

# Soak it all in Glenwood Springs ~ C O L O R A D O ~



Colorado River and Roaring Fork River



World's Largest Hot Springs Pool



Hanging Lake



Glenwood Caverns Adventure Park



Sunlight Mountain Resort

## Glenwood Springs - Soak It All In

Date: 2010  
To: Members of the Media  
From: Kate Collins, Vice President of Tourism Marketing  
Glenwood Springs Chamber Resort Association  
RE: Glenwood Springs, Colorado Press Kit

Glenwood Springs has all the elements for an amazing vacation. This press kit provides facts and figures about Glenwood Springs along with many story ideas and photographs. Soak it all in!

### GENERAL DESCRIPTION

#### FACT SHEET

#### SPOTLIGHT ON GLENWOOD

#### WHAT'S NEW

#### STORY IDEAS

#### EARTH

- \* hiking
- \* biking
- \* Glenwood Caverns Adventure Park
- \* horseback riding
- \* golf

#### AIR

- \* Iron Mountain Tram
- \* paragliding
- \* Swing Shot - giant swing
- \* high ropes course

#### WATER

- \* Glenwood Hot Springs Pool
- \* rafting
- \* kayaking
- \* fishing
- \* Aquatic Center

#### SNOW

- \* ski/snowboard
- \* snowmobiling
- \* cross-country ski/snowshoeing

#### NATURAL WONDERS

- \* caverns
- \* vapor caves
- \* Hanging Lake
- \* Glenwood Canyon
- \* wildlife

#### CREATURE COMFORTS

- \* art
- \* lodging
- \* spas
- \* dining
- \* shopping

#### MEETINGS

#### FESTIVALS & EVENT CALENDAR

#### HISTORY of this RESORT TOWN

Current press releases are posted online at [VisitGlenwood.com](http://VisitGlenwood.com) in the Media Center. Photos and b-roll video footage are available upon request. If you would like to conduct a personal interview, contact our public relations representative Vicky Nash with Resort Trends, Inc. at 970-948-4923 or [vicky@resorttrends.com](mailto:vicky@resorttrends.com). Or come for a visit! We will be glad to assist you with accommodations and a personal tour.

More information and reservations: 970-945-6589, [visitglenwood.com](http://visitglenwood.com), 888 4 GLENWOOD or 888-445-3696. Glenwood Springs is located between Aspen and Vail, 160 miles west of Denver or 90 miles east of Grand Junction on Interstate 70 off exit 116. Many cities provide direct air service into Vail/Eagle County Regional Airport 30 miles to the east and Aspen Airport 40 miles to the south. An online press kit, press releases and a preview of b-roll video footage are accessible at [glenwoodchamber.com/General-VP/Media-Center.html](http://glenwoodchamber.com/General-VP/Media-Center.html). Photos available upon request.

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At the confluence of the Colorado and Roaring Fork Rivers, the historic resort town of Glenwood Springs is famed for the Glenwood Hot Springs Pool, Glenwood Caverns Adventure Park, Glenwood Canyon, and Sunlight Mountain Resort. Explore underground caverns, pedal miles of riverfront trails, paddle the whitewater, sample local produce, shop in unique boutiques, or focus on relaxation.

Home to the largest mineral hot springs pool in the world, Glenwood Springs has a deep-rooted heritage in the hospitality business. Visionaries in the late 1800's built an internationally known hot springs resort. Travelers from around the globe soaked in the thermal waters, stayed in a luxurious hotel, and explored the wonders of subterranean caves.

Today, these attractions still draw over a million visitors each year. Each season offers something unique. The warm summer months provide endless opportunities to raft, kayak, hike, and bike. Winter snows attract skiers, riders, snowshoers, and ice skaters. Swimming and cave exploration are year-round activities.

There are more than 60 properties with over 1,700 guest rooms including historic hotels, bed and breakfasts, campgrounds, hotels and motels. Many of the sights and attractions are within walking distance from downtown.

Glenwood Springs Central Reservations allows visitors to check lodging availability and reserve a room online at [VisitGlenwood.com](http://VisitGlenwood.com). Airline tickets, car rental, and activities like rafting, Glenwood Hot Springs Pool passes, and Sunlight Mountain Resort lift tickets can be booked in advance, too. To speak with a travel specialist, call 888-445-3696 (888 4 GLENWOOD).

Time to soak it all in.

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# Soak it all in Glenwood Springs ~ COLORADO ~

2010

## Fact Sheet



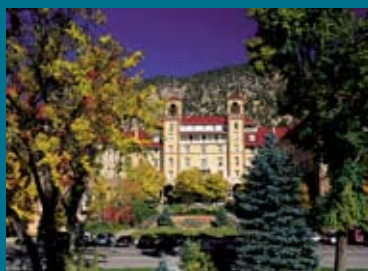
located between Aspen and Vail



California Zephyr at the Amtrak station



along the Rio Grande Trail



Historic Hotel Colorado



book through Central Reservations

Glenwood Springs, Colorado is located in the Roaring Fork Valley at the confluence of the Colorado and Roaring Fork Rivers, situated between famous neighbors Vail and Aspen.

**CLIMATE:** An alpine climate with low humidity in the summer and mild winters.  
June - August: 75°F - 90°F  
September - November: 65°F - 70°F  
December - February: 30°F - 45°F  
March - May: 60°F - 70°F

Annual Rainfall: 16.5 inches  
Annual Snowfall: 67 inches

**ELEVATION:** 5,746 feet above sea level

**POPULATION:** 8,887

**VISITATION:** 1.75 million visitors annually

### TRANSPORTATION

**Automobile:** Glenwood Springs is a scenic three-hour drive 160 miles west of Denver on I-70. It is a 1.5 hour drive 90 miles east of Grand Junction.

**Train:** Amtrak's California Zephyr travels a spectacular rail route from Chicago to California stopping in Glenwood Springs.

**Airports:** Eagle/Vail - 30 miles east, Aspen - 40 miles south, Grand Junction - 90 miles west, and Denver International Airport - 180 miles east

### ACCOMMODATIONS

Choose from more than 60 properties with over 1,700 rooms, including hotels and motels, ranging from 100-year-old historic treasures to contemporary lodges. Select a cozy cabin or cottage. Bed and breakfasts feature down comforters and antique décor. Condos and short-term vacation homes are available for those desiring both privacy and convenience. For the budget-conscious, there's the Glenwood Springs Hostel or campgrounds nearby.

### RESERVATIONS

For an online lodging guide, virtual room tours and discounts, go to [visitglenwood.com](http://visitglenwood.com). To speak to an agent, call the Glenwood Springs Reservations at 1-888-4-GLENWOOD (1-888-445-3696).

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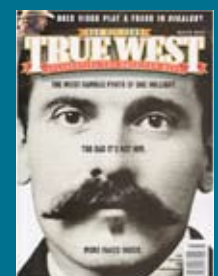
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# Soak it all in Glenwood Springs ~ COLORADO ~



## Spotlight on Glenwood Springs

2010

Glenwood Springs has received national media attention as a premier vacation destination for over 125 years. Here are some highlights in the past 10 years.

### ACCOLADES

AAA GEM: AAA TourBooks named the Glenwood Hot Springs Pool a GEM - *Great Experience for Members*, a point of interest that is an exceptional place to visit - 2006

Discovery's Travel Channel: Glenwood Springs named *America's #1 Hottest Place to Cool Off* since 2002 and Glenwood Hot Springs Pool listed as #10 in *Top 10 Hottest Hotel Pools* since 2003

Disney's FamilyFun Magazine: *8 Great Hotel Pools* lists Glenwood Hot Springs Pool as #2 - 2007

Field & Stream: Glenwood Springs tops the list as the best place for anglers to live in *America's Top 20 Fishing Towns* - 2008

Fine Living Channel: *Top Ten Cool Pools* honoring the Glenwood Hot Springs Pool - 2005

Forbes: Glenwood Springs is one of *North America's Top 10 Trout-Fishing Towns* - 2009

Golf Digest/Business Week: the Glenwood Springs-Breckenridge area is #1 in the *18 Hottest Retirement Destinations for Golfers* - 2006; Glenwood Springs ranked #2 in the Mountain West in its issue *America's Greatest Golf-Home Towns* - 2006

Golf Digest: Ironbridge Golf Club ranked in the *Top 20 in Colorado*, 2005-2006 and 2007-2008

Golf Magazine: Ironbridge Golf Club nationally ranked in the *Top 100 You Can Play*, 2004-2005

True West Magazine: *Best Wild West Town* - 2003; *10 Old West Sites* - 2003

USA Today: Glenwood Caverns Adventure Park named in *10 Great Places To Go Underground* - 2001

### DESIGNATIONS

National Trust Historic Hotels of America

The Hotel Colorado, built in 1893, earned the distinction of Historic Hotel of America - April 2007

Preserve America Community

Glenwood Springs was selected as a Preserve America Community - February 2006

National Trust for Historic Preservation

Glenwood Springs is one of America's Dozen Distinctive Destinations - 2004

- more -

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# Soak it all in Glenwood Springs ~COLORADO~



2010

## MAJOR MEDIA COVERAGE

### Television

CNN and Headline News  
Colorado Getaways – CBS Denver 4  
Discovery's Travel Channel  
Fine Living Channel  
Fox & Friends – FOX News  
Rocky Mountain PBS documentaries  
TBS Movie & a Makeover  
Today Show

