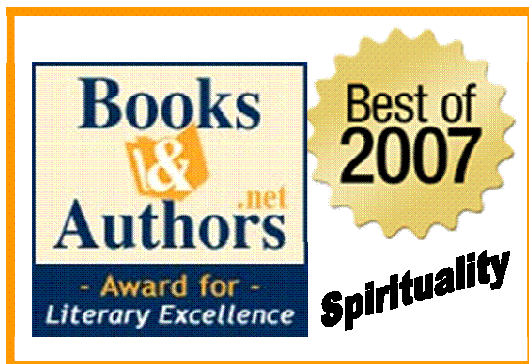


More About Cynthia James

Cynthia is the award winning author of *What Will Set You Free*, a lecturer, teacher and internationally renowned performing artist. She has counseled thousands of people; in corporate environments, as one-on-one clients, couples and created youth programs. She's facilitated hundreds of workshops and seminars, co-hosted a talk show in Los Angeles and has been a featured speaker in business and spiritual forums.

Cynthia's life was transformed as she transcended her childhood of violence and abuse. Through education and personal healing, Cynthia created the foundation for this program and many other classes that integrate traditional therapeutic techniques, music, creativity and spiritual processes.

Cynthia James is a sought after inspirational speaker and singer. She has been featured on Sirius Radio, the Annual Meeting of the American Bar Association, Agape, Chicago Center for Spiritual Living, and thousands of retreats and seminars.



Cynthia lives and thrives in the mountains of Colorado with her husband Carl.

"Cynthia James is a powerful, loving light for healing and wholeness in the world, and her work is reflective of the brilliance of her spirit and the kindness of her heart. I am honored and delighted to recommend her work to anyone seeking a healing of their past so that they might live a free and happy life." ~**Katherine Woodward Thomas** author of *Calling in "The One"*

"After many years of work with victims of child abuse, I can assure you that your message is one that reaches into the hearts and minds of countless adults who have also experienced this pain." ~**Deanne Tilton**, Executive Director of the Inter-Agency Council on Child Abuse & Neglect Chairperson U.S. Advisory Board on Child Abuse & Neglect



Ms. James graduated from two Masters Degree programs, one in spiritual psychology and one in consciousness studies. She currently serves as an associate minister at Mile Hi Church, one of the largest new thought spiritual centers in the world, with a congregation of over 10,000 members and friends.