

An evening of

# Parent Coaching



## John and Colette Hoff

of the [Goodenough Community](#)

**TUESDAY, MARCH 16, 2010**

**6:30 p.m.**

hosted by Three Cedars Waldorf School in the Wilburton Neighborhood of Bellevue

As marriage and family life counselors, educators, and parents and grandparents we understand that parenting is a challenge for the human mind and heart. Most of us attempt to emulate the best that our parents and grandparents gave us while also compensating for their lacks by learning new ways to do the job. It doesn't take long as a parent to learn there are a number of theories and many strategies and methods offered to us. We conclude before long that we have to find out what works for us and what works with our unique children and life situation. We invite you to join you in this process of learning.

∞ **CO-PARENTING** ∞  
∞ **FAMILY AS A SYSTEM** ∞ **LISTENING** ∞  
∞ **OBSERVATION** ∞

This evening is free to Three Cedars parents and teachers. The suggested donation from members of the greater community is \$10 and no one will be turned away due to inability to pay. Please contact Three Cedars in order to reserve your space:  
425.401.9874 or  
[info@threecedars.org](mailto:info@threecedars.org).

hosted by:



**Three Cedars  
Waldorf School**

ADULT EDUCATION: PARENTS, TEACHERS, COMMUNITY

556 - 124th Avenue NE, Bellevue, WA 98005

[www.threecedars.org](http://www.threecedars.org)