

# *Staph* and MRSA Treatments Comparison



## **Comparison of Western Medicine and Alternative Medicine Treatments for Staph and MRSA Infections**

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[www.Staph-Infection-Resources.com/mrsa-secrets-revealed.html](http://www.Staph-Infection-Resources.com/mrsa-secrets-revealed.html)

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# 1. *Staph and MRSA Treatment Approaches*

**There is no silver bullet when it comes to MRSA infection treatment.** Antibiotics are becoming less effective against MRSA infections every year as the bacteria become resistant to even the newest ‘last resort’ antibiotics. It is clear that the standard MRSA treatment regimen of antibiotics can no longer be relied upon exclusively. **Antibiotics must be used in conjunction with other important treatments in order to achieve the best results with these dangerous infections.**

Fortunately, there are many safe and effective methods for handling MRSA and other infections beyond the use of antibiotics. Some of these so called “alternative” methods have been used for years quite successfully by mainstream medicine in France, Germany and other modern countries. Many of these alternative MRSA treatments have the added benefit of helping to counteract the negative side effects of antibiotics and boost the immune system.

**MRSA treatments can be divided into two primary groups or paradigms:**

- ❖ **Western medicine** (also called traditional, allopathic or mainstream medicine)
- ❖ **Alternative medicine** (also called natural, holistic, naturopathic or integrative medicine)

Each of the above approaches to MRSA infection treatment has its benefits and drawbacks. The table below summarizes some of the key differences between these two treatment paradigms. **You will see a more complete comparison of Western and Alternative medicine, including important examples, in Chapters 3 and 6 of the book MRSA Secrets Revealed.**

	<b>Western Medicine</b>	<b>Alternative Medicine</b>
<b>Pros</b>	<ul style="list-style-type: none"> <li>• Best option for surgeries, trauma care and acute life threatening illness</li> <li>• Effective at quickly masking symptoms to provide immediate relief</li> <li>• Widely available and covered extensively by health insurance</li> <li>• The default option, requiring minimal self-direction, training or specialized knowledge on the part of the patient</li> </ul>	<ul style="list-style-type: none"> <li>• Focus on proactive measures</li> <li>• Treats the cause of illness and disease, not just the symptoms</li> <li>• More cost effective and economical</li> <li>• Methods targets whole body, as an interrelated system</li> <li>• Generally safe with minimal side effects when used according to directions</li> <li>• Excellent success record for chronic diseases and long-term prevention</li> </ul>
<b>Cons</b>	<ul style="list-style-type: none"> <li>• Treats symptoms effectively, not the underlying cause</li> <li>• Poor track record on healing chronic diseases and on prevention</li> <li>• Treatments are often invasive and have undesirable side effects</li> <li>• Treats the body in parts, not as a whole, interrelated system</li> <li>• Medical schools are structured into organ-specific departments, with little relationship with each other</li> </ul>	<ul style="list-style-type: none"> <li>• Requires more personal education and self direction for optimal success</li> <li>• Not taught to most doctors and most patients never hear about alternative options or methods</li> <li>• Can take longer to see results because addressing the root cause of an illness is more involved than simply masking the symptoms</li> <li>• Healthcare insurance coverage is usually less comprehensive</li> </ul>

**Western medicine** is widespread, universally available and is the standard of treatment in the U.S. and Canada. Western medicine is the cornerstone of the healthcare system and is strictly controlled and monitored in the U.S. by the Food and Drug Administration (FDA) and other organizations. The American Medical Association (AMA) ensures that Western medicine is the focus of all medical schools and helps to perpetuate the narrow paradigm of Western medicine.

**Alternative medicine**, on the other hand, is not widely used or understood in the Western world. Medical doctors are not taught alternative techniques in medical school and most alternative treatment approaches are not understood or indorsed by Western medicine.

Despite widespread ignorance and misunderstanding of Alternative medicine, a growing number of people in the Western world are leaning about alternative techniques and using them to great success with MRSA infections and other illnesses. There is a growing public awareness of the benefits of alternative medicine and more and more medical doctors are taking it on themselves to learn alternative techniques and offer them to their patients.

**Naturopathic Doctors (ND)** are specifically trained in the use of Alternative medicine and can be a valuable resource to those who wish to use alternative MRSA infection treatments. *Naturopathic medicine focuses on finding the cause of illness and then stimulating the body's ability to heal itself - thus resolving the illness and addressing the underlying cause.*

Most medical doctors have limited knowledge of alternative methods and are not likely to be supportive of these methods or to prescribe them. However, some states allow a physician to legally provide any natural therapy that is requested by a patient, which can be beneficial if your doctor is open and willing to work with you.

