

# HARMONIC PRESENCE FOUNDATION

*February-November 2008*

## DAVID HYKES / HARMONIC AWARENESS

### CONCERTS, RETREATS, SEMINARS AND TEACHINGS

#### MIND, MUSIC, MEDITATION, AND THE MEDICINE OF DEEP HARMONIZATION

*Feb 15-16, Cold Spring Harbor, NY; March 8-9, 15-16, 22-23 and July 15-20: Retreats at our center in France;  
June 1-6, Esalen, Big Sur, CA, [www.esalen.org](http://www.esalen.org); August 4-9, Annual Retreat in Denmark, [www.harmonix.dk](http://www.harmonix.dk);  
Nov. 14-16, 3rd International Sound Healing Conference, Santa Fe, NM; and more...*

*Calendar, music, online program, teachings, info: [www.harmonicpresence.org](http://www.harmonicpresence.org)*

The Harmonic Awareness work includes a wondrous universal music called Harmonic Chant and essential teachings and practices about the nature of harmony in the universe, in consciousness, and in our lives. Our integral "package" includes nondual sacred music, meditation training, and healing harmonization practices.

Our 33 years of experience bring you a unified field of knowledge linking contemplative practice, soulful music of the spheres, neuroscience and cosmology, showing the non-dual nature of mind, music, meditation and the medicine of healing harmonization.

Harmonic Chant, our main musical practice vehicle, gives life and creative expression to a timeless sacred music, accessible to all and often beautiful beyond words. Harmonic Chant, based on understanding the harmonic series as the omnipresent DNA of all music, is a revolutionary



*"David Hykes's music is haunting and transporting.  
It takes you somewhere completely otherworldly.  
It transports you to the Ancient Time.  
From the moment I heard it, there was no doubt."  
-Dzongsar Khyentse Rinpoche*

fusion of sacred chant and new realms of overtone and throat-singing.

The Harmonic Awareness contemplative awareness practices and teachings help us attune to reality, harmonize with life, and accompany the changes with compassion and clarity. We can learn to attune to deeper states of harmonic mind, and better harmonize with the music of all the octaves of our lives.

We can experience greater resonance and meaning inside and out, restore the light of joy and insight, and find again a

sense of peace and compassion. In facing life's incredible challenges, we can find more humility, courage, and understanding. Thus the four great needs and opportunities in almost every moment of life-- Listening, Attunement, Accompaniment and Harmonization-- can inspire our practice so that it is real, it is alive, it is in touch with life just as it is.





*"David Hykes has opened a new dimension in music; he has in fact brought us the music of the spheres..."* Yehudi Menuhin, Violinist

Harmonic Chant is a nondual, largely non-verbal sacred music based on the natural harmonics found in all voices, music, and throughout the vibratory universe since the Big Bang. It is truly a music available to all, one, because it's been playing everywhere all the time since the very beginning, and two, because every musical sound we make or sing is in essence nothing other than a spectral blend of the pure primordial harmonics, ringing still.

Harmonic Chant was founded in 1975 by composer, singer and teacher David Hykes, a respected and visionary practitioner of contemporary sacred music, long-time researcher into the nature of music and consciousness, and an original "healing sounds" pioneer.

Hykes's work relating music, meditation, mind, and healing harmonization has received awards from many organizations including the National Endowment for the Arts, UNESCO, the Rockefeller Foundation, the Threshold Foundation, and a \$50,000 Fellowship from the Flying Elephants Foundation for his work developing a universal sacred music. Hykes has collaborated with His Holiness the Dalai Lama and the Gyuto and Gyume Monks, and composed music for many films

about the sacred and transcendent, including "Travelers and Magicians" by Dzongsar Khyentse Rinpoché; "Journey Into Buddhism" by John Bush; "Baraka" by Ron Fricke and "Meetings with Remarkable Men" by Peter Brook.

His 11 albums include "Hearing Solar Winds" the most popular overtone album of all time, with over 300,000 copies sold, celebrating its 25th year, the first with his group, The Harmonic Choir, the West's pre-eminent overtone ensemble, which he founded in New York in 1975. Hykes has founded, trained or inspired hundreds of music, healing and meditation groups around the world.

The Harmonic Presence Foundation is dedicated to sharing Harmonic Chant and the Harmonic Presence work in their fullest artistic, scientific, spiritual and healing dimensions, the fruit of 30 years of development and ongoing studies and exchanges with Tibetan, Indian and western masters, musicians and scientists. The aim of the Harmonic Presence work is to help us awaken and recognize reality, the source of true harmony, and to realize its radiance and resonance in all spheres of our lives. [www.harmonicpresence.org](http://www.harmonicpresence.org)