

**NEWS RELEASE** 

## Collington Episcopal Life Care Community racks up regional community volunteering hours in 2007

## Leading, progressive life care community in greater DC reaches out with extraordinary volunteer efforts supporting local nonprofits and organizations

MITCHELLVILLE, MD, February 25, 2008 –Continuing a long tradition, residents of Collington Episcopal Life Care Community (<u>www.collington.com</u>) have donated in excess of 7000 hours to local, regional and national charities, schools, religious organizations and non-profits in 2007.

Realizing the need to give back to communities and organizations, residents living at the Prince George's County sprawling campus have also chosen to be good stewards of the community – from 5 hours of volunteering each week at Seabrook Elementary School in Prince George's County; to delivering 10-14 meals two times a month for Meals on Wheels in Anne Arundel County; to delivering 100 sandwiches every other week to the First United Methodist Church in Hyattsville to feed the homeless.

"For us, it's a natural," said Peg and Bill Cosgrove, residents and active Collington outreach volunteers. "Being part of something larger with a worthwhile purpose is fulfilling for us- and sends the right signal to our neighbors that we are all part of the greater community at large," they added.

Commenting on the large number of volunteer projects by residents, Collington CEO, Larry Mabry said: "It truly doesn't surprise me. When I came to Collington several years back what struck me was the true altruism of people at Collington – and this is just the residents. Our staff has always given of their time in many charitable projects, and plans, this year, to inaugurate an annual Day of Service to work with local communities to improve quality of life for our neighbors."

Collington's Outreach Committee is a major venue for residents to participate, as a group, in helping other Prince George's County and surrounding residents, and continues to seek ways to support the regional community from the suburbs of Washington, to inner Baltimore, to the state capital in Annapolis. "Giving back is such an integral part of each of us here at Collington and I am so proud of my fellow residents for going above and beyond for the community," added Pat Battin, President of the Collington Resident's Association.

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**Collington Episcopal Life Care Community** is committed to providing residents with an extraordinary wellness community centered on the premise of "we're glad you're here." With an abundance of stimuli -- natural, intellectual, political, and interactive -- the holistic experience provides for an active lifestyle of choice and independence and a true sense of community. <u>www.collington.com</u>