## **Integrative Medicine - Combining both Traditional and Alternative Medicine**

Many antibiotics now being prescribed are ineffective against MRSA. Many more antibiotics in the future will also lose their effectiveness against these resistant bacteria. **It is critical to your long-term health that you learn about and use natural and alternative approaches and combine them with mainstream**

**approaches to maximize your success in treating these dangerous and tenacious infections.**

MRSA and Staph still succumb to most natural antibiotics being used today. The key is to find safe and effective sources and to get guidance from a professional for your treatments. Ideally, you would work with your Medical Doctor and an Alternative Medicine practitioner like a Naturopathic Doctor.

It may take some effort on your part to integrate alternative treatment approaches along with your doctor's mainstream approach. But doing so will make a tremendous difference in resolving your MRSA or Staph infection as well as saving you time, frustration and money in the long run. **After you've read Chapters 3 and 4 of the book *MRSA Secrets Revealed*, you'll know all about these two approaches and how to best integrate your treatment approaches to get better faster.**

## **2. Western Medicine Methods**

Below are summaries of many of the Traditional Western Medicine approaches that are currently available to treat MRSA and Staph infections. This summary discusses the basic nature and important considerations of each individual MRSA treatment method. Please note that the antibiotics for Staph treatment do not always work for MRSA. MRSA is a more antibiotic resistant form of the Staph bacteria.

**Antibiotics, if used wisely and prescribed properly, can be a necessary part, and sometimes a life-saving aspect of MRSA and Staph infection treatment.** It is my wish to impart upon you a more thorough knowledge of the pros and cons of each type of treatment. In my opinion (and according to many professionals), **antibiotics should only be used for more urgent or life-threatening situations.** As you'll read below, the overuse of antibiotics is one reason why antibiotic resistant bacteria like MRSA have come into being.

Also, be sure to educate yourself on the many natural antibiotics that Staph and MRSA are not resistant to. An informed person is an empowered person, more able to control their health and achieve long-term success with their infection.

**Please note:** I am a Microbiologist and a Scientist. I am not a doctor or health care professional. The commentaries below are based upon my research, sometimes my own personal use, historical data, and other people's experiences with MRSA or Staph infections. The list of methods below is by no means complete.

*Warning: If you are pregnant, or if you have any questions regarding the use of any method for handling MRSA or Staph infections or any other medical condition (for you or someone else), or for details on precautions you should take, do your own research and speak with a qualified health care practitioner.*

**You'll have a complete understanding of how Western medicine treatments work for MRSA and Staph infections and what tests to ask your doctor for after you've read Chapters 3 and 5 of the book *MRSA Secrets Revealed*.**

## ❖ Antibiotics

**Antibiotics are drug products that stop or inhibit the growth of bacteria and are often prescribed for the treatment of MRSA and Staph infections.** They were first synthesized in the 1930's and have been used extensively since then. There are many different classes and types of antibiotics that work in different ways, have different characteristics and have limitations on how they can be used. "Broad spectrum" antibiotics work against many different kinds of bacteria whereas "narrow spectrum" antibiotics only work against certain specific organisms.

Antibiotics can be taken orally, topically or intravenously (IV), depending on the type of antibiotic. If the correct antibiotic is prescribed, infection relief can occur very quickly. However, **misdiagnosis and improper use of antibiotics are common with MRSA, Staph and other infections.** The correct antibiotic is often

determined based on the experience of the doctor or by trial and error. The most accurate way to prescribe an antibiotic uses a microbial susceptibility test to identify the best antibiotic for a particular person's infection. The type, location and severity of infection along with factors such as pregnancy, drug allergies, or health risks must also be taken into account when selecting an antibiotic. Antibiotics for Staph treatment include but are not limited to **tetracyclines, sulfa drugs and clindamycin. Bactrim, Vancocin (vancomycin) and Xyvox (linezolid)** are commonly used for MRSA infections. However, resistance to Vancomycin has been reported and it's known as **VRSA** (Vancomycin Resistant *Staphylococcus aureus*).

