Bipolar Depression: Individualizing Treatment to Prevent Relapse and Recurrence

Premiere Date: Wednesday, September 10, 2008

LIVE Broadcast: 12:00 p.m.–1:00 p.m. ET
11:00 a.m.–12:00 p.m. CT
10:00 a.m.–11:00 a.m. MT
9:00 a.m.–10:00 a.m. PT

Taped Re-Air: 3:00 p.m.–4:00 p.m. ET
2:00 p.m.–3:00 p.m. CT
1:00 p.m.–2:00 p.m. MT
12:00 p.m.–1:00 p.m. PT

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This activity offers CE credit for:
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- Social Workers (NASW)
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- Pharmacists (CPE)

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STATEMENT OF NEED
There is an unmet need for acute—and in particular, maintenance—pharmacologic treatments that target bipolar depression. Despite the preponderance of depressive symptoms and episodes (versus manic) over the course of both bipolar I and II disorder, and the more frequent functional impairment associated with bipolar depression, there has been a disproportionate lack of attention paid to establishing effective treatment and management of bipolar depression. This has recently begun to change, however, with the approval and addition of atypical antipsychotics to the arsenal of medications used for bipolar depression. Recently completed studies and trials in progress are expected to contribute to the growing literature supporting the effectiveness of these types of medications for the treatment of bipolar depression. Clinicians are in urgent need of education and performance improvement in the recognition, diagnosis, and acute and maintenance treatment of bipolar depression. Published treatment guidelines1–3 are an adequate framework for developing treatment plans. However, clinicians need additional education on pharmacologic treatments for bipolar depression. In this evidence-based neuroscienceCME TV activity, experts will provide information on pharmacologic treatments for bipolar depression that will enable participants to integrate these findings into current treatment guidelines to further enhance and maintain good patient outcomes.

ACTIVITY GOAL
To incorporate the latest evidence-based diagnosis and treatment strategies to provide early detection, intervention, and long-term maintenance opportunities for improving outcomes for patients with bipolar depression.

LEARNING OBJECTIVES
At the end of this CE activity, participants should be able to:
- Identify strategies for differential diagnosis of bipolar depression.
- Apply knowledge of mechanisms of action to the selection of treatments for bipolar depression, particularly with respect to the use of atypical antipsychotics.
- Compare and contrast atypical antipsychotics with respect to efficacy, tolerability, and other clinical factors important to the maintenance treatment of bipolar depression.
- Formulate and implement treatment plans integrating latest evidence-based pharmacologic and psychosocial intervention strategies with available treatment guidelines.

TARGET AUDIENCE
Physicians, physician assistants, nurse practitioners, nurses, psychologists, social workers, certified case managers, pharmacists, and other healthcare professionals interested in mental health.

COMMERCIAL SUPPORT
CME Outfitters, LLC, gratefully acknowledges an educational grant from AstraZeneca Pharmaceuticals in support of this CE activity.

FAX completed form to 240.243.1033

☐ YES! Register me for this LIVE evidence-based neuroscienceCME TV activity on September 10, 2008.
☐ Please send me a complimentary CD-ROM of this CE activity.

Site Name: _______________________________ # Participants: __________
Individual Name: _______________________ Degree: __________
Address: ________________________________
City/State/ZIP: ____________________________
Practice Setting: Community Mental Health State Mental Health Primary Care Private Practice Other
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