



ONE KID IN THE TUB.
ONE IN THE HIGH CHAIR.
ONE TOY OUT OF PLACE.

I WANT LAHEY NORTH ER

Life comes at you fast. When it's too fast for you, it's good to know you have Lahey North ER nearby, with access to 39 specialties – from orthopaedic surgery to cardiology, gastroenterology to neurology. Lahey North ER – so good, so close, so fast.



NORTH SHORE, PEABODY

www.lahey.org/northshore

CALL 978.538.4600

Lahey Clinic Medical Center, North Shore | One Essex Center Drive, Peabody, MA 01960

Call 911 EMERGENCY

Your Doctor (primary care physician)

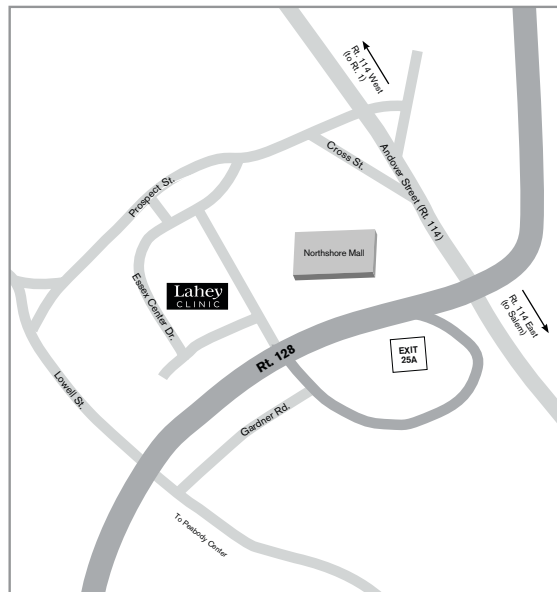
Your Insurance Carrier and Number

Lahey Clinic Medical Center, North Shore
One Essex Center Drive, Peabody, MA 01960

Helpful tips to prepare for an Emergency Room visit

Top 5 tips to remember in an emergency:

- 1 Have emergency numbers, such as your primary care doctor, an ambulance service, and next of kin, by your home phone.
- 2 Have a list of your allergies, medical conditions and medications readily available to take with you.
- 3 Prepare a bag of personal essentials ahead of time.
- 4 Bring a buddy with you for a ride in case you can't drive home later, after medication, etc.
- 5 Ask for a copy of important tests or results to share with your family doctor.



Lahey Clinic Medical Center, North Shore
One Essex Center Drive, Peabody, MA 01960



Have this information complete and nearby:

Health Insurance Plan name: _____
Plan ID number: _____

Primary Care Doctor Name: _____
Phone number: _____

Friend/Family Contact Information
Name/Relationship: _____
Phone: _____

Allergies Describe: _____

Medications Name _____
Reason for taking _____
Strength/Dosage _____

Name _____
Reason for taking _____
Strength/Dosage _____

Name _____
Reason for taking _____
Strength/Dosage _____

CALL 978.538.4600



Lahey
CLINIC

NORTH SHORE, PEABODY