**The Misuse and Overuse of Antibiotics:** The overuse of antibiotics over many years has resulted in the ever growing population of antibiotic resistant bacteria, such as MRSA. Antibiotics have become less and less effective with each passing year. Such misuse has been created by doctors prescribing antibiotics for colds which are caused by viruses, not bacteria. The commercial livestock industry has overused antibiotics, which are commonly used to fatten cattle so they can go to market quicker. These two factors have greatly contributed to antimicrobial resistance in bacteria like Staph.

**Statistics are now showing that using antibiotics for treating a Staph infection can double your chances of getting MRSA.** I'm not saying this as a scare tactic, but I want to inform you of the risks involved with antibiotics. While they are often necessary and lifesaving, I believe they should be used with prudence. Antibiotics have a history of being misused and over-used which has contributed largely to antibiotic resistant bacteria like MRSA, VRSA and others. I would consider alternative approaches in conjunction with antibiotic treatment if an infection is not serious or life-threatening. If the infection is serious or life-threatening, I would look at using these other approaches in conjunction with antibiotic treatment. Talk with your Medical Doctor, Infectious Disease Doctor or

ideally Alternative Medicine Doctor about using antibiotics as a "backup" option if at all possible.

**Antibiotic Side Effects:** Most antibiotic drugs have significant negative side effects, which can include: diarrhea, hives, yeast infections, upset stomach, nausea, vomiting, depressed white blood cell counts (immune cells), rashes, and more. Consult your physician if you are pregnant or breast feeding as some antibiotics have adverse effects on the developing fetus and infants. Parents should be especially cautious using antibiotics on children as I believe they can, especially with overuse, contribute to many other chronic illnesses. Why? Because **antibiotics kill off many of the "good" or friendly bacteria** inside the intestines along with the "bad" bacteria of the infection. This disruption of the natural bacteria balance in the body can cause intestinal problems but importantly, **antibiotics also weaken the body's immune system**, thus increasing the chances of getting re-infected later.

### ❖ **Warm Compresses**

Warm compresses are often used to bring a boil or abscess to a head and allow it to drain on its own. A washcloth wetted with hot water can be laid over the boil over several days to achieve this. Topical antimicrobials are often used with the warm compress.

### ❖ **Incision and Drainage**

Boils and abscesses are often incised or lanced and drained to reduce pain and to decrease the number of bacteria in the infected area. The procedure consists of treating the skin with a topical antiseptic followed by puncturing or opening the skin with a sterile instrument thus allowing the pus to drain out.

Lancing and draining must be done by a health care professional due to the very high risk of spreading the MRSA to other parts of the body or to other people.



Secondary infections and other complicating problems can occur if the procedure is not done properly.

## ❖ **Topical Antimicrobial Creams and Ointments**

Topical products containing antimicrobial agents are often used to manage MRSA infections and Staph infections of the skin. These antimicrobial agents typically kill the bacteria or prevent them from growing. Some commonly used topical antimicrobials include **Iodine and Chlorhexidine (Hibiclens)**. Antibiotics such as **Bactroban (mupirocin)** are often used in topical antimicrobial products as well. Topical antimicrobials are typically spread or sprayed into a skin infection.

**Side Effects:** Bactroban should not be used if you are breastfeeding. Topical antimicrobial **Chlorhexidine (Hibiclens)** is a synthetic antimicrobial to which some people can acquire skin sensitivity. **Studies also show that MRSA may become resistant to Chlorhexidine over time. And, topical antimicrobials will likely upset the balance of "good" bacteria on the skin (normal skin flora) which protect your body from infection. This can increase the risk of re-infection.** These harsh products on your skin can cause dry, cracked skin - an optimal entry for MRSA or Staph to cause infection. Again, as with any antimicrobial, fungal overgrowth in the body can occur with use.

## ❖ **Antimicrobial Baths**

Bathing in water containing an antimicrobial agent or disinfectant is sometimes recommended by doctors for treating MRSA skin infections. Commonly prescribed bath additives are **Chlorhexidine (Hibiclens) and bleach (Clorox)**. Bleach baths may be less effective at killing MRSA than normal Staph bacteria and antibiotic resistance is a growing concern for Chlorhexidine.

**Side Effects:** Bleach can be harsh and sensitizing to the skin, especially with repeated use. Chlorhexidine should not be used if you are pregnant or breast feeding. The skin has a very large surface area and readily absorbs bath additives into the body. **Therefore, the effects of absorbing synthetic antimicrobial**

**agents and harsh chemicals on the body's immune system should be considered.** Additionally, these harsh chemicals often cause skin sensitivity, and dry, cracked skin. Your skin is your first line of defense against Staph and MRSA bacteria. Bacteria can penetrate cracked skin much easier.

