



FACULTY INFORMATION

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CREDIT INFORMATION

This CME/CE activity can be used toward mandatory Cultural Competence requirements in states where applicable.

CME Credit (Physicians): This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of CME Outfitters, LLC, and Quadrant Medical Education. CME Outfitters, LLC, is accredited by the ACCME to provide continuing medical education for physicians.

CME Outfitters, LLC, designates this educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Note to Physician Assistants: AAPA accepts Category I credit from AOACME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

CNE Credit (Nurses): CME Outfitters, LLC, is an approved provider of continuing nursing education by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

It has been assigned code 6WASUP-PRV-0640. 1.0 contact hours will be awarded upon successful completion. This activity is co-provided with Quadrant Medical Education.

Note to Nurse Practitioners: The content of this CNE activity pertains to Pharmacology.

CEP Credit (Psychologists): CME Outfitters is approved by the American Psychological Association to sponsor continuing education for psychologists. CME Outfitters maintains responsibility for this program and its content. (1.0 CE credits)

NASW Credit (Social Workers): This program was approved by the National Association of Social Workers (provider #886407722) for 1 continuing education contact hour.

CCMC Credit (Certified Case Managers): This program has been approved for 1 hour by the Commission for Case Manager Certification (CCMC).

CPE Credit (Pharmacists): CME Outfitters, LLC, is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. 1.0 contact hours (0.1 CEUs)

Universal Program Number: 376-999-08-017-H04-P

All other clinicians will either receive a CME Attendance Certificate or may choose any of the types of CE credit being offered.

Credit request forms/activity evaluations can be completed online at www.neuroscienceCME.com (click on the Testing/Certification link under the Resources tab—requires free account activation), and participants can print their certificate or statement of credit immediately (70% pass rate required). CE credit for this activity expires on September 22, 2009.

This continuing education activity is jointly sponsored by:



Depression as a Mind-Body Disorder in Minority Populations: Special Challenges in Diagnosis and Treatment

Premiere Date: September 22, 2008

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View and register for the webcast/podcast at www.neuroscienceCME.com/CMW327

Questions?

Call CME Outfitters at **877.CME.PROS**.

This activity offers CE credit for:

- Physicians (CME)
- Psychologists (CEP)
- Case Managers (CCMC)
- Nurses (CNE)
- Social Workers (NASW)
- Pharmacists (CPE)

All other clinicians will either receive a CME Attendance Certificate or may choose any of the types of CE credit being offered.

STATEMENT OF NEED

Despite the availability of clinical guidelines for the identification and treatment of patients with major depression, studies consistently report that patients with depression are not diagnosed or treated as often as necessary. This is especially true when it comes to patients of racial or ethnic minority.¹ However, the effectiveness of treating depression in minority patients has been demonstrated.²⁻⁷ Therefore there is a critical need to educate clinicians to screen, diagnose, and treat minority patients with depression within the context of cultural sensitivity and to provide clinicians with the skills to overcome any cultural issues that may impede diagnosis and successful treatment of minority patients with depression. Healthcare providers caring for minority populations need to actively engage patients in their treatment and regularly follow-up with these patients to ensure compliance with therapy and the best outcome for the patients.

¹ Williams DR, et al. *Arch Gen Psych* 2007;64:305-315; ² Hong Ng C, et al. *Int Clin Psychopharmacol* 2006;21:87-92; ³ Pinto C, et al. *J Indian Med Assoc* 2007;105:364-368; ⁴ Wu YS, et al. *J Clin Pharm Ther* 2007;32:353-363; ⁵ Lee P, et al. *Psychiatry Clin Neurosci* 2007;61:295-307; ⁶ Lewis-Fernandez R, et al. *J Clin Psychiatry* 2006;67:1379-1390; ⁷ Bailey RK, et al. *J Natl Med Assoc* 2006;98:437-447.

ACTIVITY GOAL

To enable healthcare providers to gain insight into the specific needs of minorities when they are treated for depression, including such items as diagnosis, screening, compliance, and stigma.

LEARNING OBJECTIVES

At the end of this CE activity, participants should be able to:

- Identify manifestations of depression in minorities.
- Apply culturally sensitive approaches to involve minority patients in the diagnosis and treatment of depression.
- Create goal-directed therapy plans to treat depression in minority patients.

TARGET AUDIENCE

Physicians, physician assistants, nurse practitioners, nurses, psychologists, social workers, certified case managers, pharmacists, and other healthcare professionals interested in mental health.

COMMERCIAL SUPPORT

The joint sponsors CME Outfitters and Quadrant Medical Education gratefully acknowledge an educational grant from Eli Lilly and Company and Wyeth Pharmaceuticals in support of this CE activity.

FAX completed form to **240.243.1033**

YES! Register me for this evidence-based neuroscienceCME Webcast/Podcast

(Participation details will be sent to you via email.)

Site Name: _____ # Participants: _____

Individual Name: _____ Degree: _____

Address: _____

City/State/ZIP: _____

Practice Setting: Community Mental Health State Mental Health Primary Care Private Practice Other: _____ Phone: _____

Fax: _____ Email (required): _____