### Websites

About.com  
Budget Travel  
MSNBC  
Sherman's Travel  
SmarterTravel.com

### Magazines

AAA Arizona Highroads  
AAA Colorado EnCompass  
AARP  
Adventure Cyclist  
Alaska Airlines  
Climbing  
Colorado Golfer  
Conde Nast Traveler  
Cowboys & Indians  
Disney's FamilyFun  
Every Day with Rachael Ray  
Field & Stream  
5280 - Denver  
Forbes  
ForbesLife Mountain Time  
Forbes Traveler  
Golf Digest  
Golf  
Motorhome  
National Geographic Adventure  
People  
RV Life  
SKI  
Ski Trax  
SPA  
Sunset  
Travel + Leisure  
True West  
USA Weekend

### Newspapers

Boston Globe  
Dallas Morning News  
Denver Post  
Fort Worth Star Telegram  
New York Times  
Orange County Register  
USA Today

### Movies

"Mr. & Mrs. Smith" features a climbing scene in Glenwood Canyon

- more -

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~

2010

## Books

- Colorado Expression's Christmas in Colorado
- Recipes from Historic Colorado: A Restaurant Guide and Cookbook
- 1000 Places to See in the USA and Canada Before You Die: A Traveler's Life List
- Colorado's Best Bed and Breakfasts: 100 Unique Getaways
- The Great Towns of America: A Guide to the 100 Best Getaways for a Vacation or Lifetime
- Colorado's Forks in the Road, an Adventurer's Guide to Unique Restaurants
- Colorado 1870-2000 II by John Fielder, features Glenwood Canyon on the cover
- Colorado's Best - The Essential Guide to Favorite Places
  - Best Canyon Passageway – Glenwood Canyon Trail
  - Best Family Ski Area – Sunlight Mountain Resort
  - Best Wholesome Breakfast & Lunch – Daily Bread Cafe
- National Geographic Guide to America's Hidden Corners features the Glenwood Hot Springs Pool
- The 100 Best Small Towns in America book named Glenwood Springs #4
- Snowshoeing Colorado

## AWARDS

### Beer Medals

Glenwood Canyon Brewing Co. consistently earns silver and bronze medals at the Great American Beer Festival in Denver along with gold and silver medals at the international Brewers Association World Beer Cup

### Wine Spectator

Juicy Lucy's Steakhouse achieved the Award of Excellence recognition

### Business Awards

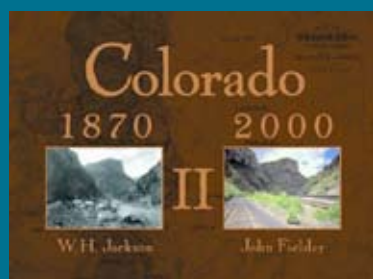
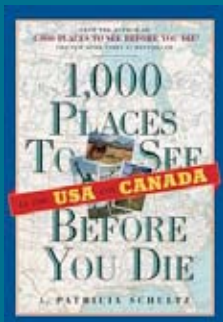
Governor's Colorado Tourism Conference "Outstanding Community Tourism Initiative Award" for the Rio Grande Trail - 2008

Colorado Business Magazine named Glenwood Caverns Adventure Park as the "Top Company of the Year" in the Tourism and Hospitality category - September 2004

Steve and Jeanne Beckley, Glenwood Caverns Adventure Park, won the 2001 Governor's Award for Outstanding Tourism Initiative presented by the Colorado Tourism Office

The Colorado Hotel & Lodging Association awarded Kjell Mitchell, Glenwood Hot Springs General Manager/COO, the prestigious Chairman's Award - November 2005

- end -



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# Soak it all in Glenwood Springs ~ C O L O R A D O ~

## What's New in Glenwood Springs

2010

### Glenwood Caverns Adventure Park Adds New Attractions

Glenwood Caverns Adventure Park added five new experiences as part of its 10th anniversary celebration in 2009.

1. A 4D theater, the only one in Colorado, offers state-of-the-art entertainment with special effects that make viewers feel like part of the show.
2. A new Laser Tag Arena allows players to experience a modern version of an old-west shoot-out.
3. The Speleobox Cave Simulator, contains 200 feet of gyrating "cave passages" to explore.
4. The Giddy Up! is an amusement ride that lifts up to seven riders into the air, and then lowers them back down to the ground in a bouncing motion that creates a negative G-force, providing a thrilling ride every time.
5. The Mine Shaft Shootin' Gallery is an electronic shooting gallery with animated, Western-themed targets that test each shooter's skills and concentration.

These new additions complement old favorites including Colorado's only alpine coaster, a giant swing that launches riders out over Glenwood Canyon, gemstone sluice box mining, rock wall climbing and a fort-style maze. Of course, at the heart of all this fun are the Glenwood Caverns themselves, a protected natural treasure. A variety of tours offer visitors several ways to enjoy the underground views and spectacular cave formations. Visitors can access the caves via Iron Mountain Tramway near Two Rivers Park. [glenwoodcaverns.com](http://glenwoodcaverns.com).

### Spa of the Rockies at Glenwood Hot Springs

The brand new Spa of the Rockies in the historic sandstone bathhouse, features nine treatment rooms including one specialized hydrotherapy room for Vichy showers. Five private, claw-foot hydrotherapy tubs are used for mineral baths and herbal soaks. Other services include massages, facials, body polishes, masks and wraps, manicures and pedicures, as well as body waxing and make-up application. Drawing inspiration from the rich, thermal mineral waters of the Glenwood Hot Springs Pool, the Spa of the Rockies features a group of signature mineral-based treatments that promote wellness and vitality. [spaoftherockies.com](http://spaoftherockies.com)

### Glenwood Vaudeville Revue

Since the late 1800s, vaudeville variety shows have entertained audiences with song, dance, magic, comedy and all-around silliness. One hundred years ago, Vaudeville was the only entertainment available in the West. Acts traveled around the country performing in quaint theaters and were often the highlight of the year. The Glenwood Vaudeville Revue revives this time-honored tradition at the Blue Acacia Theatre in the Masonic Lodge located at 9th and Colorado. Director, John Goss says, "If you've come to the Glenwood Vaudeville Revue for fancy schmantzy, artsy theater, you've come to the wrong place." However silly, the cast is polished and includes professionally trained actors who have performed in New York City and Los Angeles. The new Glenwood Vaudeville Revue is a weekly pub-style dinner theater. The revue is a two-hour family fun show with a mix of skits, jokes, high-energy dance numbers and novelty songs. The shows run every Friday, Saturday and Sunday, throughout the summer. Dining choices are sold a la carte and include appetizers, entrees, dessert and children's options. A full service bar is also available. [GlenwoodVaudevilleRevue.com](http://GlenwoodVaudevilleRevue.com)

- more -



4-D theater



Giddy Up!



Spa of the Rockies



Glenwood Vaudeville Revue

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~

## What's New (continued)

2010



public art project



Glenwood Whitewater Park



Rio Grande Trail

### A Proliferation of Public Art In Downtown Glenwood Springs

Seven new sculptures have been added to a growing collection of artwork in downtown Glenwood Springs. Visitors will notice an eclectic variety of sculptures that include such varied pieces as a giant man made of metal at 9th and Grand, a sphere accented with a chunk of blue glass at Centennial Park, and a multi-colored disk surrounded by bronze at the base of the steps to the pedestrian bridge on Grand Avenue. These and four other sculptures are the latest additions to an assortment of public art installations made possible by a grant to the Glenwood Springs Center for the Arts and the Glenwood Springs Chamber Resort Association, which jointly created the 2 Rivers Art Project Committee. In the project, artists' work is selected and displayed for one year, after which one piece is purchased by the city to become a permanent downtown fixture. Other pieces are returned to the artists. 2009 marked the second year for the project. The artwork from 2008 was such a delight that the committee asked artists if it could remain for public display for an additional year. All agreed and in 2009 Glenwood Springs was fortunate to have a double-dose of artwork for all to enjoy. Permanent pieces to the collection include the bronze beaver near the Hotel Colorado and the larger than life daisies along Seventh Street. [gwarts@rof.net](mailto:gwarts@rof.net)

### Glenwood Whitewater Park

The first of its kind on the Colorado River, the new Glenwood Whitewater Park is making a huge splash in the national kayaking community. The \$1.4 million whitewater park is designed for the varying levels of river flow that occur naturally throughout the year. A "standing wave" occurs during low, medium and high river flows, due to artificial boulders located at different places in the park. Newly opened in 2008, Glenwood Whitewater Park successfully hosted the 2009 Freestyle Kayaking U.S. Team Trials which led to the 2009 World Championships in Switzerland. [glenwoodwhitwaterevents.com](http://glenwoodwhitwaterevents.com)

### Rio Grande Recreation Trail

A Rails-to-Trails type project, the Rio Grande Trail is built in the historic Denver and Rio Grande Western Railroad (D&RGW) right-of-way corridor. The Rio Grande Trail passes through Glenwood Springs, Carbondale, Basalt, Woody Creek and Aspen, following the Roaring Fork River and Highway 82 in some sections. The 44-mile recreation trail between Glenwood Springs and Aspen was recently honored with the Outstanding Community Tourism Initiative Award at the Governor's 2008 Colorado Tourism Conference. It is a relatively flat trail with some rolling hills and a 2 percent grade from Glenwood Springs to Aspen. The path is paved for 33 miles from Glenwood Springs to Woody Creek; it is a soft-surface dirt trail for 11 miles from Woody Creek to Aspen. [rfta.com/trails.html](http://rfta.com/trails.html)

- more -

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## What's New (continued)

2010

### Three New Hotels on Glenwood's Horizon

#### Roaring Fork Lodge

Magnolia Hotels of Denver and Roaring Fork Lodge, LLC are planning to break ground on a mixed-use development comprising of 106 hotel rooms, 40 luxury condominiums, and first floor retail space which will include a high-end restaurant and a state-of-the-art, full service spa. In addition, there will be 4,500 square feet of riverside deck and 4,500 square feet of greatly needed convention space which can be utilized for business meetings, conferences, or scenic weddings. The 5-story, 150,000 square foot project, to be built by Neenan Construction, is designed to keep in character with Glenwood Springs and the surrounding area. The richly appointed Lodge will be built of various local and sustainable materials such as natural wood, iron, and stone. The project will use as many environmentally responsible materials as possible in order to receive a LEED designation. The developers feel a strong connection and responsibility to the enduring beauty of the valley. Building a "green" multi-purpose facility will both preserve and enhance the environment, while providing new opportunities to the valley. The project is scheduled to be completed in 2010. [roaringforklodge.com](http://roaringforklodge.com).