**After reading Chapters 3 and 6 in the book MRSA Secrets Revealed, you'll know be able to counteract the side effects of antibiotics, get the most benefit form antibiotics, and start using natural alternatives to antibiotic drugs.**

### **3. Alternative Methods**

**Below are summaries of some of the numerous Alternative or Natural Medicine approaches that are currently available for treating MRSA and Staph infections.**

This summary discusses the basic important considerations of each of the MRSA natural remedies. Generally, natural remedies for Staph will also work for MRSA, though MRSA may take a little more time.

**Please note that traditional antibiotics may be needed for your infection, and are often life-saving in urgent cases. I am not advocating avoiding the use antibiotics, but that they only be used if necessary, and used in an informed manner.** I simply intend to explain the pros and cons to all treatment options so you can make an informed choice. **An informed person is an empowered person and has more control over the outcome of their infection.**

Please note: I am a Microbiologist and Scientist. I am not a doctor or health care professional. The commentaries below are based upon my research, sometimes my own personal use, historical data, and other people's experiences with MRSA or Staph infections. The list of methods below is by no means complete.

*Warning: If you have any questions regarding the use of any method for handling MRSA or Staph infections (for you or someone else), or for details on precautions you should take, do*

*your own research and speak with a qualified health care practitioner. Pregnant or lactating women, diabetics, hypoglycemics, and people with known medical conditions and/or taking drugs should consult with a licensed physician and/or pharmacist prior to taking dietary supplements.*

**After reading Chapters 4, 6, 7, 8, 9 and 11 of the book *MRSA Secrets Revealed*, you'll have a thorough understanding of what all of the alternative methods are and how these methods can be used for MRSA and Staph infections.**

## ❖ Essential Oils

**Essential oils are the immune system of plants.** Essential oils are extracted from some plants into a concentrated form, many of which have potent antimicrobial, antifungal or antiviral properties. **These powerful plant extracts contain hundreds to thousands of chemical components.** Unlike antibiotics, which are often a single chemical component, essential oils made of hundreds or thousands of chemical components are very difficult for bacteria to become resistant to and are therefore one of the most potent MRSA natural remedies.

Essential oils are typically used externally or diffused and with professional care, some can be used internally. Essential oils vary widely in quality, composition and intended use with many different brands and types to choose from. **It is important to use only the highest quality therapeutic grade essential oils.** Essential oils are very concentrated and potent and should be used following the proper precautions and protocols.

**Essential Oil Precautions:** As mentioned above, only certain plant oils should be used for treating Staph or MRSA. And, the essential oil market is one of the most confusing and difficult to navigate that I've ever encountered. For instance, **95% of the oils on the market are only for aromatherapy or perfume purposes and absolutely should not be used for therapeutic purposes.** Oils are typically not pure (even though the label says so), and many oils are tainted with chemicals or solvents used in the extraction process which can damage the body. Only the

highest quality, certified, organic or wild crafted and therapeutic oils should be considered for use, and under the care of a qualified health care professional.

**You'll understand how to find the best quality essential oils, what to look for, which ones to avoid, where to find them, and how others have used them to address their infections after reading Chapter 6 of *MRSA Secrets Revealed*.**

## ❖ **Manuka Honey**

Manuka honey is a special medicinal honey that is one of the best natural remedies for Staph and MRSA and has been used for treating infections for over 200 years.

**Your average supermarket honey will not have the same health benefits as Manuka honey.** Some people consider Manuka honey to be much more potent than antibiotics for healing infected wounds. Manuka honey is often used on sores or open wounds and can be taken internally as well. **Not all Manuka honey is created equal, and certain types have been shown to have the best anti-bacterial qualities.**

**Manuka Honey Precautions:** Some people may have a food allergy to honey or may be sensitive to bee products. Diabetics must take into account that honey is over 30% glucose if using Manuka honey internally.

**After reading Chapter 6 of *MRSA Secrets Revealed*, you'll understand which Manuka Honeys are the best, how others have successfully used it for MRSA and Staph, and where to find this amazing honey.**

## ❖ **Garlic and Other Herbs**

Many herbs, especially garlic, have a long history of use in combating infections. Garlic was used extensively for fighting infections before the invention of antibiotics and also supports immune system health. **Garlic contains allicin, a potent broad-spectrum natural antimicrobial substance that is very sensitive and degrades easily.**

Garlic oil, aged garlic and most powders have no active allicin. **Garlic must be used fresh or processed specially to retain its antimicrobial activity. Properly prepared antimicrobial garlic products in powder and liquid form have been clinically proven to kill MRSA in controlled studies.**

**Garlic Precautions:** Garlic must be used with care for people taking anticoagulants because excess garlic can hinder blood clotting. Some people have a food allergy to garlic.

