



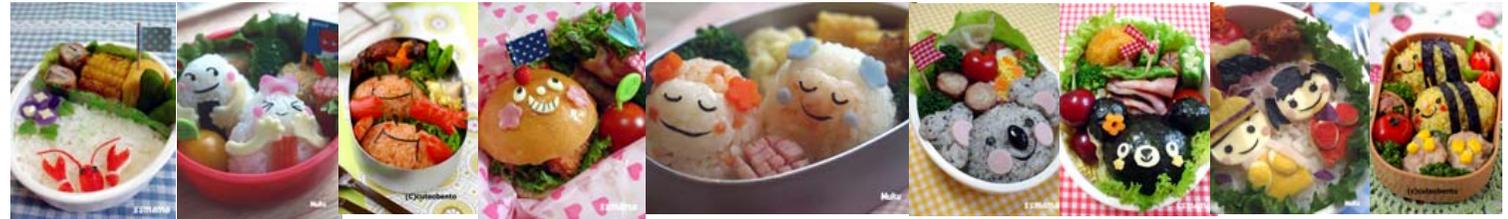
charaben

Japanese Lunch Box Fact Book

1 – What is Charaben?



Charaben, short for character bento, is a style of elaborately arranged bento which features food decorated to look like people, characters, animals, and many more. Japanese homemakers often spend considerable time devising their children's meal including their boxed lunches.



Originally, a decorated bento was intended to arouse interest from children in their food and to encourage a wider range of eating habits. It has now evolved to the point where national contests are held, from which Charaben artists can gain fame and become invited seminar speakers and authors on the subject. [from WIKIPEDIA]



2 – Books and web content of Charaben around the globe



In Japan, as Charaben has gained recognition, so many books has been released. The pictures are just a few of all the books that has been launched.



In the US, book named FACE BOOK has gained many popularity.

Google Also, charaben has been a big hit to bloggers around the globe. Google “Charaben”, and it will give you more than 66,000 hits on websites.

flickr Search for “charaben” on flickr, and it will give you more than 1000 pics of artwork all over the globe.