Roaring Fork Lodge

#### Two Marriot Hotels Coming to Glenwood

Stonebridge Companies, based in Englewood, Colorado, is constructing two new hotels in Glenwood Springs. The Courtyard by Marriott will offer 101 rooms in a three-story, 56,000 square foot structure and feature a redesigned lobby, inclusive of the contemporary "S-Bar" and a convenient grab-and-go food outlet. This hotel will be located on the corner of Wulfsohn Road and Midland Avenue. The Residence Inn by Marriott will be a four story, 88,000 square foot all-suite hotel with 124 units located on the corner of Wulfsohn Road and East Meadows Drive. Both hotels will have indoor pools and fitness rooms. The hotels are ideally located near shopping, dining, hiking and biking trails, river rafting, swimming and other Glenwood Springs' attractions. The Courtyard by Marriot and The Residence Inn by Marriot are scheduled to open in the Spring of 2010.



Courtyard and Residence Inn

- end -

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# Soak it all in Glenwood Springs ~COLORADO~

## Story Ideas

2010



Operation Vacation



story featured in People magazine



train packages

### Operation Vacation - Providing Soldiers With All-Expense-Paid Vacations

Military personnel and their families are enjoying all-expense-paid vacations to Glenwood Springs, Colorado thanks to a program called "Operation Vacation". Operation Vacation is a non-profit, all-volunteer organization established in August 2005 based in Glenwood Springs whose purpose is to reunite deserving soldiers with their families on free vacations to Glenwood Springs.

Founder Bob Johnson created the Operation Vacation concept because he wanted to do something for soldiers away from their kids. Johnson arranges three-day weekend getaways for soldiers on leave or who have completed tours of duty in Iraq and Afghanistan. Johnson explains, "Local Glenwood Springs businesses have stepped forward to provide complimentary lodging, meals, activities, and transportation each month for the soldiers and their families." As a result, the community has treated over two dozen military families to holidays worth \$3500 each.

Johnson works through Fort Carson, an Army base near Colorado Springs, which selects eligible soldiers. Their Glenwood Springs getaways have included skiing at Sunlight Mountain Resort, swimming in the Glenwood Hot Springs Pool, visits to Glenwood Caverns Adventure Park, snowmobiling, paragliding, rafting, fly fishing, massages and airplane tours.

In recognition for his efforts, Johnson was presented the Army's Certificate of Appreciation for Patriotic Civil Service. Operation Vacation has received notable media attention, featured in magazines and on television programs such as: Today Show, People Magazine, Fox & Friends on FOX Cable News Network, CBS Radio Network, Denver CBS 4, Denver NBC 9 News - 9 Who Care Award, and Grand Junction KJCT 8. [operationvacation.org](http://operationvacation.org).

### Train Travel

Glenwood Springs became a tourist Mecca in the 1880s, known for its hot springs pool and elegant hotels, when the Denver and Rio Grande Railroad arrived in town. The historic depot, opened in June 1904, is still standing today welcoming visitors. Amtrak now brings travelers through the beautiful Colorado mountains to Glenwood Springs on daily rail tours every day of the year. In fact, the Glenwood Springs Amtrak station is the second busiest stop in Colorado (Denver is number one, Grand Junction is number three). The California Zephyr offers one of the most beautiful train trips in America, climbing through the heart of the Rockies, bound for San Francisco. Tours include rail fare, transfers, one day admission to the world famous Glenwood Hot Springs Pool and lodging including all taxes. Ski packages include rail fare, transfers, lodging, and lift tickets at Sunlight Mountain Resort. [rmatours.com](http://rmatours.com) or [amtrakvacations.com](http://amtrakvacations.com).

-more-

More information and reservations: 970-945-6589, [visitglenwood.com](http://visitglenwood.com), 888 4 GLENWOOD or 888-445-3696. Glenwood Springs is located between Aspen and Vail, 160 miles west of Denver or 90 miles east of Grand Junction on Interstate 70 off exit 116. Many cities provide direct air service into Vail/Eagle County Regional Airport 30 miles to the east and Aspen Airport 40 miles to the south. An online press kit, press releases and a preview of b-roll video footage are accessible at [glenwoodchamber.com/General-VP/Media-Center.html](http://glenwoodchamber.com/General-VP/Media-Center.html). Photos available upon request.

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~

2010

## So Much More than an Average Ski Vacation; Winter Fun and Savings for Skiers & Non-Skiers Alike



Winter Fun Pass

### Ski Swim Play

This package is sure to satisfy families looking for excitement both on and off the slopes. Play at Glenwood Caverns Adventure Park for one of the days of your vacation. Glenwood Caverns has introduced the Winter Fun Pass this season for just \$29, and it includes a ride up to the park on the Iron Mountain Tram, unlimited turns at laser tag, the 4D Theater, alpine coaster, and a Cave Tour. Add on a ski day at Sunlight Mountain Resort, and a swim at the Glenwood Hot Springs Pool for the Ski Swim Play package.



Yampah Vapor Caves

### Ski Swim Spa

Pamper body, mind and soul by indulging in soothing spa treatments. This package combines overnight accommodations with relaxing, affordable spa treatments at the Yampah Spa & Vapor Caves, Splendor Mountain Spa or La Provence Spa & Fitness. For example, a one-hour massage is available at just \$75, and other treatments are similarly value-priced. Add on a day on the slopes at Sunlight Mountain Resort and a hot springs pool pass for the Ski Swim Spa package.

### Kids Ski Free with Ski Swim Stay

This package is a perennial favorite and an exceptional value for young families, combining a stay with skiing and swimming at the Glenwood Hot Springs. Children 12 and under ski for free at Sunlight Mountain Resort, with the purchase of a full-day adult lift ticket. That's a \$40 savings per child. Some holiday blackout dates apply. View additional details at [skiswimstay.com](http://skiswimstay.com).



kids ski free

### Book 2 Nights, Get 1 Free

Relax, the third night is free! Miss the Friday night traffic by coming up a day early on Thursday, or miss the end-of-weekend traffic back home by staying Sunday night. Either way, this package rewards guests who book two consecutive nights of lodging at any of the participating properties with an additional nights' stay free of charge!

Packages may be booked at [visitglenwood.com](http://visitglenwood.com) or [skiswimstay.com](http://skiswimstay.com), or by calling 888-445-3696 for Glenwood Springs Central Reservations.

-end-

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~



hiking to Hanging Lake



biking in Glenwood Canyon



Adventure Tour at Glenwood Caverns



horseback riding in the mountains



golf courses

## Soak It All In: Earth

2010

Explore the lay of the land in and around Glenwood Springs by hiking, biking, caving, riding, or golfing. There's plenty to experience in Glenwood Springs on terra firma.

### Hiking

Flowering meadows, alpine forests, a variety of wildlife and views clear to tomorrow characterize the hiking experience around Glenwood Springs. Warm up with a stroll along in Glenwood Canyon. For a heartier dose of exercise, try Hanging Lake, Storm King Memorial Trail, Red Mountain and Lookout Mountain. The Glenwood Canyon hiking and biking trail meanders for 16 miles along the Colorado River and Interstate 70. It's a great way to view the natural beauty of the sheer limestone walls and catch the river rafters and kayakers tumbling along the river's whitewater.

### Biking

The best way to get the lay of the land in Glenwood Springs is by bike. Glenwood Springs has mountain biking trails for any ability, from paved paths and country dirt roads, to rugged double- and single-track trails. Warm up with a leisurely ride through Glenwood Canyon, a scenic, 16-mile paved trail that hugs the Colorado River from Glenwood Springs to Dotsero. The 44-mile Rio Grande Trail goes all the way to Aspen. Choose from over 70 miles of trails. Use your own equipment or rent from one of several local sport shops and outfitters.

### Glenwood Caverns Adventure Park

Located on top of Iron Mountain, Glenwood Caverns Adventure Park offers guests a full day of fun and adventure. The Iron Mountain Tramway takes guests on a scenic 10-minute ride that skims over tree tops and offers incredible views of the surrounding mountains and rivers. At the top, guests can take one of three different tours of Glenwood Caverns and Historic Fairy Caves, ranging from mild to wild; enjoy thrill rides—including Colorado's only alpine coaster; pan for gemstones; try the climbing wall, bungee trampoline or mechanical bull; and relax with lunch, dinner or drinks while they take in the views. Kids love the virtual Conestoga wagon ride and train ride, which are suitable for all ages. The Adventure Park also provides a memorable setting for special events. 970-945-4228, 800-530-1635, [glenwoodcaverns.com](http://glenwoodcaverns.com)

### Horseback Riding

A mighty long stretch of the West's history, majesty, and mystery seem to converge in Colorado's distilled mountain air. There's no better way to experience Colorado's cowboy past - or present - than riding the open range or high mountain meadows while your guide regales you with tales of the Wild West.

