

There is NO FEE to participate or receive CE credit for this 60-minute neuroscienceCME podcast activity!

A Multidisciplinary CE Podcast/MP3 Audio Activity: REGISTER TODAY!

Addressing Clinical Challenges in the Long-Term Treatment of Schizophrenia

Premiere Date: Monday, February 22, 2008

You can register for this neuroscienceCME activity at
<http://www.neurosciencecme.com/cmea.asp?ID=296>

For more information about this one-hour activity, call CME Outfitters at **877.CME.PROS**.

This activity offers CE credit for:

- Physicians (CME)
- Nurses (CNE)
- Psychologists (CEP)
- Social Workers (NASW)
- Case Managers (CCMC)
- Pharmacists (CPE)

All other clinicians will either receive a CME Attendance Certificate or may choose any of the types of CE credit being offered.

STATEMENT OF NEED

Schizophrenia is a chronic debilitating condition affecting 2.2 million individuals in the United States and 51 million people worldwide.¹ Expert panels recently have defined and operationalized remission and recovery as treatment targets.² A number of considerations, including the pharmacology of the particular agent, its efficacy, safety, and tolerability, all must be balanced in selecting a long-term treatment plan. Particular attention must be paid to iatrogenic effects of the atypicals on cardiometabolic risk factors, and psychiatrists need to integrate screening and monitoring for such risks into their practice.³ Switching medications may be a necessity in patients with metabolic or other unwanted side effects from atypical antipsychotics, and it is important to understand when and how to switch medications.⁴ In this podcast series, experts will discuss remission and recovery as treatment goals, identification and management of metabolic concerns, and indications and methods for switching antipsychotics.

Module 1: Defining and Assessing Remission and Recovery

Module 2: Identifying and Managing the Iatrogenic Effects of Antipsychotic Medications on Weight Gain and Other Metabolic Parameters

Module 3: Indications and Methods for Switching Antipsychotic Medications

¹ <http://www.nih.gov>

² Andreasen NC, Carpenter WT, Kane JM, et al. Remission in schizophrenia: Proposed criteria and rationale for consensus. *Am J Psychiatry* 2005;162:441-449.

³ Newcomer JW. Antipsychotic medications: metabolic and cardiovascular risk. *J Clin Psychiatry* 2007;68(suppl 4):8-13.

⁴ Weiden PJ, Buckley PF. Reducing the burden of side effects during long-term antipsychotic therapy: the role of "switching" medications. *J Clin Psychiatry* 2007;68(suppl 6):14-23.

ACTIVITY GOAL

The goal of this activity is to apply concepts related to the long-term management of patients with schizophrenia and specifically in the areas of remission and recovery, metabolic consequences of atypical antipsychotics, and switching.

LEARNING OBJECTIVES

At the end of this CE activity, participants should be able to:

- Define and operationalize remission and recovery.
- Apply data on weight gain in patients with schizophrenia to the development of an effective screening and monitoring plan.
- Discuss clinical considerations involved in switching atypical antipsychotic medication.

TARGET AUDIENCE

Physicians, physician assistants, nurses, nurse practitioners, psychologists, social workers, certified case managers, pharmacists, and other clinicians that participate in the long-term management of patients with schizophrenia.

COMMERCIAL SUPPORT

CME Outfitters, LLC, gratefully acknowledges an educational grant from Wyeth Pharmaceuticals and Solvay Pharmaceuticals, Inc., in support of this CE activity.



FACULTY INFORMATION

Peter F. Buckley, MD
Medical College of Georgia
Augusta, GA

Stephen R. Marder, MD
Semel Institute of Neuroscience
David Geffen School of Medicine
University of California, Los Angeles
VA Greater Los Angeles
Los Angeles, CA

John W. Newcomer, MD
Washington University School of Medicine
St. Louis, MO

MODERATOR

Charles B. Nemeroff, MD, PhD
Emory University School of Medicine
Atlanta, GA

CREDIT INFORMATION

CME Credit (Physicians): CME Outfitters, LLC, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CME Outfitters, LLC, designates this educational activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Note to Physician Assistants: AAPA accepts Category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA Category 1 CME credit for the PRA from organizations accredited by ACCME.

CNE Credit (Nurses): CME Outfitters, LLC, is an approved provider of continuing nursing education by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

It has been assigned code 6WASUP-PRV-0632. 1.0 contact hours will be awarded upon successful completion.

Note to Nurse Practitioners: The content of this CNE activity pertains to Pharmacology.

CEP Credit (Psychologists): CME Outfitters is approved by the American Psychological Association to sponsor continuing education for psychologists. CME Outfitters maintains responsibility for this program and its content. (1.0 CE credits)

NASW Credit (Social Workers): This program was approved by the National Association of Social Workers (provider #886407722) for 1.0 continuing education contact hours.

CCMC Credit (Certified Case Managers): This program has been approved for 1.0 hours by the Commission for Case Manager Certification (CCMC).

CPE Credit (Pharmacists): CME Outfitters, LLC, is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. 1.0 contact hours (0.1 CEUs)

Universal Program Number: 376-000-08-008-H01-P

Post-tests, credit request forms, and activity evaluations can be completed online at www.neuroscienceCME.com (click on the Testing/Certification link under the Resources tab—requires free account activation), and participants can print their certificate or statement of credit immediately (70% pass rate required). CE credit expires on February 22, 2009.

This continuing education activity is provided by

