



SPIRIT JOURNEYS

Pilgrimages and Conscious Travel to Sacred Sites, Beautiful Lands and Mystical Places.
Workshops and Retreats for spiritual evolution, greater self-awareness and personal growth.

Come with us... Explore the world. Explore your Self.



Spirit Journeys offers opportunities for Gay Men and Lesbians, and our straight friends, to travel and vacation together exploring the world, or to gather together in retreat environments. Whether traveling or on a retreat, our aim is to offer a chance to "get away from it all" and at the same time to venture into the frontiers of spirit, self-awareness and personal growth.

Our events allow you to travel the world in a community with a common intent. This focus can allow you to interact in new and meaningful ways with others, and gain fresh insights into yourself as well. Our adventures combine a focus of personal growth and exploring the sacred, while traveling, relaxing and playing in beautiful and magical surroundings.

We offer three types of programs: **Workshops, Retreats and Journeys**

Our **Workshops** usually have specific themes, occur over a weekend, and encourage in-depth personal exploration.

The **Retreats** are typically five to seven days in length and offer self-discovery, various spiritual practices, and create time for rejuvenation. Whether at a Buddhist Zen Center, or in the natural beauty of Belize, our retreats provide a container for you to engage with others, learn new skills, and nourish your spirit.

Our **Journeys** are seven or more days long and include a variety of events where your inner experience is matched by the mystery, wonder and magnificence of the natural world and ancient civilizations. These Journeys, which we often call pilgrimages, can include interacting with indigenous cultures and tapping into ancient philosophies and cultures using meditation or ceremony. As we explore sacred sites and power places, we also have the opportunity for personal adventure, sightseeing, and relaxing (and even shopping!).



Upcoming Events

Teotihuacan and Beyond: March 28, 2009 to April 02, 2009

Shifting Skies, Grounded Feet: April 09, 2009 to April 12, 2009

Uncovering Our Mysticism - Egypt & Jordan: April 17, 2009 to April 29, 2009

Sacred Bali: A Travel and Yoga Adventure: May 02, 2009 to May 16, 2009

Brothers and Sisters: May 14, 2009 to May 17, 2009

Going Deep - Grand Canyon Rafting: July 01, 2009 to July 10, 2009

17th Annual Summer Retreat: August 10, 2009 to August 16, 2009

Cherished Lands - The American Southwest: August 16, 2009 to August 23, 2009

Authentic Eros: August 18, 2009 to August 22, 2009

Andean Cosmology: November 14, 2009 to November 28, 2009

Journey to Thailand, Cambodia & Laos: November 20, 2009 to December 5, 2009



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