### Golfing

Championship-caliber golfing is just a stroke away at any one of eight courses located within a 40-mile radius of downtown. Designed by some of the greatest names in golf, including Jack Nicklaus, James Engh, and Jay Morrish, courses boast Scottish-style links, undulating greens and staggering mountain views.

- more -

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~



motorcycle rentals

## Harley Davidson Motorcycle Rentals

Ever wanted to ride a brand new Harley Davidson motorcycle? Daily and weekly rentals are available at Aspen Valley Harley Davidson in Glenwood Springs. 970-928-7493, [aspenhd.com](http://aspenhd.com)

## Segway Tours

Why walk around town when you can cruise on a cool Segway Personal Transporter? Segways are available for rent at Sacred Grounds Coffeehouse & Delicatessen. Each guest receives personalized training from expert Segway guides so you can explore historic downtown Glenwood Springs. 970-928-8804, [segwayglenwoodsprings.com](http://segwayglenwoodsprings.com)



Segway tours

## White River National Forest

The White River National Forest, with headquarters in Glenwood Springs, is the largest national forest in Colorado and the 12th largest and the most visited in the nation. It covers nearly 2.3 million acres and beckons nature lovers to explore its beauty. [fs.fed.us/r2/whiteriver](http://fs.fed.us/r2/whiteriver)

-end-



acres of forest

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~



Iron Mountain Tramway



paragliding



Swing Shot



high-ropes course

## Soak It All In: Air

2010

Gain perspective high above the valley floor in Glenwood Springs. Coast, glide, climb or ride to elevate your experience.

### Iron Mountain Tramway

Entryway to Glenwood Caverns Adventure Park, the Iron Mountain Tramway is a 4,300-foot-long tram ride originating at Iron Mountain Station on the floor of the Roaring Fork Valley, near the Colorado River. Visitors of all ages will enjoy the ten-minute scenic ride inside six-person fully enclosed glass gondolas. The tram ride skims over the tops of the trees, with panoramic views in all directions. 970-945-4228, 800-530-1635, [glenwoodcaverns.com](http://glenwoodcaverns.com)

### Paragliding

If you have a passion to fly, to soar through the air free as a bird, paragliding may be for you. Paragliding is the simplest form of human flight. Similar to a parachute, a paraglider features a harness that seats you comfortably at the controls. Paragliders are powered by the air currents. A running launch from a high point will set you airborne to experience an exhilarating ride. Paraglider pilots can stay aloft for 3 hours or more, climb to elevations of 15,000-plus feet, and go cross-country for long distances. Tandem flights with experienced pilots are available with Adventure Paragliding. 970-274-1619, [adventureparagliding.com](http://adventureparagliding.com)

### Swing Shot at Glenwood Caverns Adventure Park

For the truly adventurous, the Swing Shot at Glenwood Caverns Adventure Park launches riders out over Glenwood Canyon, 1,300 feet above the Colorado River! Both the ride and the views of the Canyon are breathtaking as you soar through the air at speeds up to 50 miles per hour. The Swing Shot accommodates up to four riders at a time, so you can share the adrenaline rush with your friends. 970-945-4228, 800-530-1635, [glenwoodcaverns.com](http://glenwoodcaverns.com)

### High Ropes Course

Colorado Mountain College offers team building workshops through the Experiential Development Program available to student groups or professional retreats. Participants maneuver high above the ground like tightrope walkers through a series of different ropes courses. 970-947-8237, [coloradomtn.edu/teambuilding](http://coloradomtn.edu/teambuilding)

-end-

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~



Glenwood Hot Springs Pool



rafting on the Colorado River



kayaking



fly fishing



Aquatic Center

## Soak It All In: Water

2010

Water is central to Glenwood Springs, and with two rivers, it is arguably the defining geography. Named after bubbling mineral hot springs, the town was built at the confluence of the mighty Colorado River and the Gold Medal fishing waters of the Roaring Fork River.

### Glenwood Hot Springs Pool

Glenwood Hot Springs Pool, established in 1888, is the largest mineral hot springs pool in the world, measuring over two blocks long. The thermal waters are 90°-93°F (32°-34°C) in the large pool and 104°F (40°C) in the smaller, therapy pool. Features like two water slides, inner tubes, diving boards, and bubble chairs bring out the kid in everyone. Visitors have access to modern locker room facilities, lounge chairs, towel service, and swim suit rentals. Other amenities include the new Spa of the Rockies, a 107-room Lodge, the health-based Athletic Club, a retail Sport Shop, the poolside Grill, and a challenging miniature golf course. 970-947-2955, 800-537-SWIM (7946), [hotspringspool.com](http://hotspringspool.com)

### Whitewater Rafting

The Colorado River flows through Glenwood Springs and has long attracted ambitious river runners attempting to tame its fiercest sections. Today, a host of commercial rafting companies guide thousands of visitors annually down the Colorado and Roaring Fork Rivers through rapids with names like Upper Superstition and Tombstone, substantiating Glenwood Springs' stature as one of the country's premier whitewater destinations. Calmer waterways, such as South Canyon Rapids, are suitable for families with children as young as four. There are several local rafting companies that offer fully guided trips.

### Kayaking

The stretch of Colorado River through Glenwood Canyon is one of the finest in the state with Class III and IV, heart-pounding rapids, as well as calmer stretches with breath-taking scenery. A true test of paddling skills is at the new Glenwood Whitewater Park. For those who want to explore the river on their own and play in the waves, bring or rent a kayak locally.

### Fly-fishing

Field & Stream Magazine named Glenwood Springs as #1 in their America's Top 20 Fishing Towns list. Some people consider fly-fishing a passion, even a spiritual experience. Whatever your level of interest, the area's Gold Medal waters harbor an astonishing number of brookies, browns, cutthroats and rainbow trout. Enlist the help of a local guide to direct you to some of the best fly-fishing in the state.

### Aquatic Center at the Glenwood Springs Community Center

An innovative Aquatic Center at the Glenwood Springs Community Center features a "zero depth" pool (0" to 3' 6" deep) with a gradual beach-like entry for easy access, fun attractions that spray and splash, and a wacky water slide. The multi-purpose 25-meter indoor pool has eight lap lanes (4'-12' depth) and a 1-meter diving board. 970-384-6300, [glenwoodrec.com](http://glenwoodrec.com)

-end-

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~



Sunlight Mountain Resort



snowmobiling



snowshoeing



cross-country skiing



snowboarder

## Soak It All In: Snow

2010

Glenwood Springs is a four-season vacation experience. Snowy nights make for perfect ski and snowboard conditions under sunny, cobalt blue skies the next day.

### Skiing and Riding

At, 9895 feet above sea level, Sunlight Mountain Resort has 67 trails covering over 470 acres of terrain and a vertical drop of over 2,000 feet for skiers and snowboarders of all abilities. The diversity of terrain features everything from cruisers to heart-stopping steeps all at family-friendly prices. Sunlight Mountain's Extreme challenges all experts. With a pitch of 52 percent, the Heathen is one of the steepest trails in the state. Sunlight is also home to one of the longest trails, Ute, a cruising beginner slope, winding more than two-and-one-half miles from the summit to the base. For boarders, there are two terrain parks. Base facilities house a restaurant, bar, equipment rental, retail shop, snow and board education center, and children's center. 970-945-7491, 800-445-7931, sunlightmtn.com

### Snowmobiling

Snowmobilers will be impressed by the beauty and thrill of riding through the White River National Forest and the 360 degree views from the ridge tops. At Tri County Point, riders can see three different counties; Garfield, Mesa, and Pitkin. The highlight of the tour is a visit to Baylor Park, where guests can ride without guides through a huge undulating meadow. The scenery includes breathtaking views of Mt. Sopris, West Elk Mountains and Flattops. Guided tours include helmets, insulated bibs, boots and gloves, and machines are equipped with electric hand warmers. Half-day tours wind 30 miles through the White River National Forest.

### Cross-Country Skiing and Snowshoeing

The cross-country center offers 29 kilometers of groomed cross-country and snowshoe trails. Beginner, intermediate and advanced trails wind their way through a gorgeous alpine valley, flanked by Sunlight Mountain and the 10,300-foot Williams Peak. Cross-country and snowshoe rentals are available at the Sunlight Mountain Ski and Bike shop in Glenwood Springs, as well as on the mountain. There is no charge for trail use.

-end-

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~

## Soak It All In: Natural Wonders

2010



caves at Glenwood Caverns



Yampah Vapor Caves



Hanging Lake



bighorn sheep in Glenwood Canyon



elk herds

Underground vapor caves, lakes suspended on mountainsides, engineering marvels, and amazing wild-life make Glenwood Springs one-of-a-kind.

### Caverns

The Glenwood Caverns Adventure Park cave tours offer visitors a rare glimpse into a primeval underground world formed millions of years ago. Visitors view majestic stalagmites, stalactites and unusual crystalline formations still alive and growing. Inside the Barn, a soaring five-story room decorated with unusual crystalline formations, see delicate soda straws, and strange cave bacon formations and look into the inspiring King's Row, a massive underground open area with hundreds of glittering cave formations. 970-945-4228, 800-530-1635, [glenwoodcaverns.com](http://glenwoodcaverns.com)

### Yampah Vapor Caves

The Yampah Vapor Caves are said to purify body and spirit as they soothe away aches and pains. They are the only known natural vapor caves in North America, in which hot mineral waters flow through the cave floors at 125 degrees to create a natural geothermal steam bath. 970-945-0667, [yampahspa.com](http://yampahspa.com)

### Hanging Lake

This scenic trail is approximately one mile long and, in some places, an extremely steep climb. The reward at the top is worth the strenuous exercise. Hanging Lake is in an idyllic setting which is peaceful and serene. Continue on the trail to Spouting Rock for another spectacular work of nature.

