

Between the fast-paced world of teen culture and the negative influences that bombard your teen, parenting is a challenging and unpredictable task. How in tune are you with your teen's world? Test your knowledge with this short quiz (answers on back).

1. If your teen were to "ROTFL," what would she be doing?

- A. Electronically recording a TV program
- B. Text-messaging someone about her new boyfriend
- C. Instant-messaging someone about something really funny
- D. E-mailing a friend about something confusing

2. If a teen is "leaning," what might he be doing?

- A. Snorting heroin and cold medicine
- B. Getting ready to give someone a kiss
- C. Drinking cough syrup and soda
- D. Getting ready to fight

3. How many friends does the average teen have?

- A. 10
- B. 3
- C. 75
- D.15

4. Almost half of teen girls aspire to which profession?

- A. President of Yale University
- B. Celebrity personal assistant
- C. Navy Seal
- D. U.S. senator

5. If MySpace.com were viewed as a country, its membership would have a larger population than which of the following:

- A. Mexico
- B. Russia
- C. The United Kingdom
- D. Any of the above

6. What is a "poke"?

- A. Making fun of someone over text messaging
- B. A new term for a teen's car
- C. An online form of flirtation on a social networking Web site
- D. A rude way to get someone's attention in class

7. What is the "choking game"?

- A. A slang term for being so high that you are "choking" on your own words
- B. A techno song popular at rave parties
- C. A slang term for someone who always says they won't do drugs but gives into pressure easily when around them
- D. An activity in which participants restrict the supply of oxygen to the brain to induce a hallucinogenic state

8. What are "alcopops"?

- A. Tasty popsicles in the shape of liquor bottles
- B. Drunk grandparents
- C. Sweet-tasting alcoholic beverages popular with teens
- D. Candies designed to taste like liquor

9. What do "space cakes" and "skittles" have in common?

- A. They are popular snacks
- B. They are sold in many convenience stores
- C. They are harmless-sounding names for drugs
- D. They are sold as high-energy drinks and contain high doses of caffeine

10. What is getting "crunk"?

- A. To get crazy and drunk
- B. To get excited about something
- C. To get high
- D. All of the above



1. If your teen were to "ROTFL," what would she be doing?

C. Instant-messaging someone about something really funny

ROTFL is instant-messenger and cell phone "text language" for "rolling on the floor laughing." Text language frequently uses acronyms to shorten longer sentences or phrases.

2. If a teen is "leaning," what might he be doing?

C. Drinking cough syrup and soda

"Lean" is an illegal drug concoction of prescription cough syrup containing the painkiller codeine mixed with soda or another sweet beverage.

3. How many friends does the average teen have?

C. 75

Including "friends" on social networking Web sites, teens claim to have an average of 75 friends

Source: Harris Interactive Poll: "Friendships in the Age of Social Networking Websites"

4. Almost half of teen girls aspire to which profession?

B. Celebrity personal assistant

According to a poll conducted of 653 middle-school students, celebrity fame is so central to youth culture that if given a choice of becoming the CEO of a major corporation, the president of Yale or Harvard, a Navy SEAL, a U.S. senator or "the personal assistant to a very famous singer or movie star," almost half of the girls (43.4%) chose the celebrity assistant role.

Source: USA Today article: "Fame Junkies is hooked on celebrity behavior" http://www.usatoday.com/life/books/news/2007-01-03-fame-junkies_x.htm

5. If MySpace.com were viewed as a country, its membership would have a larger population than which of the following:

D. Any of the above

While total membership grows on an hourly basis, MySpace.com currently reports 178 million members. As of the beginning of 2007, MySpace's reach included 38 percent of all persons 12-17.

Sources: CIA Published Statistics

i) Mexico: https://www.cia.gov/cia/publications/factbook/print/mx.html

ii) Russia: https://www.cia.gov/cia/publications/factbook/print/rs.htm

iii) UK: https://www.cia.gov/cia/publications/factbook/print/uk.html

iv) MySpace.com self reported membership numbers: www.myspace.com

6. What is a "poke"?

C. An online form of flirtation on a social networking Web site

While most social networking Web sites have a unique term for members to electronically contact each other, the wildly popular Facebook site uses the term "poke." Facebook.com encourages its users to interpret the "poke" in different ways, but it is generally considered a form of online flirtation.

Source: Facebook Online Social Networking Site: "Pokes" http://www.facebook.com/help.php?page=20

7. What is the "choking game"?

D. An activity in which participants restrict the supply of oxygen to the brain to induce a hallucinogenic state

The "choking game" is a dangerous activity in which participants literally choke each other or themselves, thus temporarily restricting blood to the brain thus creating a cheap way to get high. While this game has been played for many years, teens today are taking it to extreme levels, sometimes resulting in death. This "game" is widely known in its various forms and teens can easily access directions and videos online showing how to perform this dangerous act.

Sources

i) CBS News article: "'Choking Game' A Deadly Trend."

http://www.cbsnews.com/stories/2005/07/28/earlyshow/main712411.shtml

ii) Collier County Sheriff's Office Parenting Brochure: "The Choking Game...Deadly

Child's Play" http://www.telecomassociation.com/pubs/chokinggamereport/files/chokinggamehandout.pdf

8. What are "alcopops"?

C. Sweet-tasting alcoholic beverages popular with teens

"Alcopops" refers to a variety of sweetly-flavored, potent alcoholic drinks that mask the flavor of alcohol. Parents should monitor for these types of drinks because their sweet flavor and generally high alcohol content makes them an appealing way for teens to get drunk.

Sources: i) CBS news: "Health: Alcopops & Underage Drinking."

http://cbs3.com/health/local_story_096183535.html;

ii) SAMHSA Family: "Not Your Garandma's Lemonade." http://www.family.samhsa.gov/monitor/alcopops.aspx

9. What do "space cakes" and "skittles" have in common?

C. They are harmless-sounding names for drugs

"Space cakes" and "skittles" are harmless-sounding names for drugs. Space cakes are drug-infused baked goods, such as pot brownies. Skittles refers to OTC pills for coughs containing DXM that can be abused if taken in large doses.

Sources: i) Drug Free Pennsylvania: http://www.drugfreepa.org/drugs/dxm.asp;

ii) Department of Alcohol and Drug Program: "California Outcomes Measurement System Treatment Data Collection Guide"

http://www.adp.cahwnet.gov/CalOMS/pdf/CalOMS%20Treatment%20Data%20Collection%20Guide.pdf; iii) Redlands Daily article: "Student, 13, arrested for bringing pot-laced brownies to school."

http://www.redlandsdailyfacts.com/news/ci_5829682

10. What is getting "crunk"?

D. All of the above

While the definition of "crunk" varies from person to person, generally it refers to a combination of the words crazy and drunk, or "chronic" (a slang term for marijuana) and drunk, thus suggesting an excited state of being inebriated or stoned.

Sources: i) Wikipedia entry: http://en.wikipedia.org/wiki/Crunk

ii) Urban Dictionary entry: http://www.urbandictionary.com/define.php?term=crunk