

***What Will Set You Free*** is the first book and CD toolkit utilizing meditation, affirmations, journaling and Cynthia's guidance to transform your life.

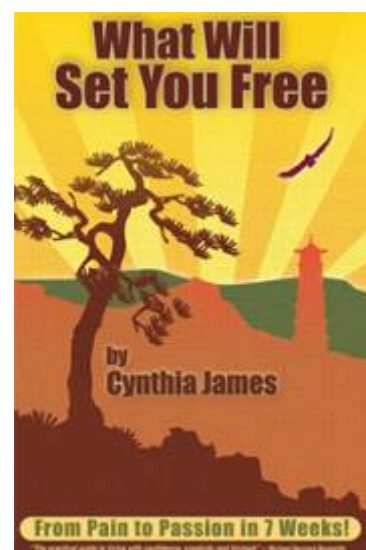
This toolkit provides a roadmap to guide you back to wholeness so you may live a joyous, healthy and peaceful life.

- *Make changes at a Spiritual Level for lasting healing*
- *Be free of destructive life patterns and pain*
- *Transform your life and live with passion*



**FREEDOM IS A CHOICE™**

***What Will Set You Free*** makes the transformational workshops of Cynthia James available to everyone. Having already transformed thousands of lives, Cynthia guides you through a seven week program to move from pain to passion.



Cynthia James is the award winning author of "**What Will Set You Free**", sought after speaker and inspirational singer who inspires thousands through her messages, music and celebration of life. Visit [www.whatwillsetyoufree.com](http://www.whatwillsetyoufree.com) to let her inspire you.

***"The Practical Guide to living with confidence, creativity and triumph" – Michael Bernard Beckwith Founder and Spiritual Director of Agape International Spiritual Center***

***"Brilliant! This is inspired writing." – Barry Heerman author of Noble Purpose***

*For more information visit [www.whatwillsetyoufree.com](http://www.whatwillsetyoufree.com)*