

Knowing your chances of having a stroke
increases your chances of preventing one.



May is National Stroke Awareness Month

The word “stroke” can be frightening to even the healthiest men and women. That’s why National Stroke Awareness Month was created: to help ease the fear of stroke by raising awareness. Better awareness means managing risk factors to reduce the chances of having a stroke, as well as being able to recognize and respond to the symptoms of stroke quickly. Awareness also means improving the quality of life for the 6 million stroke survivors in the U.S. Learn more by visiting www.stroke.org/SAM today.