Tai Sophia Institute

Graduate Certificate Programs

The following chart is a visual representation of the course sequences for Tai Sophia's new herbal and coaching graduate certificate programs. All four graduate certificates share the same first course (a five-day intensive) and then split off into herbal and coaching-specific courses. The courses for the certificates are offered on different weekends so that students may pursue multiple graduate certificates — for instance, Health Coaching and Medical Herbalism — at the same time.

Coaching Programs Herbal Programs Herbal Studies Medical Herbalism Wellness Coaching Health Coaching Foundations of Health and Wellness ISci 632 Fundamentals of Herbal Medicine: Becoming a Healing Presence Past to Present & Soil to Clinic COA 601 **HRB 530** Herbs and Wellness: Herbal Medicine: Fundamentals of Health and Wellness Coaching Issues in Quality, Safety, Promoting Self Care **COA 610** and Efficacy HRB 655 HRB 532 Frequently Used Herbs: Herbs for Home Use: Principles and Practices of Living in Harmony with Understanding for the Health and Wellness Coaching the Seasons Health Professional COA 611 HRB 618 **HRB 604** Applied Healing Strategies **COA 620** Health Coaching and Medical Herbalism are designed for licensed and certified health-care providers. Wellness Coaching and Herbal Studies are designed for a general audience.

