

Haramara Yoga Surf Retreat

Haramara Retreat Center – Sayulita, Mexico

Saturday, February 21st – Saturday, February 28th, 2009

Enjoy seven nights in the beautiful and secluded Haramara Retreat Center. Located just outside of the small surfing town of Sayulita, Haramara is the perfect place to relax, indulge in daily yoga practice and experience all the area has to offer.

Cost:

Triple room: \$1750 per person
Double room: \$2250 per person
Single room: \$2750 per person

\$400 off the total cost if paid in full before December 10th

\$200 off the total cost if paid in full before January 10th

\$500 deposit reserves your bed



Price includes:

- Seven peaceful nights & three fresh, locally sourced meals daily
- Daily yoga classes & guided meditation
- Two beginner group surfing lessons

Other optional excursions include: Mountain bike tour, sunset sailing, zip lines, horseback riding, snorkeling, massage & more massage.

We will also organize an optional group whale-watching tour – migrating humpback whales are in the area this time of year!

Price does not include:

Flight to Puerto Vallarta & transfers to/from airport.
We will coordinate your shuttle for you.

Space is limited; sign up today!

Escape with us to paradise for a week of
yoga, surfing & complete relaxation!

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Y O G A

www.corepoweryoga.com

Email sheri@corepoweryoga.com
for more information or to register.