

More about Dr. Wish and a Sample of Her Advice



Dr. LeslieBeth Wish Ed. D. MSS., psychologist and social worker, is nationally recognized for work with women's relationship and career issues and childhood abuse and work with soldiers and their families. She is a former Masters and Johnsonian researcher and therapist. Wish is a regular feature contributor to major self-help sites including www.helpstartshere.org, the award-winning consumer site for the National Association of Social Workers; www.networkabundance.com; a major multi-media company and www.w2wlink.com, the premier web community for professional women and www.selfgrowth.com, Yahoo and Google's number one self-improvement site. She is the subject of biographical entries in many of the Marquis Who's Who, including Who's Who in American Women, in the World. Her workshops and lectures are offered through major women's organizations such as state Commissions on Women and at the University of South Florida, Academy of Lifelong Learning.

Dr. Wish's expert advice is quoted in major newspapers, magazines and websites such as *USA Today*, *The Washington Post*, *Women's Health*, *US Weekly*, *More*, *VivMag.com*, *Better Homes and Gardens*, *Star Ledger*, *Family Fun (the Disney Magazine)*, *Woman's Day*, *Divorce360.com* and *Hartford Courant*. She speaks for non-profit, corporate and university organizations. Topics include smart dating, women's relationship advice, divorce, career and workplace advice, happy family advice, post-traumatic stress, stress management, holiday stress, sexual dysfunction, and leadership training.

Education and Licensing: University of Massachusetts, Doctorate in Adult Developmental Psychology; Bryn Mawr College, Master in Clinical Social Service; Georgetown University Medical School: The Family Center, three years-post graduate training in marriage and family with the internationally esteemed Dr. Murray Bowen; Ohio University, Masters in English; Carnegie-Mellon University, Bachelor in History and English. She is licensed as a clinical social worker in Florida Lic.# 7132; Massachusetts Lic.# 3941, and Maryland Lic.# 2850.

Her work at the New England Institute of Family Relations, the first sexual dysfunction clinic in New England, and research-based book, *Incest, Work and Women* (under LeslieBeth Berger), earned national recognition and honor as a pioneer in sexual dysfunction and women's love and career issues. Her book uncovered the connection between women's childhood abuse and their career problems.

Dr. LeslieBeth Wish is available for media interviews, speaking engagements, workshops or focus group consulting.

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Sample Advice: Smart Cookie Meter Quiz

(Read each statement and think quickly if it is True or False. The explanations appear after the statements)

1. Couples should spend time reviewing where the relationship is going and what each person expects from it. True or False?
2. When you fall in love you should really fall. True or False?
3. A great Valentine's Day celebration is for the man to plan a weekend getaway that includes a romantic dinner, flowers, perfect gifts and a carriage ride or amazing view or setting. True or False?
4. When something bothers a woman about her partner, she should give it to him straight. True or False?

Answers with Explanations:

1. Okay, let's get it right out there--this situation only happens when you've had sex too soon and have not taken the time to know your and the man's values, needs and expectation. Soon you end up trying to define the relationship rather than be the relationship. Research shows that happy couples do not spend very much time talking about "where the relationship is going." They know it. The answer is False.
2. Smart love at first sight can happen--but only when a woman is brave enough to know and accept her needs, can read men well and selects healthy relationships. That's a tall order that few women can fill. Most smart women don't fall into love right away, they walk slowly into friendship first. As love develops, give it your all. Women who rush love are secretly insecure women--no matter what they've accomplished. False is the correct answer.
3. Who is this woman--the Queen of Sheba? A smart woman doesn't require a man to go overboard or "prove his love" to fill the woman's hidden low sense of self-worth. And whatever happened to the woman buying something for the man? Choose False.
4. Oh, an old saying is coming to mind: She can dish it out but she can't take it. Never give advice in a form and tone that you wouldn't want to receive. Feedback should both help and enhance the person on the receiving end. The right answer is false.

Well, are you a Smart Cookie? You can become even smarter--[participate in the research](#) by taking the Strong Women and Love Survey. Maybe you will win one of the three free books and personal phone consultation with Dr. Wish.