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FOR IMMEDIATE RELEASE

Message of Success for Young Moms Could Win Book of the Year

A new book written by a former pregnant teen turned Fortune 500 Executive has been named a finalist by Foreword Magazine for its "Book of the Year Award" in two categories.

Winter Park, FL, April 12, 2008 – Hope . . . Joy (and a Few Little Thoughts) for Pregnant Teens: Consciously Creating Your Legacy by Rachel Brignoni was selected as a finalist for Foreword Magazine's 10th annual "Book for the Year Award" in the categories of young adult non-fiction and women's issues.

Foreword Magazine's book award program aims to recognize the literary achievement of independent publishers and their authors. A jury of librarians, booksellers and reviewers judge the categories and select finalists based on editorial excellence, professional production, originality and the value the book adds to its genre.

"With a theme song created for the book, a strength bracelet for readers to wear, celebrity endorsements and a popular music video on YouTube, we believe Rachel's book offers a unique approach to a social issue that leaves many communities desperate for answers," according to the publisher, Secret Key Publishing, LLC.

As a former teenage mother on welfare, Brignoni gives insight into the emotional needs of a pregnant teen and reveals the road map that allowed her to create the life she had always wanted. Now as a successful Fortune 500 Executive, Certified Life Strategies Coach and author, she is determined to help others do the same.

Brignoni writes, "Your perceptions of your situation, positive or negative, have the power to shape your experience."

Gold, Silver and Bronze winners as well as Editor's Choice will be announced by Foreword Magazine during the BookExpo America in Los Angeles, California on May 29th 2008.

For more information about the book visit www.hopejoythoughts.com or to learn more about the author, visit her online media room at www.rachelbrignoni.com.

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