidago candensis L. var. lepida (D.C.) Cronquist [Asteraceae]	Canadian goldenrod	Terminalia chebula Retz. [Combretaceae]	Chebolic myrobalan
~ Solidago gigantea Aiton [Asteraceae]	Early Goldenrod		
~ Solidago multiradiata Aiton [Asteraceae]	Northern Goldenrod		
~ Solidago odora Aiton [Asteraceae]	Sweet Goldenrod		

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Tetradium ruticarpum/ Evodia rutaecarpa (A. Juss.) T.G. Hartley [Rutaceae]	Evodia Flower	* Triticum aestivum L. [Poaceae]	Wheat
* Teucrium canadense [Lamiaceae]	Germander	Triticum turgidum turanicaum	Kamut
Teucrium chamaedrys L. Lamiaceae L. [Lamiaceae]	Germander	Turnera aphrodisiaca / Turnera diffusa Willd ex. Schult [Turneraceae]	Damiana
Theobroma cacao L. [Sterculiaceae]	Chocolate	* Tussilago farfara L. [Asteraceae]	Coltsfoot
* Thuja occidentalis L.	Thuja	Tynanthus panurensis	Clavo Huasca
* Thymus vulgaris L. [Lamiaceae]	Thyme	Typhonium giganticum	Shi Ban Zia
* Tilia americana Linnaeus var. heterophylla (Ventenat) Loudon [Malvaceae]	Mountain Basswood	* Ulmus rubra / Ulmus fulva Muhl. [Ulmaceae]	Slippery Elm
* Tilia cordata	Linden	Uncaria gambir (W. Hunter) Roxb. [Rubiaceae]	Gambir
Tilia spp. [Tiliaceae]	Linden	* Uncaria guianensis	Cat's Claw
Tilia x vulgaris Hayne [Tiliaceae]	Linden	Uncaria tomentosa (Willd.) DC. [Rubiaceae]	Cat's Claw
Tinospora cordifolia (Willd.) Miers [Menispermaceae]	Indian tinospora	* Urtica dioica L. [Urticaceae]	Nettle California
Tinospora sinensis (Lour.) Merr. [Menispermaceae]	Chinese tinospora	* Usnea [Usneaceae]	Usnea
Total Polyphenols	Total Polyphenols	Vaccinium angustifolium Aiton [Ericaceae]	Wild Blueberry
Toxicodendron diversilobum	Poison Oak	* Vaccinium corymbosum L. [Ericaceae]	Blueberry
Trametes versicolor (L.: Fr.) Pilat [Polyporaceae]	Turkey tails	* Vaccinium macrocarpon Aiton [Ericaceae]	Cranberry
Tribulus Terrestris L. [Zygophyllaceae]	Tribulus Terrestris Bai Ji Li	Vaccinium membranaceum Doug. Ex. Torr. [Ericaceae]	Thinleaf huckleberry
Trichocereus chalaensis	Trichocereus chalaensis	Vaccinium myrtillus L. [Ericaceae]	Bilberry
Trichocereus giganteus	Trichocereus giganteus	Vaccinium oxycoccos L. [Ericaceae]	Small Cranberry
Trichocereus huanucoensis	Trichocereus huanucoensis	Valeriana edulis ssp. Procera (Kunth) F.G. Mey. [Valerianaceae]	Valerian Root Mexican
Trichocereus macrogonus	Trichocereus macrogonus	Valeriana jatamansi/ wallichii Jones [Valerianaceae]	Valerian Root Indian
Trichocereus pachanoi	trichocereus pachanoi	* Valeriana officinalis L. [Valerianaceae]	Valerian
Trichocereus paruvianoid	Trichocereus paruvianoid	Valeriana psuedofficinalis C.Y. Cheng & H.B. Chen [Valerianaceae]	Valerian Root Chinese
Trichocereus paruvianus	Trichocereus paruvianus	* Verbascum olympicum	Olympic Mullein
Trichocereus bridgesii	Trichocereus bridgesii	Verbascum phlomoides L. [Scrophulariaceae]	Mullein
Trichocereus bridgesioid	Trichocereus bridgesioid	* Verbascum thapsus L. [Scrophulariaceae]	Mullein
Trichocereus glaucus	Trichocereus glaucus	* Verbena hastata L. [Verbenaceae]	Blue Vervain
Trichocereus harrissima	Trichocereus harrissima	Verbena officinalis L. ssp. [Verbenaceae]	European vervain
Trichocereus riomizquiensis	Trichocereus riomizquiensis	* Verbena urticifolia L. var. urticifolia [Verbenaceae]	White Vervain
Trichocereus scopulicola	Trichocereus scopulicola	* Veronica arvensis	Corn Speedwell
Trichocereus spp	Trichocereus spp	* Veronica off. L. [Scrophulariaceae]	Speedwell
* Trifolium pratense L. [Fabaceae]	Red Clover		
* Trifolium repens L. [Fabaceae]	White clover		
Trigonella foenum-graecum L. [Fabaceae]	Fenugreek		
* Trillium erectum L. [Liliaceae]	Bethroot		

