



# Heart Knots

~ The Story of a True Survivor ~

By  
DeeDee Kindley, M.S.



## The Inspirational True Story of a 17-year Cancer Survivor who had a Tumor Wrapped around her Heart as a Young Adult

At the age of 23, DeeDee Kindley faced the most fearful and challenging experience of her life. She was diagnosed with a tumor wrapped around her heart. Heart Knots ~ The Story of a True Survivor details her experience of being diagnosed with cancer, how she fought for recovery, relationships she developed along the way and how she survived. Written with hope of letting cancer patients know they are not alone and there are actions they can take to fight for their recovery, the book is based on a journal DeeDee kept during her nine day stay in the hospital and throughout her experience. It includes three sections. Part one details her story and is a testimony to the human spirit. Part two demystifies the disease and includes what DeeDee believes her “secrets” of survival to be, cancer facts and fiction, how therapeutic support groups affect survival, and describes the role of an active patient. The final section serves as a reference guide filled with important resources for cancer patients and their families or caregivers.

### About the Author

DeeDee Kindley is a Career Counselor and College Professor who teaches Career/Life Planning. As a Career Consultant, she counsels individuals and employees within organizations—helping them identify and achieve their goals. DeeDee holds a Master of Science in Counseling Psychology and originally wrote her story as part of her Masters Thesis. Her career and personal life goal is to help other people *truly live* their lives. Volunteering her time over the years, she’s given presentations about her experience of surviving cancer as well as helped newly diagnosed cancer patients cope with their emotional aspects of cancer. DeeDee and her husband of 16 years have two children. She follows her dreams by raising her family, helping her clients and students create meaningful and happy lives, and is publishing her story with hope of letting cancer patients know they are not alone while encouraging them to fight and survive their battles with cancer.

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