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*Make a Joyful Noise: Searching for a Spiritual Path in a Material World* Chariss K. Walker iUniverse (2008) ISBN 9780595481194 Reviewed by Cherie Fisher for Reader Views (8/08)

Are you one of those people who are thinking about living a more spiritual life but do not know how to go about it? Then this book is definitely for you. A person new to the spiritual path as well as a person already well into their journey would benefit from reading this book. The author knows the topic well as she has spent the last thirty years studying the subject.

The author, Chariss K. Walker, truly understands that we are spiritual beings having a human experience. God wants to give us what we want but it is our humanness that often precludes us from asking the right way for something or understanding God s response when it is given. The first section of the book lays the foundation of spirituality by exploring what spiritual laws really are.

The second section of the book delves into the different spiritual laws. These fourteen laws include the laws of oneness, vibration, attraction, action and very importantly the law of forgiveness. It is very important to read and understand all of the laws as they build upon each other.

The third section explores how to put the spiritual laws into practice. This can be done through prayer, meditation, thanksgiving and visualization to name just a few. A combination of these practices will also strengthen what you are looking to accomplish. Chapter Thirty was particularly valuable as it discusses how this information can be beneficial to you.

I really enjoyed every aspect of this book. The author's approach was easy to read and comprehend; it drew me in from the first page to the very end. The quotes and affirmations used were inspiring and relevant to the topic at hand. Make a Joyful Noise" by Chariss K. Walker is an excellent resource for anyone who is on the spiritual path or contemplating it.