

American Sign Language Glossary



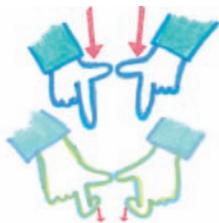
eat: Tap the fingers of your flattened “O Hand” to your lips. It should look like you are putting food into your mouth.



I love you: Hold your hand in front of you with your palm facing out and your thumb, pointer finger and pinky finger all pointing up. It will look like you are combining the handshapes for the letters “I” “L” and “Y” into one sign.



play: Hold your “Y Hands” in front of you and quickly twist your hands from side to side in a playful manner. It should look like your hands are dancing playfully.



run: Hold your “L Hands” in front of you with your palms facing down and the tips of your thumbs touching. Now bend and straighten your pointer fingers as you move your hands forward. It should look like you are showing your legs moving when you run.

Silly Sue: Sign Language for Actions



sleep: Put the palm of your hand in front of your face then gently slide your hand down to your chin and touch your fingers to your thumb. While you are moving your hand, close your eyes and bow your head. It should look like your hand is shutting your eyelids and bringing your head into a resting position.



slide: Put your left hand in front of you with your palm facing up, and put the fingertips of your right, upside-down “V Hand” on the palm of your left hand. Now quickly slide your right fingertips off the palm of your left hand, ending with the fingertips of your right “V Hand” pointing forward. It should look like a person going down a slide.



spin: Hold both hands in front of you with one pointer finger pointing up and one pointer finger pointing down. Now twirl the tips of your pointer fingers around each other in opposite directions. It should look like you are showing the motion of something spinning.



wake: Use the sign for “wake up” by holding both hands near the outer corners of your eyes with your palms facing each other and your pointer fingers touching your thumbs. Now quickly move your pointer fingers up and your thumbs down and open your eyes really wide. It should look like you are showing your eyelids popping open when you wake up.