

Alphabet Meditations for Teachers: Everyday Wisdom for Educators

Nancy Oelklaus, EdD

Loving Healing Press (2009)

ISBN 9781932690880

Reviewed by Paige Lovitt for Reader Views (3/09)

“Alphabet Meditations for Teachers,” contains twenty-six poems that cover topics, from A through Z, which teachers will relate to. Each meaningful poem has a colorful photograph to accompany it. The author did an awesome job of finding topics which every educator will find meaningful. As a community college instructor of students with disabilities, I found myself totally understanding the topics that were covered. I feel that they reach beyond the K-12 level.

Reading this book reminded me that we are here for our students, not vice versa. Being from a variety of backgrounds it is important for us to accept them no matter what their socio-economic status is. As educators we have to love them and believe in them no matter what. Dr. Oelklaus’s words really touched my heart. Reminding me to replace fear with love and to accept change as it appears, makes the education world a more exciting, adventuresome place.

“Alphabet Meditations for Teachers: Everyday Wisdom for Educators” by Nancy Oelklaus would make the perfect gift for any teacher, especially if they might be feeling burnout. It will inspire them to remember why they chose to teach. It also would make a perfect gift for a brand new teacher. As they begin to experience the good and bad things that come with the profession, it will let them know that others have had the same thoughts and feelings.