**Garlic and herbal methods for handling Staph and MRSA infections is detailed in Chapters 6 and 9 of the book *MRSA Secrets Revealed*.**

## ❖ **Vitamin C Therapy**

Intravenous vitamin C has potent anti-bacteria and anti-viral properties and is also an immune system booster. High dose vitamin C intravenous (IV) infusions in the 10 – 30 grams range can dramatically improve infection symptoms. IV vitamin C can be administered as either a straight push (injection) or more slowly using a drip.

**Vitamin C Precautions:** People receiving IV vitamin C therapy often feel thirsty and should drink plenty of water. Large amounts of vitamin C can drop blood sugar levels, so people should eat a carbohydrate snack during infusion. Large doses of vitamin C can also cause laxative effects. People with the rare condition called G6PD (usually found in Mediterranean people) cannot take large doses of vitamin C. Contrary to misconception, large amounts of vitamin C do not cause kidney stones.

Consult with your local Naturopathic Doctor (ND) about the availability of IV vitamin C therapy. For more information on how to get vitamin C IV therapy within Western

medical facilities, see the following website:

[www.doctoryourself.com/strategies.html](http://www.doctoryourself.com/strategies.html).

**Chapter 6 of the book *MRSA Secrets Revealed* covers the topic of vitamin C in detail.**

## ❖ **Colloidal Silver**

Colloidal silver is microscopic particles of silver that are held in a liquid suspension. Prior to the invention of antibiotic drugs, silver was widely used by physicians as a mainstream antibiotic because of its germicidal properties. Colloidal silver is usually available as liquids and creams. Many colloidal silver products with varying degrees of germicidal activity are available.

**Colloidal Silver Precautions:** A very rare medical condition called Argyria which causes irreversible gray skin coloration can occur if large quantities of improperly prepared silver accumulate in the body. You may have seen the real "blue man" on Oprah recently. However, despite the fact that silver is a heavy metal, there have been very few reports of toxicity, especially if the product is used as indicated.

**Chapter 6 of the book *MRSA Secrets Revealed* covers the use of colloidal silver in detail.**

## ❖ **Viral Phage Therapy**

Bacteriophages or "phage" are viruses that actually target and invade bacterial cells and can cause the bacterium to "self-destruct". Unlike viruses that cause a cold or flu by infecting cells of the human body, these viruses only attack bacterial cells, not human cells. Phage Therapy is the therapeutic use of these bacteriophages to treat pathogenic bacterial infections like MRSA. The side effects are less than seen with antibiotics and phages don't seem to create any resistance issues in bacteria.

**Precautions:** This technology has been in use in the Republic of Georgia and in European countries for many years, and is starting to enter the US and Canada. It apparently has a very good success rate. Although these phage have been modified to target MRSA or other strains of pathogenic bacteria - as a Scientist and natural health advocate, I have some concern about long-term health and if these phages could eventually target healthy bacteria in the body as well.

## ❖ **Boosting the Immune System**

Boosting the immune system is the single most important key to overcoming MRSA infections in the long term. This is a critical and often overlooked element to preventing the widespread problem of recurring infections. **This topic is covered in great detail with step-by-step protocols in Chapters 8 and 9 of the book *MRSA Secrets Revealed*.**

Several important components contribute to a stronger immune system:

- ➔ **Probiotics.** Probiotics help maintain healthy strains of 'good' bacterial in the gut that are necessary for proper immune system function. The balance of 'good' versus 'bad' bacteria in the gut is thrown off by poor diet, use of antibiotics and other factors. There are many factors involved with choosing a probiotic that will help with MRSA and Staph, and you'd be surprised which commonly used probiotics you should avoid.
- ➔ **Proper Diet.** Eating a diet of specific immune boosting foods, such as greens and specific spices are all important parts of boosting the immune system. There are many common foods that are critical to avoid as they decrease the strength of your immune system, and many foods can actually cause outbreaks of infection in your body.
- ➔ **Vitamins, minerals and phytonutrients.** Primary, secondary and trace nutrients are all important for maintaining optimal immune system health as well as overall health. Because most food sources no longer contain

adequate amounts of many important nutrients, correct supplementation is required.