### Glenwood Canyon

Glenwood Canyon was formed by the waters of the Colorado River, previously known as the Grand River, carving its way through the granite of the Rocky Mountains. The canyon is approximately 16 miles long with sheer, steep cliffs rising on either side of the river.

In 1980, work began to widen the interstate highway through Glenwood Canyon. Engineers used 30,000 tons of steel and 810,000 tons of concrete to build the 12-mile highway, with 40 bridges and elevated sections of highway, as well as three tunnels. Completed in 1992, the final cost was approximately \$490 million. It became a project utilizing never-before-used construction methods known as balanced cantilevered construction, and it is recognized as one of the great engineering achievements of the U.S.

### Wildlife Viewing

Glenwood Canyon is home to a herd of Rocky Mountain bighorn sheep. They can often be seen from the hiking and biking path, especially near the No Name Tunnels just west of Glenwood Springs. If you go out looking, bring binoculars and scan the hillsides on the north side of the canyon. If you're lucky, you'll catch a glimpse of these sure-footed creatures.

### Big Game Hunting

The Glenwood Springs area is known for its world-class herds of deer and elk which draw hunters from all over the country in the fall. Hunting seasons range from archery and muzzle-loading in September to the combined elk and deer seasons in October and November.

-end-

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~



5 O'clock Somewhere



Knotted Around



Dancing Moon



Flowers



Going Green

## An Art Lovers Guide to Glenwood Springs

2010

Famous for its hot springs, rivers, caves and more, Glenwood Springs is also home to a thriving arts community. Visitors to this mountain enclave will find artistic expression everywhere from local galleries to downtown street corners. "Our artists are continually adding to the vibrancy and beauty of downtown Glenwood Springs. It's always a pleasant surprise to come across some new work in a gallery window or park," said Kate Collins, Glenwood Springs Chamber Resort Association Vice President of Tourism Marketing. Local artists and organizations have been successful in making art a priority in and around town; that includes winning grants to fund public art, promoting classes for kids and adults, and celebrating the work of acclaimed artists.

Some of the most visible and accessible art is right out in the open for all to enjoy. Scattered throughout downtown Glenwood Springs are an eclectic array of sculptures. These unique pieces are possible thanks to a grant awarded to the Glenwood Springs Chamber Resort Association and the Glenwood Center for the Arts which together created the 2 Rivers Art Project Committee. The committee's goal is to promote public art. To date, two pieces are part of the permanent collection, while numerous others are on view only temporarily.

On permanent display:

- \* Beaver by Cynthia Fenster, Pedestrian Bridge, 6th & Grand
- \* Flowers by Christopher Weed, West 7th Street

On temporary display:

- \* 5 O'Clock Somewhere by Thad Thuin, 8th & Grand
- \* Horsepower by Colette Pitcher, side of railroad bridge on 7th Street
- \* We Also Want to Continue to Live on this Planet by Alfonso Arambula, 9th & Grand
- \* Beacon in Blue by Suzi Rhae Ross, 9th & Cooper
- \* Knotted Around in Blue by Suzi Rhae Ross, Centennial Park
- \* Knotted Around in Turquoise by Suzi Rhae Ross, alongside Grand Avenue Bridge
- \* Dancing Moon by Ravin Marie Swanson, by Grand Avenue Bridge steps
- \* Going Green by Jack Howard-Potter, City Hall - 101 West 8th Street
- \* Bull by Christopher Weed, Pedestrian Mall, Grand Avenue
- \* Rubber Cube by David Whippen, Glenwood Springs Center for the Arts, 601 East 6th Street
- \* Burgundy Cubes by David Whippen, Glenwood Springs Fire Department, 806 Cooper Avenue

In addition to putting art on public display, the Glenwood Springs Center for the Arts is a hub for all things creative. Located in the historic Glenwood Electric Building just east of the Glenwood Hot Springs Pool, art aficionados will find a variety of imaginative endeavors to be explored including classes in art techniques, dance, music, and pottery; also exhibits, performances and shows dot the full calendar of events. Visit [www.glenwoodarts.org](http://www.glenwoodarts.org) for an up-to-date listing of events.

- more -

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*Soak it all in*  
**Glenwood Springs**  
~ C O L O R A D O ~

### **An Art Lovers Guide to Glenwood Springs (continued)**

Another active art organization is the Glenwood Springs Art Guild which hosts the annual Fall Art Festival, a five-day event held every September, attracting amateur and professional artists from around the region. Proceeds from the event help to support arts in area schools, books for local libraries, scholarships, and art supplies for Glenwood Springs Art Guild members. For more details visit [glenwoodspringsartguild.com](http://glenwoodspringsartguild.com).

In addition to the Glenwood Center for the Arts, Glenwood's three other galleries offer assorted glimpses of life through an artist's eye.

\* The Main Street Gallery & Framer at 817 Grand Avenue specializes in fine art including oil paintings, watercolors, ceramics and fine prints by an exceptional group of artists. Local artists of note include Dean Bowlby, Stephen Datz, Berard Hofmann, Jane Lee and Mary Noone. [mainstreetgall.com](http://mainstreetgall.com)

\* CMC Center for Excellence in the Arts, located at 831 Grand Avenue is dedicated to enhancing and enabling excellence in all art forms and encourages collaborations with premiere arts organizations. Recent exhibits have featured the works of Herbert Bayer, Christo, Eli Weiss, Japanese sculpture, Anderson Ranch faculty and students, ancient Roman ceramics and more. [cmcearts.org](http://cmcearts.org)

\* The Artist's Mercantile & Gallery, 720 Cooper Avenue also shows local artists working in various mediums including ceramic, mixed media, and watercolor. Artists' supplies and gifts are also available. [artistsmg.net](http://artistsmg.net)

-end-

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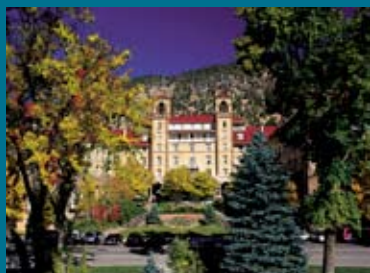
# Soak it all in Glenwood Springs ~ C O L O R A D O ~



many brand name hotels



cozy cabins



historic properties



bed & breakfasts



convenient downtown locations

## Lodging: Historic to Modern

2010

Choose from more than 60 properties with over 1,700 rooms, including hotels and motels, ranging from 100-year-old historic treasures to contemporary lodges. Select from cozy cabins or cottages. Bed and breakfasts feature down comforters and antique décor. Condos and short-term vacation homes are available for those desiring both privacy and convenience. For the budget-conscious, there's a hostel or campgrounds nearby.

### HISTORIC

In the late 1800's, Entrepreneur Walter Devereux had a vision to create a world-class resort with a grand hotel and therapeutic natural hot springs. The Hotel Colorado made its debut in 1893 attracting visitors from across the globe. Today, the Hotel Colorado has been meticulously restored to its original grandeur. The décor captures the Italian Renaissance era with antique furnishings, rich fabrics and ornate fixtures.

Another historic property, the Hotel Denver established in 1915, continues to operate in the heart of downtown. Guests are comforted with colorful quilts in every room.

### CONTEMPORARY

Family-owned motor lodges boast of immaculate rooms and welcome repeat guests year after year. There are also a number of recognizable chain hotels fulfilling the needs of their loyal followers. Most properties provide all the modern conveniences of wireless internet service and in-room amenities. Some offer complimentary breakfast.

### BED and BREAKFASTS

Many of the original buildings from the 1800's still stand throughout town, including Victorian homes from another era which now operate as quaint bed and breakfasts. Each property is unique filled with antiques, fine linens, and cozy fireplaces, many with an international flair. Nestled in the mountains are rustic log homes and creekside cabins, one with a large red barn that is listed on the National Registry of Historic Places. Innkeepers pride themselves on their gourmet cuisine. For a complete list of bed and breakfasts in the Glenwood Springs area visit [glenwood-springs-inns.com](http://glenwood-springs-inns.com).

### PET-FRIENDLY

Several pet friendly hotels accommodate the growing number of people traveling with their pets. Some will accept a pet with permission, a non-refundable pet deposit, or a combination of both. When making reservations, ask if Fido is welcome and if there are additional charges. Visit [Glenwood.com](http://Glenwood.com) provides a list of pet-friendly properties and Doggie Day Care services.

For a complete list of lodging options, go to [VisitGlenwood.com](http://VisitGlenwood.com).

-end-

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~



couples' massage



facials



manicures



thermal waters



vapor caves

## A Spa Destination

2010

Little did visionary and silver magnate Walter Devereux know when he came to Glenwood Springs in the late 1800s to build a great healing spa from the Yampah Springs of the Ute Indians that it would have such a lasting impact on this small mountain town.

In Victorian Times, Glenwood Springs became known as the "Spa in the Rockies," attracting the rich and famous of the day. Devereux had built an empire, featuring the world's largest hot springs pool as the jewel in his crown, natural vapor caves and the luxurious Hotel Colorado that became known worldwide for their healing properties.

