



News Release

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EMDR International Association Launches First EMDR Library *Online Library Developed by Former EMDRIA President*

AUSTIN, Texas (PRWeb) - Today the EMDR International Association (EMDRIA) introduced mental health practitioners and researchers worldwide to the first comprehensive collection of Eye Movement Desensitization and Reprocessing (EMDR) works – The Francine Shapiro Library.

EMDR therapy was developed out of the research of Dr. Francine Shapiro in 1989. Since its creation, EMDR has grown into an integrative therapy approach that incorporates elements from many other methods to create an effective treatment for trauma and post-traumatic stress disorder, as well as many other conditions. EMDR is widely practiced and researched throughout the world.

The Francine Shapiro Library is the brain-child of former EMDRIA President, Dr. Barbara Hensley, who began collecting EMDR-related journal, newspaper, magazine articles and conference handouts in the early nineties as an intern. When the collection turned into a filing cabinet filled to the brim, Dr. Hensley began the process of scanning each article into the computer to create a digital archive.

"While I was scanning in these articles, I began to realize just how valuable this wealth of information could be to my colleagues, especially those interested in conducting EMDR research. That was when the idea of the online library was born," said Dr. Hensley.

With the support of EMDRIA, Dr. Hensley began to search for a location capable of housing the collection. Dr. Marilyn Schleyer, a Professor at Northern Kentucky University (NKU), saw the value in the project and was able to secure a permanent home for the library at NKU. Dr. Hensley and Phillip Yannarella, Research Librarian at NKU's Steely Library, worked closely together to fill in research gaps, verify data, organize the articles and transform her collection into an online, searchable library.

"When it came time to name the library, it was unanimous that we should name it in honor of the woman that started it all, Dr. Francine Shapiro, the founder of EMDR," said Dr. Hensley.

"The Francine Shapiro Library is a rich collection of EMDR knowledge that will continue to support EMDR research and practice for decades to come," said Scott Blech, Executive Director of EMDRIA. "Dr. Hensley has done an amazing job, and now it's time for the EMDR Community to join in and do their part. Please utilize these articles in your research, your teaching and your practice. But, most importantly, please share your work with us so that others can benefit from it!"

The Francine Shapiro Library is available to anyone interested in EMDR research or practice and to any individual with an item to be added to the collection, at www.emdria.org.

About EMDRIA

EMDR International Association (EMDRIA) is a professional association where practitioners and researchers seek the highest standards for the clinical use of EMDR. By promoting training, research and the sharing of the latest clinical information, EMDRIA is committed to assuring that therapists are knowledgeable and skilled in the methodology of EMDR which is an accepted psychotherapy by leading mental health organizations throughout the world.