

# Welcome to Marbles: The Brain Store!

If you've forgotten a few things here and there, or just aren't feeling as sharp as you used to, don't worry. You're not losing your marbles – your brain is just slowing down as a natural part of aging.

Here's the good news: you can outsmart your aging brain by playing games! Challenging yourself to solve a puzzle, memorize trivia or strategically move a game piece stimulates brain cell growth and helps you stay sharp for real-life situations where you need to be on top of your game.

Marbles: The Brain Store helps you find the mind-building activity that's right for you so you can outsmart your age.



## Outsmart your age!

Staying mentally active helps fight the natural effects of aging by strengthening the connections between existing brain cells and stimulating the growth of new ones.

Making small changes in your everyday routine, learning new skills, solving puzzles or playing a board game are all great ways to get your brain geared up and have a little fun while you're at it.



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## OUTSMART YOUR AGE!

OFFERING PRODUCTS DESIGNED TO  
STIMULATE AND STRENGTHEN THE BRAIN.

# marbles

## the brain store

## Play your way to a healthier brain.



Marbles: The Brain Store has gathered the best brain-boosting games, books and activities grouped into categories that correspond to improving **5 key brain functions**. From the latest scientifically-acclaimed software programs to new versions of your favorite classic games, there's something fun for everyone.



### CRITICAL THINKING

Frontal Lobe



#### SOUND FAMILIAR?

Have you ever had difficulty following the plot line of a TV show?

#### OUTSMART IT!

Mastering a new skill builds brain mass. Challenge yourself by trying a new game: learn the rules, play for fun, then teach someone else.

#### MARBLES RECOMMENDS:

Brainteasers, Kakuro, Chess



### MEMORY

Temporal Lobe



#### SOUND FAMILIAR?

When was the last time you lost your keys or couldn't remember something that happened just a minute ago?

#### OUTSMART IT!

Try games that challenge your recall skills. With trivia games, you'll re-establish old connections between brain cells. With games that ask you to remember random sequences, you'll forge new connections.

#### MARBLES RECOMMENDS:

Trivia, Memory Cards



### VISUAL PERCEPTION

Occipital Lobe



#### SOUND FAMILIAR?

Have you ever watched a movie and missed an important detail? Do you feel like you have more blind spots while driving?

#### OUTSMART IT!

Sharpen your visual perception and spatial skills by choosing games that require quick recognition of shapes and colors.

#### MARBLES RECOMMENDS:

Picture Puzzles, Jigsaw Puzzles, Mazes



### WORD SKILLS

Parietal Lobe



#### SOUND FAMILIAR?

Do you ever feel like a word is on the tip of your tongue but you just can't get it out?

#### OUTSMART IT!

Play games that provide practice working with words, recognizing letter patterns, and creating new combinations. Read more, learn new words or challenge yourself to pick up a new language.

#### MARBLES RECOMMENDS:

Crosswords, Foreign Languages



### COORDINATION

Cerebellum



#### SOUND FAMILIAR?

Do you find it hard to concentrate or maintain balance? Are you dropping things more often?

#### OUTSMART IT!

Choose games and puzzles that help develop hand-eye coordination. The more you play, the more you will strengthen your brain-body connection and accelerate your overall coordination.

#### MARBLES RECOMMENDS:

3D Puzzles, Construction Games