### Glenwood Hot Springs Therapy Pool

Today, a wide array of spas, fitness centers and contemporary health and beauty treatment centers complement Glenwood Springs' natural spa atmosphere. Leading the way is the Glenwood Hot Springs Pool – the world's largest hot springs pool. The years have seen many reincarnations of the hot springs, from a sacred Indian site to an exclusive Victorian enclave to a modern family vacation destination. This mineral-rich water, combined with the stunning Rocky Mountain scenery, relaxes tired muscles and brings peace of mind. [hotspringspool.com](http://hotspringspool.com)

### Spa of the Rockies at Glenwood Hot Springs

The new multi-million dollar Spa of the Rockies features nine treatment rooms including one specialized hydrotherapy room for Vichy shower treatments. Five private, claw-foot hydrotherapy tubs are used for mineral baths and herbal soaks. Other menu items include massage, facials, body polishes, masks and wraps, manicures and pedicures as well as body waxing and make-up application. [spaoftherockies.com](http://spaoftherockies.com)

### Yampah Spa and Vapor Caves

The Yampah Spa and Vapor Caves are said to purify body and spirit as they soothe away aches and pains. They are the only known natural vapor caves in North America, in which hot mineral waters flow through the cave floors at 125 degrees to create a natural geothermal steam bath. The Yampah Spa and Vapor Caves also offers a full range of contemporary health and beauty treatments, including massage, facials, European herbal body treatments, wraps, mud baths, private hot tubs and salon services. [yampahspa.com](http://yampahspa.com)

### Watsu

Splendor Mountain Spa offers Watsu treatments, a special form of bodywork incorporating warm water therapy and Shiatsu massage in a Samadhi Floatation Tank. [splendormtndayspa.com](http://splendormtndayspa.com)

### Day Spas

Many day spas offer a variety of massage therapies, including Swedish, Deep Tissue, Polarity, Shiatsu, Thai, Integrative, Neuromuscular Therapy, Foot Reflexology, Warm Stone and Sports.

Full-service salons provide hair, skin and nail services, complete body care centers with facials, body waxing, lash tinting, and an array of nurturing treatments.

- end -

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~



dining with a view



family friendly Brew Pub



western flare



cocktail hour



fine dining

## Delectable Dining

2010

No matter what season you choose in this scenic mountain area, there is an outdoor activity that goes along with it. All that vigorous exercise makes you hungry. Glenwood Springs has more than 60 bars and restaurants, offering visitors a variety of ways to satisfy their taste buds. There is everything from convenient fast foods to elegant dining where you are welcome to linger and savor your meal.

Breakfast can be served up with a stack of delicious pancakes on the side at several eateries up and down the valley. People everywhere have a real love affair with coffee. Enjoy a cup of the gourmet chain-store kind or grab a to-go cup at the drive-through. You will need something sweet to go with that hot beverage and there are numerous choices for fresh baked muffins, rolls, and breads around town.

Have lunch or a snack while you are on the slopes, or warm up with a steamy cup of hot chocolate. Take a thrilling tram ride to the top of the mountain and enjoy a fabulous meal surrounded by awesome views of the valley below, and in the summertime, eat out on the deck for an even better vantage point. Create your own concoction in one of the many deli-style shops that make fresh soup and sandwiches to your specifications. You can even have it delivered.

Experience the international flair of the many specialty restaurants, including Chinese, Italian, French, Mexican, Japanese, Cajun, and Thai. Glenwood Springs is a great place to sample elk, buffalo or the ever-popular, Rocky Mountain oysters. Order a mouth-watering steak, grilled to your liking, or go with a tasty rainbow trout cooked with steaming vegetables. Sit outside by the flowing river sounds or inside with the comfort of western décor.

Do you have room for dessert? Even when it's cold outside, nothing beats the taste of ice cream. From home-made to the famous curly-cue, your tummy will love every bite. With over 31 flavors to choose from, you can try them all.

Ask any local for their favorite place to dine or someone at your lodging facility can point you in the direction of the food you're craving. Whatever your culinary interests, choose from any of the vast array of restaurant types and discover the dining pleasures of Glenwood Springs.

Night life and casual entertainment can be found in several of the areas cocktail lounges and sports bars. If you are looking for an evening of fun, dancing, and lively music check out the many establishments that provide country tunes, upbeat jazz, or even hip-hop. Sports enthusiasts will find good company in the friendly, and sometimes intense, environment of the area's sports bars. Some places provide the perfect spectator position with big screen TVs or you can participate in a challenging game of pool. A local brewpub offers a wide variety of beers to try with your meal or while catching up with friends at day's end. If you prefer a more intimate atmosphere, some of the more popular hotels and restaurants provide a relaxing and quiet place to unwind.

-end-

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~



Downtown Market



unique boutiques



farmers' markets



downtown shopping



colorful wares

## Shopping - A Favorite Vacation Activity

2010

Glenwood Springs is rich in options for vacationers and shopping opportunities are at the top of the list. From national chains to charming boutiques to the weekly farmers' market, there is plenty to choose from.

Downtown Glenwood Springs, with its historic buildings and turn-of-the-century charm, is a great place for strolling and browsing. It offers shoppers an eclectic mix where they can find a logo T-shirt to send home to the relatives to one-of-a-kind specialty shops offering collectibles, footwear, jewelry, Colorado-made products, and more.

The best way to get an up-close look at all the downtown shops is to walk around. Here you can unearth treasures at art galleries, funky clothing shops, book stores, interior décor, and bargain-laden thrift stores.

When your walkin' shoes need a break, relax with a latte on the pedestrian mall between Seventh and Eighth streets on Grand Avenue.

Glenwood Meadows, on the west side of town, offers national chain retail and home improvement stores, hair salons, sporting goods, whole foods, hair dressing salons, boutique shops, and restaurants.

The Glenwood Springs Mall on Highway 6 and 24 in West Glenwood, is a great place to stroll and browse the shops. The mall is filled with stores that offer visitors a wide range of products including shoes, bed and bath items, leather and imported clothing and crafts.

For fresh produce and hand-made crafts, peruse the Glenwood Springs Downtown Market. This open-air market operates Tuesdays beginning at 4 p.m. from June through September featuring cooking demonstrations by local chefs, a soup contest, wine tastings, live music and an Oktoberfest grand finale.

-end-

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# Soak it all in Glenwood Springs ~ COLORADO ~



historic ballrooms



catering



banquet space



meeting rooms



outdoor weddings

## Meeting Places

With historic, picturesque charm, beautiful mountain location and scenery, Glenwood Springs offers a multitude of options when it comes to providing meeting facilities offering everything from beautiful ranch retreats to large riverside parks to historic hotel ballrooms.

Several of the local hotels accommodate meetings or small get-togethers. Depending on the type of event, the rooms can be used for anything from an informal theater-style meeting room to a full-blown banquet facility, from 390 square feet to over 2,000 square feet. Some of the larger hotels offer a number of conference rooms that can accommodate more than one group at a time. Food and beverages or catering can be arranged at some locations at an additional charge.

The base lodge at local ski area, Sunlight Mountain Resort, has a conference space in the summer that can accommodate 200 people, as well as, an uncovered deck with spectacular views of Compass Mountain.

Local area bed and breakfast establishments and guest ranches provide an idyllic setting to organize a small meeting or group event. Most of these accommodations are suitable for outside use making them popular places for weddings and family reunions. Several beautiful bed and breakfasts are located close to the historic downtown Glenwood Springs which makes them easily accessible for business people and local group meetings, or the perfect spot for a small, intimate wedding ceremony. Light lunch or beverage is usually available. The places that are located outside of town are typically larger in size and can accommodate more people. With the magnificent mountain scenery as a backdrop, inns and guest ranches are ideal for more relaxing events such as retreats, outdoor weddings, and other special events. The event itself can be anything from cowboy casual to Victorian elegance. Wedding coordinators and catering are available at some locations.

Some local restaurants have dining areas spacious enough to handle large groups for business meetings or special occasions. Elegant or casual, indoors or outdoors on the deck, these establishments can arrange sit-down affairs or buffet style menus to fit any meeting itinerary. The holidays are especially popular for office or group parties.

The Glenwood Springs Community Center, has space for up to 350 people. Corporate event planners have praised the center for its opportunities for team-building programs, such as the indoor climbing wall and outdoor ice skating rink. The center also features a comfortable lounge with computers and free Internet access for meeting attendees to check e-mail during meeting breaks.

A moderate alpine climate usually allows use of outdoor venues from late April to late September. The town's outdoor parks on the Colorado and Roaring Fork rivers are perfect spots for hosting large family gatherings or barbecues.

Whatever your needs, there is a wide and varied array of meeting facilities. Whatever your choice, be assured of personable and superior service, excellent accommodations, and the best Glenwood Springs has to offer.

