1st Annual Chairs in Psychiatry Summit: Meeting Highlights

Release Date: January 30, 2009
Credit Expiration Date: January 30, 2010

This activity offers CME credit for:
Physicians (ACCME/AMA PRA Category 1)
All other clinicians will receive a CME Attendance Certificate.

You can download this neuroscienceCME *Clinical Navigator*™
at **www.neuroscienceCME.com/CMW368**.

For more information on this 1.25-credit activity, call CME Outfitters at **877.CME.PROS**.

STATEMENT OF NEED

The 1st Annual Chairs in Psychiatry Summit brought together the leaders in psychiatry and other practicing physicians to review and discuss the latest research and treatment strategies in psychiatry. This groundbreaking summit included a keynote address, scientific presentations, and clinically focused workshops targeting both basic and advanced issues. The workshops covered a wide range of clinically relevant topics, including brain imaging, sleep, schizophrenia, bipolar disorder, comorbid substance abuse, anxiety disorders, suicide, brain stimulation, depression, the role of genes in mental disorders, autism, and others.

This Meeting Highlights Clinical Navigator is offered as a means of addressing a variety of psychiatric conditions for clinicians who were unable to attend the live conference on June 27-29, 2008 and as a summary and refresher to those who were able to attend. Each section provides references and evidence that are key to translating the presentation content into data that is helpful in the clinic and improves patient care. Fordis and colleagues found that carefully designed, evidence-based online CME can produce objectively measured changes in behavior as well as gains in knowledge that are comparable to those associated with effective live activities.[1]

In this evidence-based Meeting Highlight from the 1st Annual Chairs in Psychiatry Summit, psychiatrists and physicians have access to cutting-edge research, the latest clinical trial data, and expert opinions that, together, can help advance the practice of participants and improve patient outcomes.

[1] Fordis M, King JE, Ballantyne CM, et al. Comparison of the instructional efficacy of Internet-based CME with live interactive CME workshops: a randomized controlled trial. *JAMA* 2005;294:1043-1051.

ACTIVITY GOAL

To provide a comprehensive update on the latest advances and evidence-based strategies, both pharmacological and non-pharmacological, in the diagnosis and treatment of various psychiatric disorders.

LEARNING OBJECTIVES

At the end of this CME activity, participants should be able to:
- Analyze the latest research and clinical data regarding various psychiatric disorders.
- Incorporate the latest evidence into individualized treatment plans.
- Translate knowledge improvement into practice improvement with a goal of improving outcomes of patients with mental illness.

TARGET AUDIENCE

Psychiatrists and other physicians and healthcare professionals interested in mental health.

COMMERCIAL SUPPORT

- This program is supported by an educational grant from Janssen, Division of Ortho-McNeil-Janssen Pharmaceuticals, Inc., administered by Ortho-McNeil Janssen Scientific Affairs, LLC.
- CME Outfitters, LLC, gratefully acknowledges an educational grant from Pfizer Inc. in support of this CME activity.
- CME Outfitters, LLC, gratefully acknowledges an educational grant from sanofi-aventis U.S. Inc. in support of this CME activity.
- This program is supported by an educational grant from Takeda Pharmaceuticals North America, Inc.
- CME Outfitters, LLC, gratefully acknowledges an educational grant from Wyeth Pharmaceuticals in support of this CME activity.

EDITORIAL FACULTY

William E. Bunney, Jr., MD
University of California, Irvine

Mark S. Gold, MD
University of Florida College of Medicine & McKnight Brain Institute

K. Ranga Krishnan, MB, ChB
Duke University Medical Center

Merry Miller, MD
East Tennessee State University

James E. Mitchell, MD
University of North Dakota School of Medicine

Laura Roberts, MD
Medical College of Wisconsin

David R. Rubinow, MD
University of North Carolina at Chapel Hill

Daniel R. Weinberger, MD
National Institute of Mental Health

CREDIT INFORMATION

CME Credit (Physicians): CME Outfitters, LLC, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CME Outfitters, LLC, designates this educational activity for a maximum of 1.25 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Note to Physician Assistants: AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

CREDIT INSTRUCTIONS/ REQUIREMENTS

Successful completion of this CME activity includes reviewing the educational activity in its entirety, and following the appropriate set of instructions below:

Option A:
To complete your credit request form, activity evaluation, and post-test online (70% pass rate required), and print your certificate immediately, please visit www.neuroscienceCME.com and click on the Testing/Certification link under the Activities tab (requires free account activation).

—OR—

Option B:
- If you do not have Internet access and require hard copies of the post-test, credit request form and evaluation, please call **877.CME.PROS** to receive copies via email, fax, or postal mail.
- Complete the credit request form and activity evaluation. Successfully complete the post-test and record your responses on the credit request form.
- Submit completed forms via FAX to 240.243.1033 or mail to:
  CME Outfitters, LLC
  2400 Research Boulevard, Suite 425
  Rockville, MD 20850
  Attention: CE Forms Processor
- Participants will receive a certificate within 4–6 weeks following receipt of the credit request form and activity evaluation form.

Questions? Please call **877.CME.PROS**. Forms must be submitted by January 30, 2010. There is no fee for participation in this activity. The estimated time for completion of this activity is 75 minutes.

This continuing education activity is provided by

CME Outfitters

CN-026-019009-90