

NJ Regional Shopping/Holiday Cookbook

A county-to-county holiday food shopping guide with 250 shops, markets and stores across New Jersey's countryside featuring tastes from different cultures.

Explore top bakeries & delis, farm vegetable and fruit markets, exotic turkey, poultry and fish stores, and classic pork and meat stores. Try a pasta shop, a sandwich store or discover a new restaurant.

Enjoy personal anecdotes from long time New Jersey residents, revisit "the spaghetti pie recipe", make Cuban bread or try reproducing Rusk, one of the many Jerseyana recipes from days gone by.



Dolores Stephenson is a writer who spends time researching and collecting authentic New Jersey foods, customs and recipes. She was born in Muros, Galicia, Spain, but learned "how to food shop" on Ferry Street, in "down neck" Newark, New Jersey from her mother in the 1950's. She lives in Cranbury, New Jersey with her husband, son and dog, Ricky.

Visit her website at www.holidayfoodtraditions.com.

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Where to Shop for Holiday Foods, Feasts & Traditions in New Jersey

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*Fresh Food Stores, Farmers Markets,
Mom & Pop Shops, Caterers, Delis,
Specialty Stores, Recipes
and Restaurants*

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