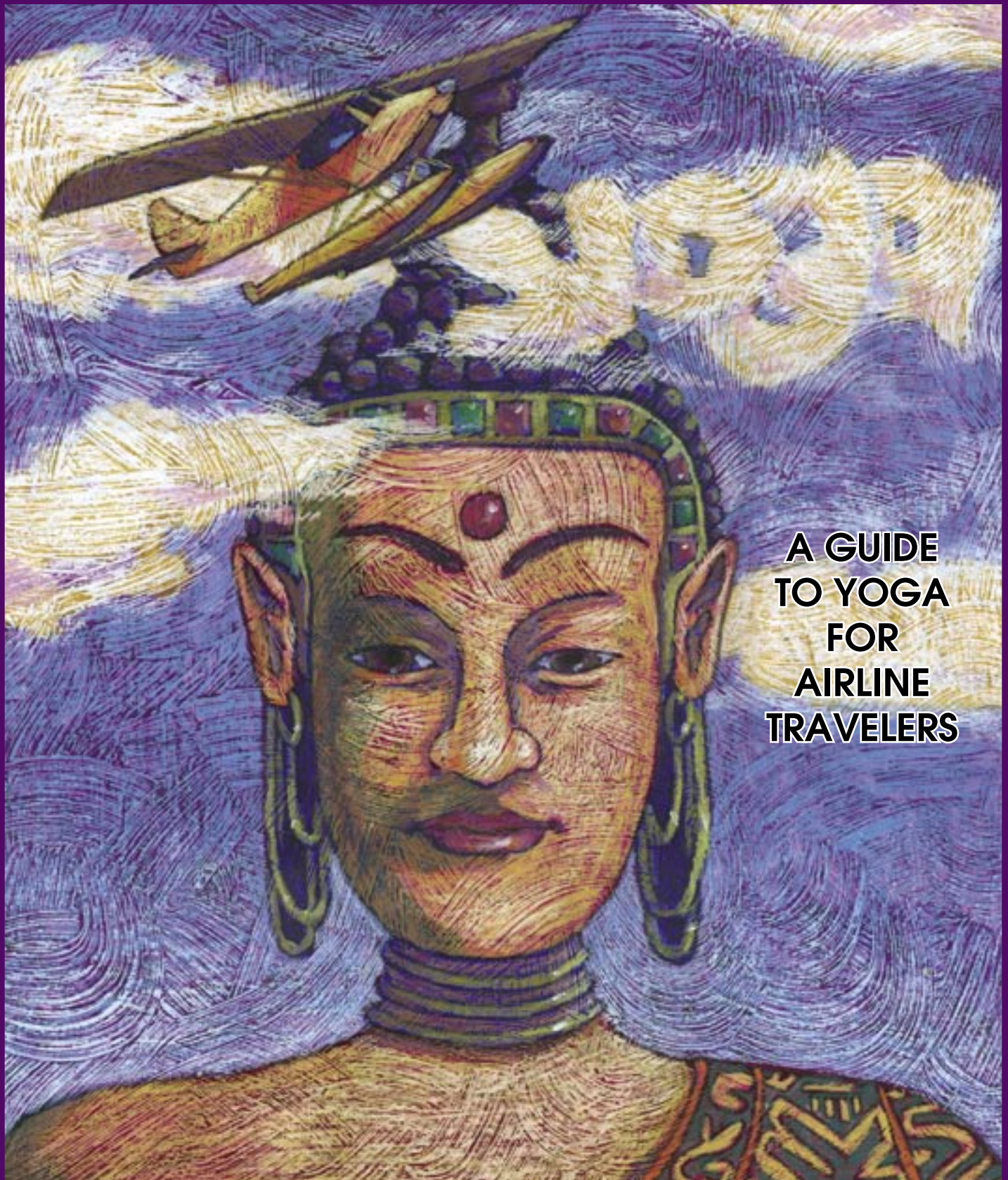


HEAD IN THE CLOUDS

BY MARC KAPLAN



**A GUIDE
TO YOGA
FOR
AIRLINE
TRAVELERS**