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* Veronica peregrina	Common Puslane Speedwell	Zingiber officinalis Roscoe [Zingiberaceae]	Ginger
* Veronica serpyllifolia	Thymeleaf Speedwell	Ziziphus jujuba Mill. [Rhamnaceae]	Jujube Fructus
* Veronicastrum virginicum/ Leptandra Virginica (L.) Farw. [Scrophulariaceae]	Culvers Root	Ziziphus jujuba Mill. var. spinosa (Bunge) Hu ex H.F. Chow [Rhamnaceae]	Jujube seed
* Viburnum opulus L. [Caprifoliaceae]	Cramp Bark	Ziziphus jujuba var. inermis (Bunge) Rehd.	Jujube
* Viburnum prunifolium L. [Caprifoliaceae]	Black Haw	Zosteræ Marinae	Hai Dai
* Vinca Major L. [Apocynaceae]	Greater Periwinkle		
* Vinca minor L. [Apocynaceae]	Periwinkle lesser		
Viola odorata L. [Violaceae]	Violet sweet		
* Viola sororia L. [Violaceae]	Johnny Jump-Up (heartsease)		
* Viola tricolor L. [Violacea]	Heartsease		
Viola yedoensis Makino [Violaceae]	Tokyo Violet		
Virola calophylla Warb.	Virola calophylla		
Viscum album L. [Viscaceae]	Euro Mistletoe		
* Vitex agnus-castus L. [Verbenaceae]	Chaste tree		
Vitex negundo L. [Verbenaceae]	Chinese Chaste Tree		
* Vitis vinifera L. [Vitaceae]	Grape		
Vladimiria	Qing Mu Xiang, Common Vladimiria root		
Vladimiria Souliei Radix, Radix Vladimiria	Chuan Mu Xiang		
Water	Water		
Wisteria sinensis (Sims) DC. [Fabaceae]	Chinese wisteria		
Withania somnifera (L.) Dunal [Solanaceae]	Ashwagandha		
* Xanthorhiza simplicissima Marschall [Ranunculaceae]	Yellow Root		
Yucca baccata Torr. [Agavaceae]	Yucca		
~ Yucca elata (Engelm.) [Agavaceae]	Soaptree yucca		
* Yucca filamentosa [Agavaceae]	Yucca Adam's needle		
Yucca Rigida	Yucca rigida		
Yucca rostrata	Yucca rostrata		
Yucca schidigera RoezI ex Ortgies [Agavaceae]	Yucca mojave		
* Zanthoxylum americanum Mill. [Rutaceae]	Prickly Ash brk northern		
Zanthoxylum clava-herculis L. [Rutaceae]	Prickly Ash brk southern		
* Zea mays L. [Poaceae]	Corn Silk		
Zinc	Zinc		

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<i>Total Plants:</i>		820	