-end-

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Holiday Lighting at Hotel Colorado

# Soak it all in Glenwood Springs ~ C O L O R A D O ~

## Festivals and Events 2009

### Holiday Lighting Ceremony

**November 27, 2009**

The holiday season officially starts with the traditional lighting of the historic Hotel Colorado. Sing along with roving carolers and warm up with hot cocoa and cider. Watch with wide-eyed wonder as thousands of twinkling lights burst through the darkness transforming the hotel and the courtyard into an instant wonderland. Inside, several animated displays and 12 foot trees decorate the lobby. Jolly old St. Nick will be there, too! Free to the public. 970-945-6511, [hotelcolorado.com](http://hotelcolorado.com)



new season at Sunlight

### Sunlight Mountain Resort Opening Day Treasure Hunt

**December 4, 2009**

Once the snow starts to fly, there's no better place to ski and ride than Sunlight Mountain Resort. Free shuttle, free parking, great runs, great rates. Opening day treasure hunt and prizes sponsored by the Glenwood Springs Mall. 970-945-7491, [sunlightmtn.com](http://sunlightmtn.com)



A Grand Holiday

### Symphony in the Valley "Beethoven Triple Delight"

**December 4, 2009**

Conductor Carlos Elias trades his baton for his violin to perform Beethoven's "Triple Concerto for Piano, Violin and Cello," along with his wife Andrea Arese-Elias on piano and cellist Susan Salm. The concert program for the valley's community orchestra also includes Schubert's "Symphony No. 5." [SymphonyInTheValley.org](http://SymphonyInTheValley.org)

### Aspen Choral Society Handel's Messiah

**December 9 & 10, 2009**

7:30pm at the United Methodist Church, 824 Cooper Avenue [aspenchoralsociety.org](http://aspenchoralsociety.org)

### Sunlight Mountain Resort Demo Days with Santa

**December 19, 2009**

Try the newest gear with free demos on the mountain, listen to live music and enjoy a torchlight parade put on by the Sunlight Mountain Ski Patrol. 970-945-7491, [sunlightmtn.com](http://sunlightmtn.com)



snowshoeing events

### A Grand Holiday

**December 5, 2009**

Catch the holiday spirit in downtown Glenwood Springs on this special evening from 4 to 8 p.m. Many stores stay open late, making it easy to check items off your holiday shopping list. Santa will also make an appearance and a small herd of reindeer will charm adults and kids alike. Throughout the evening Mountain Harmony Carolers will fill the night air with favorite yuletide tunes. [glenwoodmarket.com](http://glenwoodmarket.com)

### Day of Infamy Snowshoe Race

**December 6, 2009**

The Day of Infamy Snowshoe Race began as a race to honor the servicemen who lost their lives in Pearl Harbor on December 7th, 1941. Proceeds from the race benefit animal shelters around Garfield & Pitkin County. This race takes place at Sunlight Mountain Resort and has a reputation of fun and folly with awesome prizes. [dayofinfamysnowshoerace.org](http://dayofinfamysnowshoerace.org)



New Year's Eve at the Pool

### New Year's Eve Celebrations

**December 31, 2009**

Ring in the New Year with a splash at the Glenwood Hot Springs Pool. There are party hats and noise-makers for everyone at the stroke of midnight and a chance to win an annual Pool Pass. This is a non-alcoholic event for the whole family. 800-537-7946 or 970-945-6571, [hotspringspool.com](http://hotspringspool.com)

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~

## Festivals and Events 2010



telemark events

### Lafarge Skier Appreciation Day

January 8, 2010

Ski all day for only \$15 and enjoy the festivities including a themed costume party, live music and prize drawings. All proceeds are donated to the United Way. 970-945-7491, sunlightmtn.com

### Sunlight Mountain Resort Teacher & Student Appreciation Day

January 10, 2010

Sunlight loves teachers and their students. RE-1 and RE-2 school district students can ski for only \$15 plus their coupon with a valid school ID. Teachers ski free! 970-945-7491, sunlightmtn.com

### COSMIC Ski Mountaineering Race

January 16, 2010

Sunlight Mountain Resort. 970-945-7491, sunlightmtn.com.

### United States Telemark Association Race

January 30, 2010

Sunlight Mountain Resort. 970-945-7491, sunlightmtn.com.

### LandRover Roaring Fork Ski Spree

February 6 - 7, 2010

Celebrate winter with Sunlight Mountain Resort, live music on the Sunlight deck, ski and snowboard races, winter games, chili cook-off, broomball tournament, and a battle of the bands. 970-945-7491, sunlightmtn.com.

### Symphony Swing

February 27, 2010

Dance the night away to Big Band favorites played by Symphony in the Valley, with guest vocalists and a full-course dinner in the Devereux Ballroom at the Hotel Colorado. This romantic and social event of the year is a benefit for Symphony in the Valley. [SymphonyInTheValley.org](http://SymphonyInTheValley.org)

### Sunlight Mountain Resort Melanoma Awareness Day

March 6, 2010

Sunlight Mountain Resort. 970-945-7491, sunlightmtn.com.

### Crystal River Spas Spring Thing

March 20 - 21, 2010

Sunlight's Spring Thing commemorates another great season with fun races, costume contests, live music on the deck, a Big Air and Rail Jam show, an Easter egg hunt, and of course hot tubs! 970-945-7491, sunlightmtn.com

### Mother's Day Mile

May 9, 2010

Sponsored by Glenwood Medical Associates, this is a 1 mile run/walk benefiting the domestic violence programs of the Advocate Safehouse Project of Garfield County. Goody bags, Finish line roses, special Kenyan age group awards, homemade apple pie, and a huge Gift Basket Silent auction. Environment-friendly event. Men, women, children, families welcome. Do this one for Mom! 970-945-2632, [advocatesafehouse.org](http://advocatesafehouse.org)

### Symphony in the Valley Mother's Day Concert

May 9, 2010

The valley's community orchestra celebrates Mother's Day with a classical music concert featuring the winners of the 2010 Young Artists Concerto Competition, under the baton of Conductor Carlos Elias. [SymphonyInTheValley.org](http://SymphonyInTheValley.org)



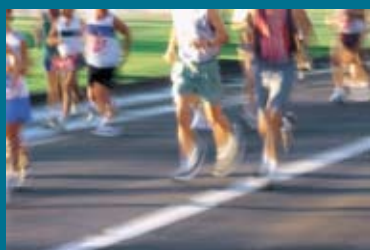
ski races



Sunlight Mountain Resort



Symphony in the Valley



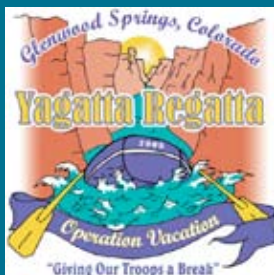
marathons

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Yagatta Regatta

# Soak it all in Glenwood Springs ~ C O L O R A D O ~

## Festivals and Events 2010 (continued)

### Operation Vacation Yagatta Regatta

May, 2010

Yagatta Regatta rafting teams compete to finish first while raising money to support Operation Vacation, a grassroots, non-profit whose purpose is to reunite deserving soldiers with their families on free vacations in the Roaring Fork Valley and elsewhere. The event includes a costume contest, kid's activities, games and prizes, food, bands and brews. [coloradoyagattaregatta.com](http://coloradoyagattaregatta.com).



MB Rallye

### MG Car Club Rallye

June 11-13, 2010

Two Rivers Park will host the 58th Annual Rallye sponsored by the MG Car Club, Rocky Mountain Centre. Fun and challenging competitions with a time-speed distance rally, a mountain tour, a Funkahana driving contest, and a Sunday morning car show. [mgcc.org](http://mgcc.org)

### 113th Annual Strawberry Days

June 18 - 20, 2010

Colorado's oldest civic celebration takes place at Sayre (Strawberry) Park. Highlights include the crowning of Miss Strawberry Days, top-notch entertainment, a myriad of artisans and food booths, a Kidsfest with a petting zoo, rides and quality children's entertainment, and, of course, free strawberries and ice cream. A full-fledged parade makes its way down Grand Avenue on Saturday featuring a dazzling display of colorful floats. 970-945-6589, [strawberrydaysfestival.com](http://strawberrydaysfestival.com)



Strawberry Days

### Strawberry Shortcut Race

June 20, 2010

This classic "festival" race coincides with the annual Strawberry Days celebration. The 10K begins at 7am, 5K at 8:15 and the 1-Mile Fun Run at 9:30. Prizes go to the fastest, but there's plenty of fun to go around for everyone. Race starts at Centennial Park located at 9th and Grand Avenue.

### 4th of July Downtown Fanfare

July 4, 2010

Enjoy great deals at our merchant stores in the heart of Glenwood Springs all while enjoying street performances, music, and family fun. [Valleyeventsinc.com](http://Valleyeventsinc.com)



4th of July fireworks

### 4th of July Patriotic Concert & Fireworks

July 4, 2010

The City of Glenwood Springs and Symphony in the Valley celebrate the 4th of July with a free concert of patriotic and Americana music at the band shell in Two Rivers Park, followed by a fantastic fireworks display, with the best views from Two Rivers Park and the nearby pedestrian bridge, weather and conditions permitting. [SymphonyInTheValley.org](http://SymphonyInTheValley.org)

### 7th Annual Downtown Classic Car Show

August 2010

Check out the greatest classic and rebuilt cars in Colorado on Cooper Street between 7th and 8th Streets. Live music and family fun is guaranteed. [Valleyeventsinc.com](http://Valleyeventsinc.com)



Downtown Market

### Glenwood's Downtown Market

Tuesdays, June 22 – September 28, 2010

This open-air market features fresh produce, hand-made crafts, cooking demonstrations by local chefs, a soup contest, wine tastings, live music and an Oktoberfest grand finale. [glenwoodmarket.com](http://glenwoodmarket.com)

More information and reservations: 970-945-6589, [visitglenwood.com](http://visitglenwood.com), 888 4 GLENWOOD or 888-445-3696. Glenwood Springs is located between Aspen and Vail, 160 miles west of Denver or 90 miles east of Grand Junction on Interstate 70 off exit 116. Many cities provide direct air service into Vail/Eagle County Regional Airport 30 miles to the east and Aspen Airport 40 miles to the south. An online press kit, press releases and a preview of b-roll video footage are accessible at [glenwoodchamber.com/General-VP/Media-Center.html](http://glenwoodchamber.com/General-VP/Media-Center.html). Photos available upon request.

