Come join 5-time UFC Champion Randy "The Natural" Couture at The Centennial Hills YMCA for a 5k walk/run to benefit the Xtreme Couture G.I. Foundation.



Randy created The Xtreme Couture GI Foundation in 2007 after visiting with amputees at Brooke Army Medical Center in San Antonio and being touched by their commitment to their country.

The foundation was especially formed to raise money and awareness for those heroes wounded in action and their families. To date, more than 29,000 U.S. Troops have been wounded in the war against terrorism.

The Xtreme Couture GI Foundation's goal is to help fit amputees with top of the line prosthetic devices to allow them to continue living an active and athletic lifestyle. For more information about the foundation or to make a donation, please visit www.xtremecouturegifoundation.org.

Operation Freedom Run – Saturday May 17<sup>th</sup> - 2008, Walk/Run Begins at 8:00am Centennial Hills YMCA – 6611 N. Buffalo Dr. Las Vegas, NV 89131 **Support the heroes fighting for your freedom!** Reserve your spot now. All proceeds will benefit the Xtreme Couture G.I. Foundation in its quest to improve the lives of this nation's warriors who have been seriously injured in battle.

How can I register?	Online – At <u>www.xtremecouturegifoundation.org</u> or <u>www.active.com</u> .
	In Person – At Xtreme Couture MMA & Fitness, 4055 W. Sunset Rd Las Vegas, NV 89118
	Mail In Form – Available on this flyer or at www.xtremecouturegifoundation.org. Forms must be postmarked by
	May 10 <sup>th</sup> , 2008 for valid registration.
	Event Walk-Up – At Operation: Freedom Run registration desk, Centennial Hills YMCA Auxiliary Gym, from 6am to
	7:45am on May 17 <sup>th</sup> .
What is the Cost?	Before May 12 <sup>th</sup> : \$45 (\$20 without autographed 8 x 10 of Randy Couture)
	May 12 <sup>th</sup> to May 17 <sup>th</sup> : \$60 (\$30 without autographed 8 x 10 of Randy Couture)
	FREE for the first 200 active duty soldiers who have served in the Middle East, compliments of Nevada Benefits and
	DefendingFreedom.net, \$20 for all additional soldiers. (Includes autographed photo)
	Additional donations to the foundation are welcomed with your entry fee as well as at the event.
What is included?	All entrants will receive a race packet which will include an Operation: Freedom Run Dri-Fit style shirt*, race bib,
	ChampionChip by Tri-A-Run which will record race time, last minute instructions, information from our sponsors,
	and an autographed 8 x 10 photo of Randy Couture (Optional). Packets will be available for pick-up May 15 <sup>th</sup> & 16 <sup>th</sup>
	from 10am to 7pm at Xtreme Couture MMA & Fitness, 4055 W Sunset Rd Las Vegas, NV 89118 and on May 17 <sup>th</sup>
	from 6am to 7:45am at the Operation: Freedom Run registration desk at the Centennial Hills YMCA.

\* Shirt not guaranteed for entries received after May 12<sup>th</sup>.

## Schedule of Race Day Events:

6:00am to 7:45am	Packet pick-up and late registration	
7:00am to 10:00am	n Enjoy refreshments and meet Randy Couture in the Centennial Hills YMCA Auxiliary Gym	
8:00am	5k walk/run begins	
9:300am	Award Ceremony in the Centennial Hills YMCA Auxiliary Gym	
In addition to trophies f	or overall men's and overall women's winners, awards will be given to the top male and female finishers in each of	
the following age division	ns: Under 16, 16 - 25, 26 – 35, 36 – 45, 46 – 55, 56 – 65, Over 65.	

Yes, count me in!Mail form to:Xtreme Couture MMA & Fitness4055 W. Sunset Rd Las Vegas, NV 89118

		Age:
Last Name	First Name	
		Shirt Size: S M L
Mailing Address		XL XXL
City	State Zip	Entry Fee
E-Mail	Day Phone	Additional Donation

## Checks Payable to: Xtreme Couture G.I. Foundation

Total Enclosed

In consideration of your acceptance of theis entry, I hereby for myself, my heirs and administrators waive any and all rights and claims for damages I may have against the Xtreme Couture G.I. Foundation, coordinating groups and any individuals associated with the event and will hold them harmless for any and all injuries suffered in connection with said event. Also, none of the above is responsible for the loss of personal items or any other form of aggravation in connection with said event. I have been warned I must be in good health to participate in this event. In filling out this form, I acknowledge that I am an amateur in such events; I also give permission for free use of my name and picture in any broadcast and print media accounting this event. In filling out this form, I acknowledge that I have read and fully understand my own liability and accept the restrictions. No refunds possible.