

**Michael Pearlman, M.D.
Founder, The
FreedomFromAlcohol™Method**

**Returning People To Health And
Taking Back Their Life From
Alcohol.**



About Dr. Michael Pearlman and His Unique Program

Dr Michael Pearlman is a well known Boston area Psychiatrist and Personal Life Strategist who has dedicated his professional practice to helping others overcome their addiction to alcohol. He has a keen awareness of this cunning and sly adversary that is alcohol dependence. Michael Pearlman, M.D. has fought his own battle with alcohol abuse and emerged from the conflict fortified by a spiritual awakening that was life altering in its clarity.

Michael realized he could help others who suffered from alcoholism and problem drinking through his own experiences, combined with his therapeutic counseling. The healing provided by Michael Pearlman has evolved through time and experience into a comprehensive personal alcohol treatment program known as The FreedomFromAlcohol™Method.

FreedomFromAlcohol.com is the home of Pearlman Therapeutics LLC, which offers the Pearlman Method, a healing, outpatient program designed to assist excessive drinkers in controlling their drinking and transforming their lives. The program can help reduce the craving for alcohol, moderate drinking or support the cessation of drinking entirely, facilitating a comfortable return to choice and health. This is a personalized, private approach that combines a safe, effective, FDA-approved anti-craving medication with supportive counseling and coaching.

For the past twenty-five years he has been a board-certified psychiatrist, in private practice, specializing in the treatment of addictions and personal coaching after completing his training at Harvard Medical School's McLean Hospital.

For more than fifteen years he had been a Harvard Medical School faculty member and for seven years, the Medical Director of Addiction Programs at the Arbour Hospital in Boston. Michael also served as Medical Director of ContraAl America, a program which treats alcohol craving and as Medical Director of Charles River Hospital in Wellesley, Massachusetts.

Michael Pearlman's FreedomFromAlcohol™Method program looks beyond controlling cravings. It is a way out of self-imposed limitations; a successful recipe for personal enlightenment and final healing which most recovering alcoholics strive for in their lives.

There are two options available for The FreedomFromAlcohol Method™ base program. The first option is the In-House Freedom Program for those people able to

meet with Michael in his Boston, Massachusetts office. The second option is called the Internet Based Freedom Program whereby he will treat patients with his Remote Therapy Method via the internet, telephone and e-mail. Both of his programs have been proven successful. **Both programs employ his unique, innovative and proprietary online drinking diary.**

Mission Statement:

When someone has an alcohol problem, this has obviously created a state of resistance, so that they do not have access to their higher self, we have to first find a way to remove that resistance, in this case removing the addiction to alcohol, before they can find their way to their own self. So, addressing the alcohol problem, whether by complete abstinence or by modifying drinking habits, initially, is only to get them to a certain point.

They must feel at ease with where they are at with their drinking before they will be open to focusing on the root causes of their alcohol problem and be able to comfortably move on with the rest of their life. As we diminish or eliminate the grip of alcohol, energy and hope replaces the anxiety and desperation of alcohol dependence. They can then build on this new found well-being and become more conscious, more able to choose how they would like to be.

Our main energy strategy, that would occur in the longer term, our big picture, is to return a person to harmony with universal laws, because the reason that they are out of balance is that they have so much resistance that their higher understanding and true self is not coming through. Often they are not hearing what we are saying, they are interpreting from their perspective – they are not going to hear it – they are going to interpret it from their resistance!

We support them with coaching so that they can access decision making control, to take their life back and re-connect to happiness, freedom and joy.

We help others take a truth with which they have quietly struggled, give it expression, and speak it clearly and boldly. Therefore, the focus of our work is treating the individuals excessive drinking, coaching that person to understand their energy and to ultimately choose the life they desire!

Contact Information

Company Name: Pearlman Therapeutics LLC.

Service: FreedomFromAlcohol™ Method - Alcohol Treatment and Recovery Program.
Board Certified Psychiatrist for over 30 years specializing in chemical dependent patients.

Phone Toll Free: (866) 285-3400

Local: (617) 620-2230

Fax: (240) 526-8207

E-mail:

[DrPearlman@FreedomFromAlcohol.co](mailto:DrPearlman@FreedomFromAlcohol.com)

m

Mailing Address:

FreedomFromAlcohol.com

Pearlman Therapeutics LLC

Michael Pearlman, M.D.,

Medical Director

256 Salem End Road

Framingham, MA 01701-5565