***Make Beautiful Skin care Products Part of Your Regimen!***

**With Beautiful Skin care Products in Your Regimen, You Can Support the Health Care of Your Skin!**

Every woman wants beautiful, glowing skin that is touchable, kissable and healthy. The secret to beautiful skin is beautiful skin care products and maintaining a great skin care regime. Many women don't have a consistent beautiful skin care routine to maintain the health and beauty of their skin! They may rub on some moisturizer, or wash their face, but these aren't the only care requirements of a great beautiful skin care regimen. Here, you will find some amazing care tips to help you ensure the beauty and health of your skin!

**Maintaining the Health of Your Beautiful Skin**

A huge part of beautiful skin care is proper cleansing. This is the first part of our beautiful skin care products process. These four products are our most popular and for good reason! If you use make-up, you must properly cleanse your skin to remove products that may clog and damage your skin. Similarly, if you have oily or distressed skin with blemishes or other problems, you should know that natural and beautiful skin care products may be the answer. In fact, you have probably tried several products to deal with problem skin. Our natural, health promoting cleansers can help you kiss those problems goodbye and say hello to smooth, clear and beautiful supple skin that glows with health. Here are a few great beautiful skin care cleansing tips to help you maintain beautiful, supple and clear skin!

* **Beautiful Health Care Tip -** Don't use soap to cleanse your face, or cleansers that contain soap. It is too harsh for the delicate skin on your face, and can cause blemishes and breakouts quickly. Use a gentle, natural cleanser to remove oil, dirt and make-up.
* **Beautiful Health Care Tip -** Cleanse your face to remove make-up before going to bed! This is extremely important to maintain beautiful skin that glows with health.

**Out With the Old and In With the New**

The second part of maintaining the health of your skin and ensuring beautiful clarity, smoothness and supple skin is exfoliation. Because our skin is constantly generating new cells, it is important to remove the old ones through gentle exfoliation. This allows the new, beautiful skin to shine through. This is the second step in our beautiful skin care products regimen. You should exfoliate 4 to 5 times a week if you have oily or normal skin, and 1 to 2 times a week if you have sensitive or dry skin. This is another great tip for maintaining the health care of your beautiful skin. Here are a few great tips for exfoliation!

* **Beautiful Health Care Tip -** Exfoliate gently in a circular motion. Do not scrub your skin as this may damage it. The goal is to gently remove the old, dead skin to allow the youthful, beautiful skin to show.
* **Beautiful Health Care Tip -** Take care to exfoliate regularly based on your skin type to continuously allow beautiful skin to show through.

**A Splash of Health for Your Beautiful Skin**

The third essential step to maintain the health of your beautiful skin is also the third product in our beautiful skin care products regimen. Moisturizing your skin is important to retain supple, healthy skin that looks gorgeous. After cleansing and exfoliating, moisturizer helps the skin remain supple and restores elasticity. This is important for anti-aging and to keep the skin soft and healthy. Our wonderful moisturizers are backed by an iron clad 30 day guarantee! If you don't believe that your skin is more beautiful, supple and healthy, we will refund your money – no questions asked. Here are a few great tips for moisturizing your beautiful skin!

* **Beautiful Health Care Tip -** Women who have oily skin often believe that they should stay away from moisturizer, as it will make the oil worse. This is not true. In fact, moisture is different from oil and keeps the skin healthy. When the oil and dirt has been cleansed from the surface, moisturizer is essential for proper skin health.
* **Beautiful Health Care Tip -** A great time to moisturize is directly after cleansing or exfoliation, when the skin is still damp. This is because the pores are open and will absorb the moisturizer easily.

**Give Your Beautiful Skin a Body Guard**

Finally, the fourth step of a great skin care regimen is also included in our beautiful skin care products line. Protecting your skin from the sun is imperative, no matter what kind of skin type you have. For the health of your skin, apply sunscreen every day. There are different kinds of UV protection, and this protects your skin from the sun's damaging rays. It is an essential part of caring for your beautiful skin. Here are a few health tips for using sunscreen!

* **Beautiful Health Care Tip -** Did you know that you can absorb damaging UV rays even if you're inside? The light that comes through the windows can actually damage your beautiful skin. This is one reason that you should use sunscreen every day.
* **Beautiful Health Care Tip -** Sunscreen can be applied under make-up and will still be effective!

The tips above, as well as following our health promoting, beautiful skin care products will help you achieve the gorgeous, supple and flawless skin that you desire. Maintaining a regimen that is designed to keep your skin beautiful, healthy, clear and smooth! The truth is that simply washing your face or applying a lotion just isn't enough. It is also important to address your individual skin type. Tip: Determine whether your skin is oily, normal or dry so that you can utilize products designed for your skin type. We truly believe that when you consistently use our beautiful skin care products, you will experience a more supple, beautiful, healthier and definitely kissable, touchable skin!