→ **Avoiding and removing toxins.** Toxins build up in the body from the environment, from foods and medications, and as a normal byproduct of the body's metabolism. Antioxidants, certain herbs, specific food choices, and certain supplements can help neutralize toxins in the body and also support the body's mechanisms for removal of toxins and wastes.

→ **Exercise and stress management.** Daily exercise is important for maintaining optimal immune system health and stress has a powerful negative effect on the immune system.

**Precautions:** When it comes to boosting the immune system, there are no specific precautions, however, be sure to consult with your physician before starting any supplements or beginning any exercise program.

## ❖ **Energetic Medicine**

Energetic medicine comes in two different forms – one that can be physically or scientifically measured (like sound or vibrational therapy), and one that is not measurable using linear methods (such as prayer). Energetic medicine is often used to reduce pain, stress and suffering. Some methods can be used for positive treatment and diagnostic purposes as well.

Some commonly used energetic methods include acupuncture, acupressure, Reiki, Qi gong, yoga, prayer, and biofeedback therapies such as SCIO. While some of these methods have a long history of recognized success, others are more subtle and subjective in nature.

**Chapter 6 of the book *MRSA Secrets Revealed* reviews many modes of energetic medicine and how it can help you with infection.**



## ❖ Using Safe and Effective Products and Methods

Please understand that **“natural” does not necessarily mean “safe”** or “effective”. It's important that you know which products are safe and effective and which ones are not. It's also important to use the products properly to see the best results for your infection. And everyone is different – a product that works quickly and very effectively for someone else may provide only moderate benefit or may work more slowly for you.

Arm yourself with trusted, researched and reviewed information in the book *MRSA Secrets Revealed* and move forward with confidence treating your infection. Visit [www.staph-infection-resources.com/mrsa-secrets-revealed.html](http://www.staph-infection-resources.com/mrsa-secrets-revealed.html)

## 4. Summary

For your optimal recovery from MRSA or Staph, it's imperative that you learn the pros and cons of both Traditional and Alternative medical approaches. Both approaches are very valuable and have a lot to contribute to healing your infection, IF they are used correctly, sensibly and in an informed manner.

If you are to succeed in long-term recovery, you must know about the many safe and effective Alternative methods available, how to use them, and what products are effective and which ones aren't. Again, natural doesn't always mean safe and effective. Be sure you learn which methods and products are the best and safest.

**Take the guesswork out of MRSA and Staph. I've researched what's out there, what works and what doesn't so you don't have to.** There's a lot of information online that is not credible and could be damaging to your health. Wouldn't you rather spend your precious time getting well and not researching? You'll see what I mean after reading the systemized approach to infection-free health in *MRSA Secrets Revealed* at <http://www.staph-infection-resources.com/mrsa-secrets-revealed.html>

## Are you frustrated with your current MRSA or Staph treatment? Are you worried about protecting your family from infection?



*MRSA and Staph are serious and potentially life-threatening infections.*

Fortunately, there are simple actions you can take to turn your infection around, so long as you know what correct steps to take, and which critical mistakes not to make.

**I'll walk you through the steps to becoming infection-free and worry-free so you can feel better faster, protect your family, and avoid recurring infections.**



**Written by Microbiologist and Staph Researcher Michelle Moore**, the book *MRSA Secrets Revealed* is an up-to-date resource on how to overcome Staph and MRSA. With extensive experience in both the Pharmaceutical Industry and the Natural Health arena, Michelle has created a balanced approach that has helped thousands of people in overcoming their infections.

Get your copy of this comprehensive resource, available in printed or electronic format, by clicking on the blue link now: <http://www.staph-infection-resources.com/mrsa-secrets-revealed.html>

## **Disclaimer**

The information in this report is not intended to treat, cure, prevent, or diagnose disease or medical conditions, nor is it intended to prescribe forms of medical treatment. The authors do not distribute medical advice and are not responsible for use or application of the information contained herein.

Issues concerning health should be referred to qualified health professionals. If you have health conditions, are pregnant, nursing, or have allergies, please consult your physician and read all product information before beginning any treatment or health program.

If you are taking medications, you are advised to consult with healthcare providers knowledgeable in complementary medicine to determine which dietary supplements would be beneficial for your particular health needs and the dosages that would be best for you. We always recommend consulting with your health care providers before beginning any new treatment or program.