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# Soak it all in Glenwood Springs ~ C O L O R A D O ~



Summer of Jazz posters



Friday Night Flicks - Grease



Oktoberfest



Wine & Brewfest



Ghost Walk

## Festivals and Events 2010 (continued)

### 25th Annual Summer of Jazz

Wednesdays, June - July, 2010

The Summer of Jazz celebrates twenty five seasons of great music in the park. The non-profit has a history of bringing top jazz artists from around the country to this hometown venue. Enjoy jazzy tunes on the banks of the Colorado River in Two Rivers Park. Concerts begin at 7p.m. Bring a picnic or visit food vendors for a convenient snack and refreshments. [summerofjazz.com](http://summerofjazz.com)

### Friday Night Flicks Friday nights

August, 2010

Reminiscent of the drive-in theater, Two Rivers Park is transformed in to a free outdoor movie night. Block buster movies are shown on a huge 13'x 24' screen. Vendors sell fresh-popped kettlecorn, burritos, smoothies, pizza, non-alcoholic beverages and movie-style candy. Bring a blanket or low-back chair. No glass is permitted. [Valleyeventsinc.com](http://Valleyeventsinc.com)

### 26th Annual Tri-Glenwood Triathlon

September 12, 2010

Cheer on athletes as they swim at the Glenwood Hot Springs Pool, bike to Canyon Creek and run through Glenwood Springs, crossing the finish line on 7th Street near the historic train depot. [triglenwood.com](http://triglenwood.com)

### 48th Annual Fall Art Festival

September, 2010

The state's largest non-juried art show is a venue for professional and amateur artists to show and sell their work. Mediums include oil, watercolor, chalk, pen & ink, multimedia, pottery, sculpture and more. Held at the Ramada Inn. [Glenwoodspringsartguild.com](http://Glenwoodspringsartguild.com)

### 2nd Annual El Grito

September, 2010

Come down to Two Rivers Park and celebrate Mexican Independence Day with family and friends. Children's amusement rides, authentic food, beer, margaritas and live music. [Valleyeventsinc.com](http://Valleyeventsinc.com)

### Downtown Market Oktoberfest

September 25, 2010

Fifth annual Oktoberfest featuring seasonal beers, German bands, and a Bavarian group performing traditional dances takes place at Centennial Park, located at 9th and Grand. [glenwoodmarket.com](http://glenwoodmarket.com)

### Glenwood's Downtown Market Soup Contest

September 28, 2010

Downtown restaurants vie for the coveted traveling soup trophy. Sample local restaurants' soups and vote for your favorite! [glenwoodmarket.com](http://glenwoodmarket.com)

### 11th Annual Culinary Arts, Wine and Brewfest

October, 2010

What does fine cuisine, cold microbrews, world-class vintners, music, food demonstrations and a crisp, fall day in October all have in common? They are all an exciting part of the upcoming 10th Annual Culinary Arts Wine and Brewfest at the historic Hotel Colorado. [glenwoodarts.org](http://glenwoodarts.org)

### Historic Ghost Walk

October, 2010

The Frontier Historical Society and Museum presents a ghostly visit to the past. Guides take participants by lantern light through Linwood Cemetery where actors portray people who lived in Glenwood Springs 100 years ago, including gunslinger and dentist, John "Doc" Holliday. Cookies and hot apple cider are provided. 970-945-4448, [glenwoodhistory.com](http://glenwoodhistory.com)

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# Soak it all in Glenwood Springs ~ COLORADO ~

## Festivals and Events 2010 (continued)



Holiday Lighting at Hotel Colorado



2010-11 season at Sunlight



A Grand Holiday



snowshoe events



New Year's Eve at the Hot Springs Pool

### Unique Boutique

November, 2010

An artisan's show and sale hosted annually by Glenwood's Downtown Market. A wide variety of local and Colorado artists and craftspeople are represented. [Glenwoodmarket.com](http://Glenwoodmarket.com)

### Holiday Lighting Ceremony

November 26, 2010

The holiday season officially starts with the traditional lighting of the historic Hotel Colorado. Sing along with roving carolers and warm up with hot cocoa and cider. Watch with wide-eyed wonder as thousands of twinkling lights burst through the darkness transforming the hotel and the courtyard into an instant wonderland. Inside, several animated displays and 12 foot trees decorate the lobby. Jolly old St. Nick will be there, too! Free to the public. 970-945-6511, [hotelcolorado.com](http://hotelcolorado.com)

### Sunlight Mountain Resort Opening Day Treasure Hunt

December, 2010

Once the snow starts to fly, there's no better place to ski and ride than Sunlight Mountain Resort. Free shuttle, free parking, great runs, great rates. Opening day treasure hunt and prizes sponsored by the Glenwood Springs Mall. 970-945-7491, [sunlightmtn.com](http://sunlightmtn.com)

### Sunlight Mountain Resort Demo Days with Santa

December, 2010

Try the newest gear with free demos on the mountain, listen to live music and enjoy a torchlight parade put on by the Sunlight Mountain Ski Patrol. 970-945-7491, [sunlightmtn.com](http://sunlightmtn.com)

### A Grand Holiday

December 4, 2010

Catch the holiday spirit in downtown Glenwood Springs on this special evening from 4 to 8 p.m. Many stores stay open late, making it easy to check items off your holiday shopping list. Santa will also make an appearance and a small herd of reindeer will charm adults and kids alike. Throughout the evening Mountain Harmony Carolers will fill the night air with favorite yuletide tunes. [Glenwoodmarket.com](http://Glenwoodmarket.com)

### Day of Infamy Snowshoe Race

December, 2010

The Day of Infamy Snowshoe Race began as a race to honor the servicemen who lost their lives in Pearl Harbor on December 7th, 1941. Proceeds from the race benefit animal shelters around Garfield & Pitkin County. This race takes place at Sunlight Mountain Resort and has a reputation of fun and folly with awesome prizes. [dayofinfamysnowshoerace.org](http://dayofinfamysnowshoerace.org)

### New Year's Eve Celebrations

December 31, 2010

Ring in the New Year with a splash at the Glenwood Hot Springs Pool. There are party hats and noise-makers for everyone at the stroke of midnight and a chance to win an annual Pool Pass. This is a non-alcoholic event for the whole family. 800-537-7946 or 970-945-6571, [hotspringspool.com](http://hotspringspool.com)

*Dates are subject to change. Check [VisitGlenwood.com](http://VisitGlenwood.com) for an up-to-date schedule.*

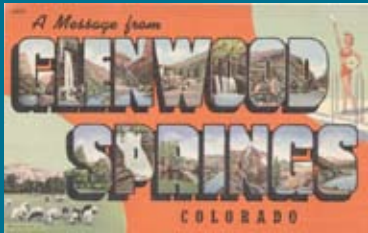
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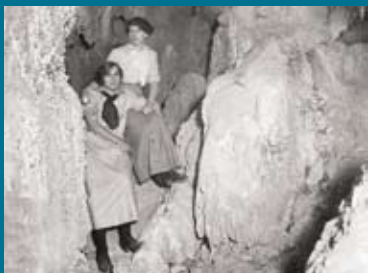




vintage postcard



Doc Holliday's memorial



Fairy Caves



Hotel Colorado and Hot Springs Pool



historic hospitality

# Soak it all in Glenwood Springs ~ C O L O R A D O ~

## History of this Resort Town

2010

### UTE INDIANS

The nomadic Ute Indians were the first people to call Glenwood Springs home. In addition to prime hunting and fishing grounds, the Utes believed in the healing powers of the hot mineral springs. They referred to them as "Yampah," roughly translated as "big medicine". For them, the springs were not only a source of physical regeneration, but provided mental and spiritual nourishment. Indians and their horses soaked in the hot water pools and underground vapor caves to strengthen their spirits and resolve.

### WHITE SETTLERS

In 1860, Captain Richard Sopris was the first white man to experience the hot springs in what later would be called Glenwood Springs. It wasn't long before the valley, punctuated with more than 50 hot springs, became a favorite spot for many weary miners, as well as entrepreneurs dreaming of world-class resorts and big profits. Walter Devereaux, along with his two brothers, set out to build the world's largest hot springs pool.

By 1883, the confluence of the Roaring Fork and the Colorado rivers had been given the name Defiance. It was a rough-hewn town of bars and brothels, populated with gamblers, gunslingers, miners and madams. The town retained its rebellious moniker until 1885, when it was changed to Glenwood Springs by Mrs. Sarah Cooper, wife of one of the founding fathers, Isaac Cooper.

### FAIRY CAVES

The Fairy Caves (now called Glenwood Caverns Adventure Park) were the first real tourist attraction in Glenwood Springs, opening to the public in 1886. Fifty cents would gain you access to the subterranean caverns, grottos and labyrinth corridors, adorned with the most beautiful calcareous formations of stalactites, stalagmites and pillars.

### HOT SPRINGS POOL and HOTEL COLORADO

The Hot Springs Pool was completed in lavish Victorian style in 1888. The grand peachblow sandstone bathhouse was equipped with all the accoutrements of the time, including private porcelain bathtubs and an exclusive casino that attracted a highbrow clientele. Soon after, the elegant Hotel Colorado opened its doors in 1893. At an extravagant cost of \$850,000, the hotel was modeled after the sixteenth century Italian Renaissance Villa de Medici Castle.

Dubbed "Spa In the Rockies", Glenwood Springs attracted the rich and famous of the day. The prestigious guest list included President Theodore Roosevelt, Baby Doe Tabor, President William Taft, the "Unsinkable" Molly Brown, and gangster Al Capone.

### DOC HOLLIDAY

One of Glenwood Springs' most infamous citizens appeared on the scene around this same time. Doc Holliday, gunman-gambler-dentist, headed west after the famous shootout at the OK Corral, where he hoped that soaking in the hot springs would cure his advanced tuberculosis. But the mineral-rich waters could not dissipate the ravages of the disease. Doc Holliday died at the Glenwood Hotel in November 1887. His memorial in Linwood Cemetery remains a popular attraction today.

-end-

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